

Racquetball

Ref	Code	Ex. GST	Inc. GST
Bucket of Racquet Balls	N	650451	86.73 95.40

30 racquet balls in a 10 litre reuseable bucket with lid.

SofCrosse

Bucket of 25 Sof-Crosse Balls	O	702661	103.64 114.00
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25 orange PVC sof-crosse balls in 25ltr bucket with lid.

Table Tennis

Bucket of 72 Table Tennis Balls	P	810452	26.23 28.85
Kit comprises 72x 40mm practice table tennis balls sold in a 5 litre bucket with reusable lid.			
Bucket of 40mm Summit Table Tennis Balls	Q	810495B	52.00 57.20
Kit comprises 72x 40mm Summit table tennis balls in a 5 litre plastic bucket with lid.			

Tennis

Bucket of 72 HEAD Coaching Tennis Balls	R	830451	108.68 119.55
72 coaching balls supplied with a 20 litre bucket and lid for ease of carrying and storage.			
Bucket of 72 Tretorn Micro X Tennis Ball	S	830452	199.95 219.95
The original high performance micro cell ball with TRI-TEC technology and an exclusive Flex-Felt for maximum durability and consistent performance on all court surfaces. Well suited also For playing in colder climate conditions and at high altitudes. Will last up to 5 times longer than a regular pressure tennis ball.			



COACHING BOARDS

Sports Coaches Boards

Sports Coaches Boards

Non magnetic white board, front and back. Size 25x40cm. Sporting field front note pad clip back.

Sports Coaches Board - Aussie Rules	T	689905A	17.27 19.00
Sports Coaches Board - Basketball	T1	689905BK	17.27 19.00
Sports Coaches Board - Cricket	T2	689905C	17.27 19.00
Sports Coaches Board - Hockey	T3	689905H	19.00 20.90
Sports Coaches Board - Netball	T4	689905N	17.27 19.00
Sports Coaches Board - Rugby League	T5	689905RL	17.27 19.00
Sports Coaches Board - Rugby Union	T6	689905RU	18.09 19.90
Sports Coaches Board - Soccer	T7	689905S	17.27 19.00
Sports Coaches Board - Blank	T8	689905X	17.27 19.00

Coaching Folders

Deluxe Coaching Folder

Folder with magnetic whiteboard marked with field outline and 25 magnetic name tags. Durable PVC cover with clip holder opposite field board. Measures 46 x 35 cm when open.

Deluxe Coaches Folder - AFL	U	689901A	36.55 40.20
Deluxe Coaches Folder - Basketball	U1	689901BK	36.55 40.20
Deluxe Coaches Folder - Hockey	U2	689901H	36.55 40.20
Deluxe Coaches Folder - Netball	U3	689901N	36.55 40.20
Deluxe Coaches Folder - League	U4	689901RL	36.55 40.20
Deluxe Coaches Folder - Union	U5	689901RU	36.55 40.20
Deluxe Coaches Folder - Soccer	U6	689901S	36.55 40.20
Deluxe Coaches Folder - Baseball/Softball	U7	689901SF	36.55 40.20
Deluxe Coaches Folder - Blank	U8	689901X	36.55 40.20

Magnetic Coaches Boards

Magnetic Coaches Board AFL (30x40cm)	V	689902	30.36 33.40
Sturdy double sided magnetic whiteboard with 25 magnetic tags included. Front and back of board marked with field markings.			
Magnetic Coaches Board AFL (36x46cm)	V1	689903	35.00 38.50
Sturdy double sided magnetic whiteboard with 25 magnetic tags. Front and back of board marked with field markings.			
Magnetic Coaches Board AFL Pro (30x40cm)	V2	689904	44.27 48.70
Sturdy double sided magnetic whiteboard with 35 magnetic tags and whiteboard marker included. Front of board has field marking Reverse marked to allow listing of teams by position.			
Magnetic Coaches Board AFL Pro (36x46cm)	V3	6899031	58.45 64.30
Sturdy double sided magnetic whiteboard with 35 magnetic tags and whiteboard marker included. Front of board has field marking Reverse marked to allow listing of teams by position. Includes digital sports stopwatch.			



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B

	Ref	Code	Ex. GST	Inc. GST
Magnetic Coaches Board AFL (140x120cm)	V4	6899040	240.14	264.15
Designed for Meeting & Change Rooms. Size 140 cm x 120 cm Wall Mounted / Clip on Pen Tray / Aluminium Frame 2 Marker Pens / 35 " JUMBO"magnetic name tags(100mm x 25mm)				
Magnetic Coaches Board Basketball (30x40cm)	V6	6899041	35.00	38.50
Coaches whiteboard with 25 magnets for team drills and plays. Marker pen included. Sturdy construction.				
Magnetic Coaches Board Cricket (36x46cm)	V5	68990411	49.64	54.60
Sturdy double sided magnetic whiteboard with 50 magnetic tags and whiteboard marker included. Front of board has field marking with both batting and fielding team lineup. Reverse marked to allow listing of four complete teams.				
Magnetic Coaches Board Hockey (30x40cm)	V7	6899042	35.00	38.50
Sturdy double sided magnetic whiteboard with 25 magnetic tags included. Front and back of board marked with field markings.				
Magnetic Coaches Board Netball (30x40cm)	V8	6899043	35.00	38.50
Sturdy double sided magnetic whiteboard with 25 magnetic tags included. Front and back of board marked with field markings.				
Magnetic Coaches Board League (36x46cm)	V9	68990431	49.64	54.60
Sturdy double sided magnetic whiteboard with 25 magnetic tags and whiteboard marker included. Front of board has field marking Reverse is whiteboard only to allow for set plays.				
Magnetic Coaches Board Union (36x46cm)	V10	68990432	49.64	54.60
Sturdy double sided magnetic whiteboard with 25 magnetic tags and whiteboard marker included. Front of board has field marking Reverse is whiteboard only to allow for set plays.				
Magnetic Coaches Board Soccer (36x46cm)	V11	6899044	58.50	64.35
Coaches whiteboard with 25 magnets for team drills and plays. Marker pen included. Sturdy construction. Includes digital sports stopwatch.				
Magnetic Coaches Board Touch (30x40cm)	V12	6899045	35.00	38.50
Sturdy double sided magnetic whiteboard with 25 magnetic tags included. Front and back of board marked with field markings.				
Masonite Foolsap Clipboard	V13	689905XX	5.91	6.50
Masonite clipboard with old style solid clip.				

Accessories

Magnetic Buttons for Coaches Boards	689904B	7.09	7.80
Packet of 16 magnetic buttons for use with strategy boards. Buttons are 15mm and are available in packs of blue, red and yellow.			
Magnets for Coaches Boards (50x12mm) x25	689904M	8.05	8.85
50mm x 12mm Magnetic Whiteboard strips for use on magnetic coaches boards. Come in packs of 25.			
Coaches Carry Bag Large	689904CL	17.68	19.45
Coaches carry bag to suit large board "SUPER DELUXE". Includes - Zip Compartment for Name Tags, Pens, Keys & Coaching Materials - Waterproof. 64 cm x 60 cm			
Coaches Carry Bag Small	689904CS	12.73	14.00
Coaches carry bag to suit medium size coaching boards. Includes - Zip Compartment for Name Tags, Pens, Keys & Coaching Materials - Waterproof. 53 cm x 41 cm			

COMMUNICATIONS

PA Systems

iTalk Voice Reinforcement System	A	083560	169.73	186.70
The brand new iTalk is the extremely flexible and portable Voice Saver . The clever ergonomic contoured design allows it to be either worn on the belt or over the shoulder comfortably. iTalk delivers clarity and intelligibility to your message. It's an ideal choice for many applications including classroom, market demonstration, meeting rooms, tour guides and much more. iTalk also comes fitted with a line level 3.5mm jack input for connecting your MP3 music player should any music or playback tracks be required. Featuring a built in recharging circuit for the 4 x AA batteries and separate controls for tone and volume, the unit also comes supplied with a lightweight headworn microphone and charging adapter.				
Fitness Audio "Aeromic" UHF System		083581	1145.32	1259.85
16 channel UHF diversity wireless mic system complete with sweat treated bodypack transmitter and top of the range Aeromic headworn microphone suitable for intensive use in classes 7 days a week.				
Infrared Classroom PA System		083582	474.95	522.45
The perfect solution for classroom installed PA systems. Infra red technology allows each teacher to carry their own microphone from class to class and the PA system is ready to go - no fuss. Infra red does not penetrate walls making it a safe and cost effective alternative to RF based systems and means that multiple systems can be used in the same location. Output power 20 watts through 6.5" speaker. Includes installation bracket infrared sensors internal and external and bodypack and headset mic.				
Challenger 75 watt Portable PA System CD	B	083580	2194.05	2413.45
A truly portable PA system with high 75 watts RMS output. Constructed with rugged extruded aluminium case and retractable handle and wheels. This model has single channel of UHF wireless and comes with CD player, wireless body pack and lapel mic. Can be upgraded to include dual horn sportspak speakers and stands.				

Ref Code Ex. GST Inc. GST

PA Accessories

Hand Held Mic Transmitter for Challenger C 083583 229.36 252.30
Additional option for Challenger PA System, cannot be used simultaneously with the headset. For use with product 083580.

Plug in Microphone for Challenger System D 083578 46.91 51.60
Handheld plug in microphone for use with Challenger portable PA system. Product 083580.

Speaker Stand for Challenger System E 0835831 63.55 69.90
Stand accessory for use with Challenger portable PA system. Lifts speaker off the ground for increased performance.

Challenger Dual Horn Speaker Sportspak F 083584 562.00 618.20
Sports arena package for Challenger portable PA system. Dual horn speakers and stands to provide greater coverage area. Horns can be set up 10m either side of Challenger unit. Use with product 083580.

Two Way Systems

Uniden UH35-2 0.5 Watt Twin Pack G 083514 54.50 59.95
The UH35-2 has a range of 3km+ and with its Range Extender (Duplex) Capability the unit can achieve even further range depending on the location of your local repeater station and topographical conditions. The units also have an operating time of up to 20 hours. Includes: 2x UH35 UHF Radios 2x Belt Clips Requires 3x AAA Alkaline Batteries per individual (not included) see product 083566.

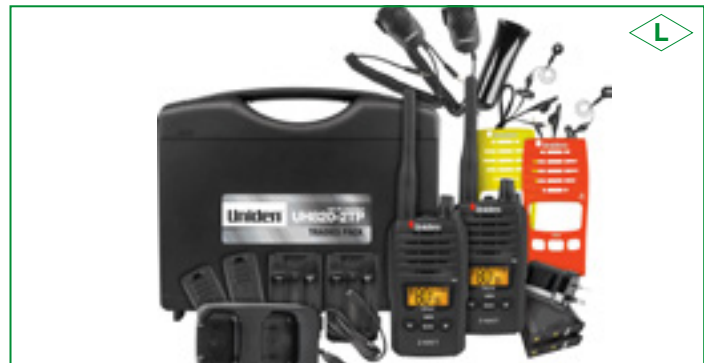
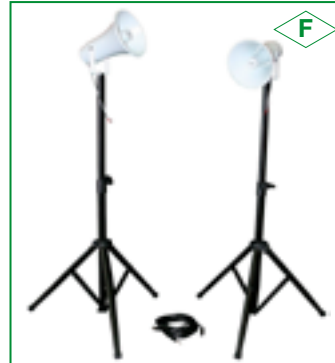
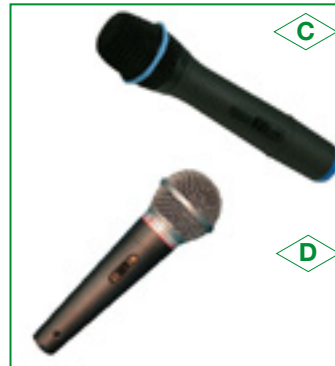
Uniden UH510-2 1 Watt Twin Pack H 083516 90.86 99.95
The UH510-2 (Twin Pack) is a 1W UHF Radio Built Rugged for Australian/ New Zealand conditions and giving you up to 7+km in range. Ultra Compact in design, the UH510 is a 80 UHF Channel Radio with CTCSS, large channel display with backlit and many more features. Box Includes: 2 x UH510 UHF Radio 2 x Ni-MH 800mAh Battery Pack 2 x Carabiner Clips 2 x Belt Clips 1 x AC Adaptor 1 x Dual Desktop Charge Cradle Range: 7kms Typical Range in kms (line of sight).

Uniden UH820-2 Watt Twin Pack I 083517AA 192.27 211.50
The UH820-2 is of trade quality and professional product that offers the finest components, engineering and styling and outstanding performance in all conditions and situations. The UH820-2 has a Smart Key feature allowing you to toggle between the instant channel, call tone or keypad lock feature to tailor to your needs. The UH820-2 has a range of up to 13Km and with its range extender (Duplex) Capability the unit can achieve even further range depending on the location of your local repeater station and topographical conditions. The unit also has an operating time of up to 21 hours and can be easily, quickly and in a cost saving manner be charged through a Micro USB. Uniden's reliability and experience in UHF makes this unit ideal for the professional who needs to keep in touch with the outside world.

Uniden UH820S 2 Watt Single Pack J 083517A 118.14 129.95
The UH820S is of trade quality and professional product that offers the finest components, engineering and styling and outstanding performance in all conditions and situations. Just what you would expect from Uniden. Included in the box: 1 x UH820S UHF Radio 1 x Lithium-Ion Rechargeable Battery 1 x USB Charge Cable 1 x Battery Jacket for Alkaline Batteries 1 x AC Adaptor 1 x Belt Clip

Uniden UH750 5W Single Pack K 083513 209.05 229.95
The UH750 UHF CB handheld radio is the ultimate compact UHF communications with 5 Watt power and deliver up to 17km# of range. This makes it the perfect unit for professionals who need a rugged and heavy duty radio suitable for various conditions. Built Rugged for Australian and New Zealand conditions with its Metal Alloy Casing, the UH750 features waterproof construction to operate in the most intense environments and comes packed with a multitude of accessories. With the ability to withstand immersion up to 1 metre for 30 minutes, the UH750 is ideal for wet or dusty situations. Included in the box: 1 x UH750 UHF Radio 1 x Desktop Charge Cradle 1 x Lithium-Ion Rechargeable Battery 1 x AC Adaptor 1 x Belt Clip 1 x Owner's Manual.

Uniden UH820S 2 Watt Tradies Pack L 083517AAA 240.55 264.60
The UH820S-2TP is of trade quality and professional product that offers the finest components, engineering and styling and outstanding performance in all conditions and situations. Just what you would expect from Uniden. 2 Watt Maximum TX Output Power Hi/Lo, 80 UHF Channels, USB Charging, Range: 13km, Operating Time: 21hrs, Long Life 1600mAh Lithium-Ion Battery. Included in the box: 2 X UH820S UHF Radio, 2 X Lithium-Ion Rechargeable Battery, 2 X Earphone MIC, 2 X External Speaker MIC, 2 x Battery Jacket for Alkaline Batteries, 2 x Extra Face Plate, 2 x Antenna, 2 X Belt Clip, 1 X Desktop Charge Cradle, 1 X USB Charge Cable, 1 X Cigarette Adaptor, 1 X Carry Case.





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O5

Ref Code Ex. GST Inc. GST

Uniden 5 Watt UHF Waterproof CB Handheld-Tradies Pack A 083512 499.95 549.95

80 UHF Channels - Designed and Engineered in Japan - UHF CB Commercial Grade Handheld Radio - 5 Watt Maximum TX Output Power - Voice Enhancer - Smart Key Allocation - Waterproof - Master Scan and Rapid Scan - Voice Scramble Function - Long Life 2220mAh Lithium-ion Battery - Backlit Large LCD Display - Interference Eliminator CTCSS - Range Extender Capability - VOX Hands Free Capable - Digital Coded Squelch DCS - Auto Battery Save - Open Scan - Group Scan - Battery Level Indicator - Busy Channel Lockout Function - Roger Beep - Instant Channel Programming and Recall - Keypad Lock. Included in the box: 2x UH850S UHF Radios - 1 x Dual Desktop Charge Cradle - 2 x Speaker Microphones - 1 x Cigarette Lead Battery Saver Charger - 1 x Magnetic Antenna - 2x Lithium-ion Rechargeable Battery - 1x AC Adaptor - 2x Belt Clip.

Accessories

Uniden BP38 4.8V - 700mAh Battery Pack B 083517B 29.50 32.45

Uniden NiMH Battery Pack

Standard Earpiece Microphone with VOX C 083518 33.50 36.85

Uniden Vox earpiece and microphone, suits Uniden UH510 units.

SM078 Speaker Microphone D 083520 46.91 51.60

Speaker microphone unit suits UH750. See product code 083513.

SM800 Speaker Microphone E 083520A 46.91 51.60

Speaker microphone unit suits UH820. See product codes 083517A, 083517AA.

Hailers

ER520 Hailer F 083521 103.36 113.70

Hand held megaphone Power: 8 "AA" batteries Output : Rated 6W, maximum 10W Battery life: Approx 10 hours Audible Range: 250 m Incorporates anti-bacterial treatment to cope with multi-user environments.

ER520S Hailer G 083532 123.23 135.55

Hand held megaphone with siren Power: 8 "AA" batteries Output : Rated 6W, maximum 10W Battery Life: approx 10 hours voice / siren 40 minutes. Audible Range: 250m (audible) 315m (siren). Incorporates anti-bacterial treatment to cope with multi-user environments.

ER1215 Hailer H 083543 133.55 146.90

Hand held megaphone Power: 6 "C" batteries Output :Rated 15W, maximum 23W Battery Life: 14 hours Audible Range: 315m Incorporates anti-bacterial treatment to cope with multi-user environments.

ER1215S Hailer I 083553 138.45 152.30

Hand held megaphone with siren Power: 6 "C" batteries Output: Rated 15W, maximum 23W Battery Life: 14 hours voice / 20 minutes siren. Audible Range: 315m voice / 500m siren. Incorporates anti-bacterial treatment to cope with multi-user environments.

ER2215 Hailer J 083557 147.41 162.15

Shoulder megaphone Power: 6 "C" batteries Output: Rated 15W, maximum 23W Battery Life: 9 hours Audible Range: 400m Incorporates anti-bacterial treatment to cope with multi-user environments.

ER2230W Shoulder Megaphone K 083558 418.82 460.70

Shoulder megaphone with whistle. Power: 10 "D" batteries Output: Rated 30W, maximum 45W Battery Life: voice 17 hours whistle 90 minutes. Audible Range: voice 800m / whistle 1000m Incorporates anti-bacterial treatment to cope with multi-user environments.

ER1206 Splash-proof Hailer L 083561 208.55 229.40

Water protected megaphone Power: 6 "AA" batteries Output: Rated 6 W, maximum 10W Battery Life: 8 hours approx Audible Range: 250m Incorporates anti-bacterial treatment to cope with multi-user environments.

ER1206W Splash-proof Hailer (Whistle) M 083562 226.77 249.45

Water protected megaphone with whistle Power: 6 "AA" batteries Output: Rated 6W, maximum 10W Battery Life: voice 8 hours / whistle 20 minutes Audible Range: voice 250m / whistle 315m Incorporates anti-bacterial treatment to cope with multi-user environments.

ER1206S Splash-proof Hailer (Siren) N 083563 226.77 249.45

Water protected megaphone with siren Power: 6 "AA" batteries Output: Rated 6W, maximum 10W Battery Life: voice 8 hours / siren 20 minutes Audible Range: voice 250m / siren 315m Incorporates anti-bacterial treatment to cope with multi-user environments.

Batteries

AA Battery O1 083564 1.36 1.50

Use in ER520, ER520S, ER1206, ER1206W & ER1206S hailers. Batteries sold individually. Duracell brand.

AAA Battery O2 083566 1.32 1.45

Batteries sold individually. Duracell brand.

C Battery O3 083575 3.09 3.40

Use in ER1215, ER1215S & ER2215 hailers. Batteries sold individually, Duracell brand.

D Battery O4 083576 3.64 4.00

Batteries sold individually, Duracell brand.

9 Volt Battery O5 083577 4.91 5.40

Batteries sold individually, Duracell brand.

Ref Code Ex. GST Inc. GST

CRICKET

Oz Cricket

Oz Cricket Ball

PVC moulded ball with raised imitation stitching.

Oz Cricket Ball - Medium (Diameter 67mm)		605013	2.27	2.50
Oz Cricket Ball - Large (Diameter 72mm)	P	605025	2.55	2.80

Bucket Oz Cricket balls

25 Oz cricket balls supplied in a 10 litre plastic bucket and lid.

Bucket of 25 Medium Oz Cricket Balls	Q	605015	61.82	68.00
Bucket of 25 Large Oz Cricket Balls		605027	68.18	75.00

Oz Cricket Bat

Moulded Oz cricket bat supplied with fitted rubber bat grip.

Oz Cricket Bat - Kinder (Length 57cm)	R	605038	14.09	15.50
Oz Cricket Bat - Small (Length 72cm)	R1	605051	14.09	15.50
Oz Cricket Bat - Medium (Length 76cm)		605064	14.09	15.50
Oz Cricket Bat - Large (Length 84cm)	R2	605070	19.05	20.95

Oz Cricket Stumps & Base

Oz cricket stumps and base, the set comprises one base and three stumps, sufficient for one end of the pitch.

Oz Cricket Stump Base	T	605076B	4.68	5.15
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Replacement base for Oz cricket stumps.

Oz Cricket Stump Only	U	605076S	4.27	4.70
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Replacement stump for Oz cricket base and stumps. Sold individually.

Oz Cricket Batting Tee

Batting tee for use in modified Oz cricket. Allows batsmen to hit the ball from the tee to ensure participation.

Oz Cricket Batting Tee - Small (90mm High)	V	605082	5.36	5.90
Oz Cricket Batting Tee - (170mm High)	V1	605089	8.05	8.85

Oz Cricket Kit A

Kit includes: 2 x Oz cricket balls, 2 x Oz cricket bats and 2 sets of Oz cricket stumps and bases. Enough equipment to start a game anywhere.

Oz Cricket Kit A - Small Bats	W	605097	63.64	70.00
Oz Cricket Kit A - Medium Bats		605097L	63.64	70.00
Oz Cricket Kit A - Large Bats		605097M	65.41	71.95

Oz Cricket Kit B

Kit includes: 2 x Oz cricket balls, 2 x Oz cricket bats, 2 sets of Oz cricket stumps and bases and 2 x batting tees. Enough equipment to start a game anywhere.

Oz Cricket Kit B - Small Bats		605098	77.27	85.00
Oz Cricket Kit B - Medium Bats		605098L	77.27	85.00
Oz Cricket Kit B - Large Bats		605098M	81.45	89.60

Oz Cricket School Kit

Kit to get the whole school started; includes 6 Medium Oz Cricket Bats, 6 Large Oz Cricket Bats, 6 sets of Oz Cricket Stumps with Bases, 6 Oz Cricket Batting Tees, 12 Large Oz Cricket Balls and a World of Sport Nylon Two Wheel Kit Bag.

Oz Cricket School Kit - Small/Medium		605096	363.64	400.00
Oz Cricket School Kit - Medium/Large		605096M	386.36	425.00

Cricket Balls

World of Sport

WOS Soft Cricket Ball - 142grm

Ideal training ball with soft PU centre covered by plastic cover with raised stitching.

WOS PVC Cricket Ball

Moulded composition ball with plastic cover. Raised stitching around joining seam.

WOS PVC Cricket Ball - 142grm		260407	3.91	4.30
WOS PVC Cricket Ball - 156grm		260410	3.91	4.30

World of Sport Supaball Match

Produced for junior cricket ideal for coaching, training and practice. Unique polyurethane core softens the pressure of impact. Tough synthetic cover with stitched seam, performs like a regular ball with normal bounce.

Supaball Match - Junior (90grm)		260439	10.55	11.60
Supaball Match - Senior (140grm)		260439S	10.64	11.70

World of Sport Seamer

Match quality ball made from pre seasoned English leather. Cork and rubber compressed core gives even bounce. Seven ply nylon stitching with seams hand finished. Two piece match ball.

World of Sport Seamer - 142gm		2604761	18.14	19.95
World of Sport Seamer - 156gm		260477	18.14	19.95





World of Sport Shield - 156gm

Match quality ball made from pre seasoned English leather. Cork and rubber compressed core gives even bounce. Seven ply nylon stitching with seams hand finished. Four piece match ball.

Kookaburra

Kookaburra Commander

Moulded cork and rubber composition core with plastic cover and contrasting white stitching.

Kookaburra Commander - 142grm 260412 13.50 14.85

Kookaburra Commander - 156grm 260415 13.50 14.85

Kookaburra Softaball

Soft PU core with plastic outer and contrasting stitching. Preferred ball for junior and school cricket.

Kookaburra Softaball - Junior 260446J 12.73 14.00

Kookaburra Softaball - Senior 260446 12.73 14.00

Kookaburra Supasoft Ball Junior

Super quality 'lifelike' bounce from foam filled ball. Excellent training properties and real stitching. Excellent durability

Kookaburra Supasoft Ball Junior 260446SJ 12.73 14.00

Kookaburra Practice

Two piece leather ball suitable for practice and social cricket.

Kookaburra Practice - 142grm 260453 23.64 26.00

Kookaburra Practice - 156grm 260454 23.64 26.00

Kookaburra Practice - 142grm White 260453R 25.86 28.45

Kookaburra Colt Cricket Ball - 142grm

Quality 2 piece ball developed for use in junior and lower grade competitions.

Kookaburra Red King

Two piece leather ball with tanned steer hide cover. Centre of moulded cork and rubber. Aimed at lower grade and junior cricket.

Kookaburra Red King - 142grm 260456 38.64 42.50

Kookaburra Red King - 156grm 260459 38.64 42.50

Kookaburra Special Test

Top grade 2 piece ball. Suitable for all grades, 142g used in women's cricket.

Kookaburra Special Test - 142grm 260461 46.86 51.55

Kookaburra Special Test - 156grm 260464 46.86 51.55

Kookaburra Special Test - 142grm White 260461W 49.09 54.00

Kookaburra Tuf Pitch - 156grm

Outer is finished with additional lacquer for greater resistance to abrasion. Designed for tough and arduous conditions.

Kookaburra Senator - 156g 260491 52.36 57.60

4 piece ball finished with minor imperfections for practice. High quality centre, approved for lower grade use.

Kookaburra Club Match - 156grm

Australian made, high quality 4 piece ball. Conforms to the requirements of top level play.

Kookaburra Regulation - 156grm

4 piece leather ball, used extensively around the world in grades of cricket just below first class. VCA, NSWCA, QCA, SACA and WACA approved.

Indoor Cricket Balls

Kookaburra Indoor Cricket Ball

Two piece yellow leather cricket ball with PU core for regular bounce.

Burley Super Soft (Indoor) - 120grm

The ball officially endorsed by the World Indoor Cricket Federation for use in all International Matches as well as all National League Matches in Australia. (Green/Red Stitch)

Machine Cricket Balls

Gray Nicolls Machine Cricket Ball

Polyurethane dimple machine ball for pitching machines.

Gray Nicolls Machine Cricket Ball - Yellow 160423 6.05 6.65

Gray Nicolls Machine Cricket Ball - Orange 1604230 6.05 6.65

Gray Nicolls Machine Cricket Ball - Red 160423R 6.05 6.65

Jugs Dimple Machine Cricket Ball

Synthetic dimple practice ball specifically designed for use in Jugs bowling machines.

Paceman Cricket Machine Ball Light (x12) 260405 50.00 55.00

Suitable for use with most machines, weighing only 55 grams the risk of injury is reduced.

Play Cricket Balls

Beach Cricket Ball

Tennis ball style ball weighted for feel. Ideal for beach or backyard.

Swing King Cricket Ball

Developed for informal sport and as a Bowling training aid. Aerodynamically designed ball that lets you swing the ball. Not intended for batting practice.

Batting Master Cricket Ball

Cricket ball on a string, developed to improve catching skills. Enhances hand eye coordination. Ideal for wicketkeeping practice.

Platypus Speed Sensor Ball

Speed Sensor, the intelligent ball. Hand sensing technology detects how fast you bowl in the nets or on the pitch 3 year battery life, instructions included.

Bats

World of Sport Bats

WOS Supreme Cricket Bat

Bleached kashmir willow bat with full fibre face protection. Great starter bat or phys ed bat.

WOS Supreme Cricket Bat #4	261003	15.73	17.30
WOS Supreme Cricket Bat #5	261006	15.73	17.30
WOS Supreme Cricket Bat #6	R 261010	15.73	17.30

WOS Supreme 100 Cricket Bat

Kashmir willow bat with thick edges and curved face. Transparent fibre face for added protection. Good bat for club and school kits.

WOS Supreme 100 Cricket Bat #4	261019	22.45	24.70
WOS Supreme 100 Cricket Bat #5	261022	22.45	24.70
WOS Supreme 100 Cricket Bat #6	261026	22.45	24.70
WOS Supreme 100 Cricket Bat Harrow	261029	22.45	24.70
WOS Supreme 100 Cricket Bat Full Size	S 261032	22.45	24.70

WOS Supreme 150 Cricket Bat

High grade kashmir willow bat with big thick edges and curved blade. Gentle profile with natural finish. Bat is well balanced and generates good power.

WOS Supreme 150 Cricket Bat #4	261040	31.77	34.95
WOS Supreme 150 Cricket Bat #5	2610401	31.77	34.95
WOS Supreme 150 Cricket Bat #6	2610402	31.77	34.95
WOS Supreme 150 Cricket Bat Harrow	2610403	31.77	34.95
WOS Supreme 150 Cricket Bat Full Size	T 2610404	31.77	34.95

WOS Supreme 200 Cricket Bat

Grade 3 English willow bat. Bat is handcrafted and seasoned to produce stronger hitting area. Made with 4 piece handle with rubber inserts for strength and flexibility. Big edges with superb balance and pick up. World of Sport process includes preconditioning to produce a bat ready to play.

WOS Supreme 200 Cricket Bat #6	261045	105.14	115.65
WOS Supreme 200 Cricket Bat Harrow	2610451	105.14	115.65
WOS Supreme 200 Cricket Bat Full Size	U 2610452	105.14	115.65

Gray Nicolls Bats

GN Velocity Strike Cricket Bat

Kashmir willow with durable covering for extra protection. Light pickup, comes ready play with toe.

GN Velocity Strike Cricket Bat #3	261056	48.18	53.00
GN Velocity Strike Cricket Bat #4	261057	48.18	53.00
GN Velocity Strike Cricket Bat #5	261058	48.18	53.00
GN Velocity Strike Cricket Bat #6	261059	48.18	53.00
GN Velocity Strike Cricket Bat - Harrow	V 261060	48.18	53.00
GN Kronus Force Cricket Bat F/S	W 261080	129.05	141.95

Low profile blade with even bow. Good balance. Accu- drive flat face enhances rebound and control. Quality cane handle.

GN Indoor 100 Cricket Bat Mens

Traditionally shaped bat intended for indoor use. Perfect weight distribution, English Willow, short handle.

Training Bats and Accessories

Gray Nicolls Catch Bat

Reduced size english willow bat, especially designed for use in catching and training sessions.

Gray Nicolls Technique Training Bat

Half the width of a normal bat, assists with batting skills. Ideal for developing hand-eye coordination. Made of english willow.

Gray Nicolls Cloud Catcher Bat

High density foam on the face of the blade catapults the ball at a realistic speed. Assists with catching and fielding skills.

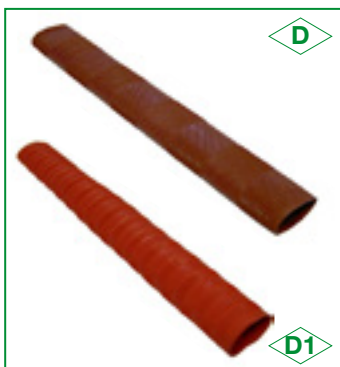
Gray Nicolls Mini Cricket Bat

Presentation bat with 24.5cm blade and full stickers. Overall length 38cm.

Cricket Bat Cover

Cricket bat blade cover from Gray Nicolls.





Extratec

Heavy duty bat repair facing suitable for one use.

Counters

Plastic Cricket Counter

Plastic umpires counter counts balls and overs. Easily fitted into palm of hand.

Scoremaster Scoring Module

Adjustable scoreboard digit, displays from 0 to 9. White numerals. Panels rotate to display numbers against black background. Base plate measures 290mm (H) x 175mm (W), with six predrilled holes for fixing to scoreboard.

Scoremaster Scoring Module - White

Scoremaster Scoring Module - Yellow

Bat Grips

WOS Bat Grip

Replacement bat grips, colour may vary.

Bat Grip - Junior

Bat Grip - Senior

Heavy Duty Bat Grip

Replacement rubber grip for senior bat sizes. Colour may vary.

Bat Grip Cone

Shaped wooden cone, used to assist in applying rubber grips to bat handle.

Bat Grip Tape

Bat griptape, applied to the base of grip at handle to secure grip. Supplied in easily used roll.

Personal Protective

Armguards

WOS Cricket Armguard - Junior

Lightweight moulded armguard, complete with elastic straps.

Gray Nicolls Armguard

Lightweight moulded foam with adjustable towelling straps.

Gray Nicolls Armguard - Yths

Gray Nicolls Armguard - Mens

Chestguards

WOS Chestguards

Moulded chest protection with elastic straps.

WOS Chestguard - Jnr

WOS Chestguard - Yths

WOS Chestguard - Mens

Gray Nicolls Test Chestguard

High density premoulded foam with sponge lining. Elastic straps.

Thighguards

WOS Thigh Pad

Lightweight moulded foam design with elastic straps.

WOS Thigh Pad - Jnr (27x17cm)

WOS Thigh Pad - Yths (29x19cm)

WOS Thigh Pad - Mens (31x20cm)

GN Elite Thigh Pad

Lightweight multiflex design. Premoulded dual density foam with towelling back.

GN Elite Thigh Pad - Jnr (26x17cm)

GN Elite Thigh Pad - Yths (30x19cm)

GN Elite Thigh Pad - Mens (33x20cm)

Protectors

WOS Male Protector

Moulded abdominal slip in protector with cushioned edges.

WOS Protector - Jnr

WOS Protector - Yths

WOS Protector - Mens

Gray-Nicolls Female Abdominal Guard

Ladies moulded slip in abdominal guard. With cushioned edges.

Batting Gloves

World of Sport

World of Sport Batting Gloves

Kapok padded pre bent fingers, cotton palm with leather grip strips. Wide towelling touch tape wristbands.

WOS Supreme Batting Gloves - Jnr L/H

Ref	Code	Ex. GST	Inc. GST
A	/1135	9.64	10.60

B	262264	5.36	5.90
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C	262297	17.95	19.75
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C1	262298	17.95	19.75
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D	263419	0.91	1.00
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D1	263438	0.91	1.00
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E	263457	1.50	1.65
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F	263476	4.73	5.20
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G	263495	3.73	4.10
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H	265893	5.68	6.25
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	265895Y	19.91	21.90
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	265895	19.91	21.90
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	266231	7.50	8.25
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	266261	8.50	9.35
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J	266292	9.00	9.90
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	266295	24.14	26.55
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	266323	7.59	8.35
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	266345	8.50	9.35
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K	266368	8.91	9.80
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L			
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	266394B	15.41	16.95
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	266394Y	15.41	16.95
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	266394	15.41	16.95
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M			
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	266430	1.77	1.95
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	266460	1.77	1.95
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	266490	1.77	1.95
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N	266492	3.64	4.00
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O			
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	266705	4.50	4.95
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	Ref	Code	Ex. GST	Inc. GST
WOS Supreme Batting Gloves - Jnr R/H		266710	4.50	4.95
WOS Supreme Batting Gloves - Yths L/H		266715	4.77	5.25
WOS Supreme Batting Gloves - Yths R/H		266720	4.77	5.25
WOS Supreme Batting Gloves - Mens L/H		266726	5.00	5.50
WOS Supreme Batting Gloves - Mens R/H		266731	5.00	5.50

WOS Supreme 100 Batting Gloves

P

Lightweight batting glove with leather palm for greater durability. Airflow gusset and towelling lining for added comfort. Wide towelling touch tape wristbands.

WOS Supreme 100 Batting Gloves - Jnr L/H	266736	12.41	13.65
WOS Supreme 100 Batting Gloves - Jnr R/H	266741	12.41	13.65
WOS Supreme 100 Batting Gloves - Yths L/H	266746	12.59	13.85
WOS Supreme 100 Batting Gloves - Yths R/H	266751	12.59	13.85
WOS Supreme 100 Batting Gloves - Mens L/H	266756	12.82	14.10
WOS Supreme 100 Batting Gloves - Mens R/H	266761	12.82	14.10

WOS Supreme 150 Batting Gloves

Q

Batting glove with calf leather palm. Multi flex PU fingers with fibre protection on all sections. Inserts on first and second fingers. Soft towelling lining for added comfort. Wide towelling touch tape wristbands.

WOS Supreme 150 Batting Gloves - Jnr L/H	266762	26.32	28.95
WOS Supreme 150 Batting Gloves - Jnr R/H	2667621	26.32	28.95
WOS Supreme 150 Batting Gloves - Yths L/H	2667622	26.32	28.95
WOS Supreme 150 Batting Gloves - Yths R/H	2667623	26.32	28.95
WOS Supreme 150 Batting Gloves - Mens L/H	2667624	26.32	28.95
WOS Supreme 150 Batting Gloves - Mens R/H	2667625	26.32	28.95

WOS Supreme 200 Batting Gloves

R

Batting glove with premium calf leather palm. Multi flex fingers with reinforced finger rolls and fibre protection. Soft towelling lining for added comfort. Wide towelling touch tape wristbands.

WOS Supreme 200 Batting Gloves - Yths L/H	266763	39.50	43.45
WOS Supreme 200 Batting Gloves - Yths R/H	2667631	39.50	43.45
WOS Supreme 200 Batting Gloves - Mens L/H	2667632	39.50	43.45
WOS Supreme 200 Batting Gloves - Mens R/H	2667633	39.50	43.45

Gray Nicolls

Gray Nicolls Batting Gloves

Lightweight high density foam. New extra cool air flow gussets for moisture management. 2 section finger flex for extra flexibility. Leather palm.

GN Velocity Strike Batting Glove - SJnr R/H	266780SB	26.91	29.60
GN Velocity Strike Batting Glove - SJnr L/H	266780SBLH	26.91	29.60
GN Velocity Strike Batting Glove - Jnr R/H	266780B	26.91	29.60
GN Velocity Strike Batting Glove - Jnr L/H	266780BLH	26.91	29.60
GN Velocity Strike Batting Glove - Yths R/H	266780Y	26.91	29.60
GN Velocity Strike Batting Glove - Yths L/H	266780YLH	26.91	29.60
GN Atomic Power Batting Glove - Mens R/H	S 266780	32.55	35.80
GN Atomic Power Batting Glove - Mens L/H	S1 266780LH	32.55	35.80

Indoor Batting Gloves

GN Indoor Batting Gloves Mens

Cotton palm indoor batting glove.

Batting Inners

Gray Nicolls Inner Batting Gloves

Full cotton inner used to absorb perspiration and prolong life of batting gloves.

Gray Nicolls Inner Batting Gloves - Jnr	266795B	4.55	5.00
Gray Nicolls Inner Batting Gloves - Yths	266795Y	4.55	5.00
Gray Nicolls Inner Batting Gloves - Mens	266795	4.55	5.00

Wicketkeeping Gloves

World of Sport

WOS Supreme WicketKeeping Gloves

Leather palm glove with webbed catching pocket. PU leather padded cuff. Durable pimple rubber facing. Good value school model glove.

WOS Supreme W/Keeping Gloves - Jnr	266909	15.00	16.50
WOS Supreme W/Keeping Gloves - Yths	266917	16.00	17.60
WOS Supreme W/Keeping Gloves - Mens	V 266926	17.00	18.70

WOS Supreme 150 WicketKeeping Gloves

Calf leather construction with combination leather and cotton lining. Sewn in finger tip protection. Mesh ventilation windows on back of gloves. Round padded cuffs with large straight web to form catching pocket.

WOS Supreme 150 W/Keeping Gloves - Jnr	266927	26.32	28.95
WOS Supreme 150 W/Keeping Gloves - Yths	2669271	26.32	28.95
WOS Supreme 150 W/Keeping Gloves - Mens	W 2669272	26.32	28.95





A

WOS Supreme 200 WicketKeeping Gloves

New design featuring added ventilation on both back of glove and fingers. Supple backing materials for superior comfort. Traditional long style glove with twisted thumb to maximise catching area. Gel palm behind super tacky octopus facing.

WOS Supreme 200 W/Keeping Gloves - Yths	2669281	45.41	49.95
WOS Supreme 200 W/Keeping Gloves - Mens	A 2669282	45.41	49.95

Gray Nicolls

Gray Nicolls WicketKeeping Gloves

B

Flexible leather palm with large catching pocket. Padded cuff and cotton lined for extra moisture absorption.

GN Keeper W/Keeping Gloves - Jnr	266936	41.00	45.10
GN Keeper W/Keeping Gloves - Yths	266937	41.00	45.10
GN Keeper W/Keeping Gloves - Mens	266938	41.00	45.10

Indoor WicketKeeping Gloves

GN Indoor W/Keeping Gloves - Mens

C

Quality lightweight leather glove with rubber finished palm.

WicketKeeping Inners

WOS Inner Wicket Keeping Gloves

D

Full cotton inner wicket keeping gloves.

WOS Inner Wicket Keeping Gloves - Jnr	266943	2.18	2.40
WOS Inner Wicket Keeping Gloves - Yths	266952	2.18	2.40
WOS Inner Wicket Keeping Gloves - Mens	266960	2.18	2.40

WOS Inner W/Keeping Chamois Gloves

Cotton inner wicket keeping gloves with chamios palm padding.

WOS Inner W/Keeping Chamois Gloves - Jnr	266969	8.14	8.95
WOS Inner W/Keeping Chamois Gloves - Yths	266977	8.14	8.95
WOS Inner W/Keeping Chamois Gloves - Mens	E 266986	8.14	8.95

Batting Pads

World of Sport

WOS Supreme Batting Pads

F

Traditional 7 bar pad with cane reinforcement and synthetic leather face. Dual section padded shin bolster with padded instep. Knee roll is contoured and angled for maximum fit and protection. 2" calf and ankle straps with fingertabs for quick release. Ambidextrous design.

WOS Supreme Batting Pads - Jnr	266510	18.59	20.45
WOS Supreme Batting Pads - Yths	266520	18.59	20.45
WOS Supreme Batting Pads - Mens	266530	18.59	20.45

WOS Supreme 100 Batting Pads

G

Traditional 7 bar pad with cane reinforcement and synthetic leather face. Dual section shin bolster filled with high density foam, padded instep. Knee roll is contoured and angled for maximum fit and protection. 2" calf and ankle straps with fingertabs for quick release. Ambidextrous design.

WOS Supreme 100 Batting Pads - Jnr	266535	27.05	29.75
WOS Supreme 100 Batting Pads - Yths	266531	27.05	29.75
WOS Supreme 100 Batting Pads - Mens	266532	27.05	29.75

WOS Supreme 150 Batting Pads

H

Traditional 7 bar pad with upper and lower section cane reinforcement and synthetic leather face. Three section mesh shin bolster filled with high density foam extra foam padding behind bolsters, padded instep. Padded tip hat. Knee roll is pin tucked, contoured and angled for maximum fit and protection. 2" calf and ankle straps with fingertabs for quick release. Ambidextrous design.

WOS Supreme 150 Batting Pads - Yths	2665401	36.23	39.85
WOS Supreme 150 Batting Pads - Mens	2665402	36.23	39.85

WOS Supreme 200 Batting Pads

I

Korean PU face combination traditional and modern 7 bar high density foam pad with multi section side wing. Impact protection from internal knee guard. Three section mesh shin bolster filled with high density foam extra foam padding behind bolsters, padded instep. Padded tip hat. Knee roll is pin tucked, contoured and angled for maximum fit and protection. 2" calf and ankle straps with fingertabs for quick release. All straps are cushioned.

WOS Supreme 200 Batting Pads - Mens	2665452	45.23	49.75
WOS Supreme 200 Batting Pads - Mens L/H	2665453	45.23	49.75

Gray Nicolls

Gray Nicolls Batting Pads

J

PU finish straight leg pad. Vertical bolsters with knee roll. Suits right and left handed.

GN Velocity Strike Batting Pads - SJnr	266589	40.18	44.20
GN Velocity Strike Batting Pads - Jnr	266590	40.18	44.20
GN Velocity Strike Batting Pads - Yths	266591	40.18	44.20
GN Velocity Strike Batting Pads - Mens	266592	40.18	44.20



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Ref Code Ex. GST Inc. GST

Batting Pad Clads

Clads for Pads

CLADS is a unique product that converts traditional white pads to coloured pads simply and effectively. Does not compromise performance. Available in Black, Bottle, Gold, Grey, Maroon, Navy, Pink, Purple, Red, Royal, Sky, Yellow.

CLADS for Pads - Jnr	266593	29.95	32.95
CLADS for Pads - Yths	266594	29.95	32.95
CLADS for Pads - Mens	266595	29.95	32.95
CLADS for Pads - WicketKeeping	266596	29.95	32.95

Wicket Keeping Pads

World of Sport

WOS Supreme Wicket Keeping Pads

Traditional 7 bar pad with cane reinforcement and synthetic leather face. Dual section padded shin bolster with padded instep. Knee roll is contoured and angled for maximum fit and protection. 2" calf and ankle straps with fingertabs for quick release. Ambidextrous design.

WOS Supreme W/Keeping Pads - Jnr	266615	17.91	19.70
WOS Supreme W/Keeping Pads - Yths	266629	18.91	20.80
WOS Supreme W/Keeping Pads - Mens	K 266644	19.91	21.90

WOS Supreme 100 Wicket Keeping Pads

Traditional 7 bar pad with cane reinforcement and synthetic leather face. Dual section shin bolster filled with high density foam, padded instep. Knee roll is contoured and angled for maximum fit and protection. 2" calf and ankle straps with fingertabs for quick release. Ambidextrous design.

WOS Supreme 100 W/Keeping Pads - Jnr	266645	26.32	28.95
WOS Supreme 100 W/Keeping Pads - Yths	2666451	26.32	28.95
WOS Supreme 100 W/Keeping Pads - Mens	L 2666452	26.32	28.95

WOS Supreme 200 Wicket Keeping Pads

Korean PU face combination traditional and modern 7 bar high density foam pad with multi section side wing. Impact protection from internal knee guard. Three section mesh shin bolster filled with high density foam extra foam padding behind bolsters, padded instep. Padded tip hat. Knee roll is pin tucked, contoured and angled for maximum fit and protection. 2" calf and ankle straps with fingertabs for quick release. All straps are cushioned.

WOS Supreme 200 W/Keeping Pads - Yths	2666501	35.91	39.50
WOS Supreme 200 W/Keeping Pads - Mens	M 2666502	35.91	39.50

Gray Nicolls

Gray Nicolls Wicket Keeping Pads

Traditional cane front pad with 2" wide calf strap. Vertical bolsters.

GN Keeper W/Keeping Pads - Jnr	266692	41.00	45.10
GN Keeper W/Keeping Pads - Yths	266694	41.00	45.10
GN Keeper W/Keeping Pads - Mens	N 266696	41.00	45.10

Helmets and Neck Guards

Albion C12 Junior Cricket Helmet

O 265967 38.86 42.75

Cloth covered high impact polypropylene moulded shell with EPS liner. SureFit faceguard system - Perfect fit everytime. Quick release chin strap clip with sweat absorbent chin cup. 4 tier powdercoated mild steel faceguard. SMALL 54-56cm LARGE 57-58cm. Navy, Bottle, Maroon, Black.

Albion Ultimate Debut Club Cricket Helmet

P 265970 53.59 58.95

Cloth covered, high impact polypropylene shell with high density E.V.A liner. QuickFit faceguard system - Perfect fit everytime. Quick release chin strap clip with E.V.A chin cup. Adjustable padding system for exact fit with super-soaker front pad. SMALL 54-57cm MEDIUM 57-60cm LARGE 60-63cm. Navy, Bottle, Maroon, Black, Red.

Albion Elite Pro Cricket Helmet

Q 265981 144.73 159.20

High impact polypropylene moulded shell with EPS liner. QuickFit faceguard system - Perfect fit everytime. Quick release chin strap clip with sweat absorbent chin cup. Foam Insert Technology Pads (F.I.T.) for superior fit with super-soaker front pad. Chrome plated helmet screws SMALL 54-58cm LARGE 59-63cm

Gray- Nicolls Atomic Helmet

High impact polypropylene moulded shell with EPS liner. QuickFit faceguard system - Perfect fit everytime. Quick release chin strap clip with sweat absorbent chin cup. Foam Insert Technology Pads (F.I.T.) for superior fit with super-soaker front pad. Chrome plated helmet screws SMALL 54-58cm LARGE 59-63cm. Navy, Bottle, Maroon, Black, Red, Gold.

Gray-Nicolls Warrior Helmet Green 51-54cm	265990GL	68.73	75.60
Gray-Nicolls Warrior Helmet Green 55-58cm	265990GM	68.73	75.60
Gray-Nicolls Warrior Helmet Green 59-60cm	265990GS	68.73	75.60
Gray-Nicolls Warrior Helmet Green 61-62cm	265990GXL	68.73	75.60
Gray-Nicolls Warrior Helmet Navy 51-54cm	R 265990NL	68.73	75.60
Gray-Nicolls Warrior Helmet Navy 55-58cm	265990NM	68.73	75.60
Gray-Nicolls Warrior Helmet Navy 59-60cm	265990NS	68.73	75.60
Gray-Nicolls Warrior Helmet Navy 61-62cm	265990NXL	68.73	75.60





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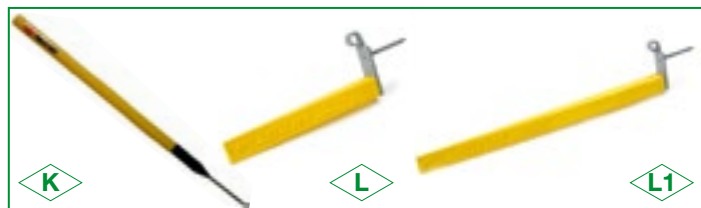
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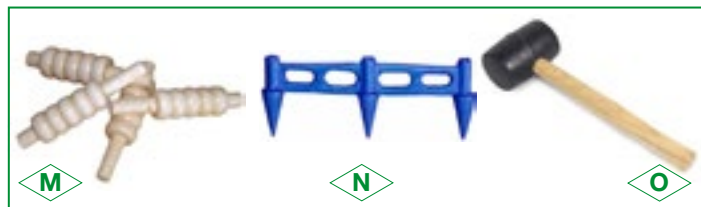


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Q

GN Neck Guard for Dial Helmets

Ref Code Ex. GST Inc. GST

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Specifically designed to fit onto GRAY-NICOLLS Atomic and Junior Elite helmets. Provides full neck protection. High density foam with fibre shield.

GN Neck Guard for Dial Helmets - Small 265991 24.14 26.55

GN Neck Guard for Dial Helmets - Large 265992 24.14 26.55

Henz Cricket Neck Guard 265994 55.00 60.50

Cricket neck guard that fits neatly onto most cricket helmets. Gives protection to back and side of neck without interfering with movement. Provides safety for batsmen, close in fielders and wicketkeepers. Can be printed with school name or other personalised printing. Shown in maroon with an Albion helmet, helmet not included.

Nuts for Guard on Cricket Helmets (x4) B 265996 2.68 2.95

Replacement nuts to hold faceguard to cricket helmet. Sold as pack of 4.

Books and Scoresheets

Pocket Size Cricket Scorebook 267749 6.18 6.80

Scorebook with one innings to two facing pages. 30 innings designed to fit into top pocket.

WOS 50 Innings Cricket Scorebook 267797 15.68 17.25

50 innings carbonised scorebook with one innings to a page.

Gray Nicolls Cricket Scorebook C 267798 14.77 16.25

60 innings scorebook that includes teamsheets and summary sheet. One innings to a page.

CSW Cricket Scorebook D 267799 17.27 19.00

56 Innings scorebook Complete with summary sheets and team declaration sheets. Official scorebook of NSW Districts Cricket Assn.

Stumps

WOS Wooden Cricket Stumps with Bails E 268753 28.00 30.80

Set of six wooden stumps for use at school or junior club level. Includes bails.

Gray Nicolls Shield Cricket Stumps F 268758 63.91 70.30

High quality extra strong set of six stumps suitable for use at college and club level on turf wickets. Includes bails.

Indoor Cricket Stumps G 268743 45.41 49.95

Self returning stumps on lightweight metal floor plate. Rubber caps on stumps. Bails not included.

Metal Cricket Stumps H 268721 24.73 27.20

Freestanding metal cricket stumps, ideal for practice and junior matches. White finish.

Heavy Duty Metal Cricket Stumps I 268732 81.77 89.95

Heavy duty metal construction, freestanding. Long lasting zinc plated finish.

Gray Nicolls Spring Return Stumps J 268761 80.82 88.90

Spring loaded stumps set on sturdy cast iron base. Set of three stumps with bails included.

Plastic Springback Stump K 268731 13.59 14.95

Plastic training stump with full swivel capacity. Includes spike to push into ground.

Fusion Multi Stump

The Fusion Multi Stump, cricket coaching and training aid, is aptly named due to the multiple roles it can perform. This revolutionary product takes the previously functional stump into the 21st century and provides the coach and player with a training aid which responds to the needs of the modern cricketer. It is weather resistant, durable, light, flexible and bright.

Fusion Multi Stump Shorty L 268729 38.86 42.75

Fusion Multi Stump L1 268730 61.77 67.95

Wooden Bails

Set of four wooden bails to suit cricket stumps.

WOS Bails (x4) M 268764 2.23 2.45

Gray Nicolls Bails (x4) 268765 6.36 7.00

Stump Gauge N 268774 6.09 6.70

Cast metal stump gauge used to mark position for stumps on turf wickets.

Stump Mallet O 268785 10.86 11.95

Rubber stump mallet for setting stumps into turf wickets.

Portable Cricket Wickets and Grass

Canvacon Cricket Pitch Cover P 269954 7.00 7.70

Lightweight canvacon cricket wicket cover that can be ordered to size. Sold by the square metre, please advise measurements.

Hessian Under Cover - 25m x 3.6m Q 269956 529.32 582.25

Hessian under cover for placing under cricket covers to limit sweating. Size 25 metres long by 3.6 metres wide. Hemmed band with webbing handles in corners.

Transportable Synthetic Grass (per sq m) 269959 63.82 70.20

Portable synthetic grass with backing and edging. Includes fixing points for pegging down. Sold by the square metre, please advise measurements.

Synthetic Grass (1860mm wide) 269960 55.73 61.30

Synthetic grass 1860mm wide intended to be glued to concrete cricket pitch. Grass is sold by the lineal metre, please advise length required. Laying service is available in some centres.

	Ref	Code	Ex. GST	Inc. GST
Synthetic Grass (3720mm wide)		269960L	118.55	130.40
Synthetic grass 3720mm wide intended to be glued to concrete cricket pitch. Grass is sold by the lineal metre, please advise length required. Laying service is available in some centres.				
Synthetic Grass Adhesive (20ltrs)		269972	168.86	185.75
Synthetic grass adhesive, suitable for fixing grass to concrete pitches. 20 litre drum.				

Cricket Kits

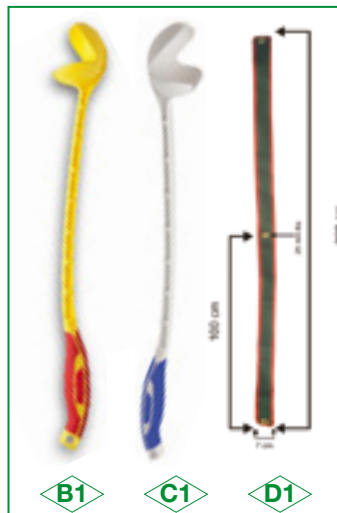
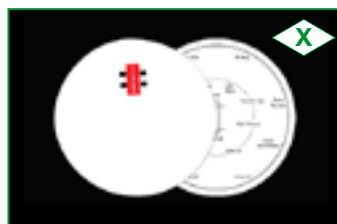
World of Sport Junior Cricket Kit		269996	298.32	328.15
Kit includes 2 WOS Supreme Bats, 1 Scorebook, 2 Plastic Counters, 2 Helmets with Grids, 3 Protectors, 3 Prs Batting Pads, 1 Pr W/K Pads, 3 Pr Batting Gloves, 1 Pr W/K Gloves, 1 Pr W/K Inners, 1 Set Stumps & Bails, 1 Kit Bag.				
World of Sport Senior Cricket Kit	R	269997	299.64	329.60
Kit includes 2 WOS Supreme Bats, 1 Scorebook, 2 Plastic Counters, 2 Helmets with Grids, 3 Protectors, 3 Pairs Batting Pads, 1 Pair W/K Pads, 3 Pair Batting Gloves, 1 Pair W/K Gloves, 1 Pair Inners, 1 Set Stumps & Bails, 1 Kit Bag.				
World of Sport Junior Select Cricket Kit		269998	466.36	513.00
Kit includes 2 WOS Supreme Bats #6, 3 Prs WOS Batting Pads, 3 Prs WOS Batting Gloves, 2 Helmets with Grids, 3 Protectors, 1 Pr WOS W/K Gloves, 1 Pr WOS W/K Pads, 1 Pr Inners, 1 Set Stumps & Bails, 1 Scorebook, 2 Plastic Counters and 1 Kit Bag.				
World of Sport Senior Select Cricket Kit		269999	566.36	623.00
Kit includes 2 WOS Supreme Cricket Bats Full Size, 3 Pairs WOS Batting Pads, 3 Pairs WOS Batting Gloves, 2 Helmets with Grids, 3 Protectors, 1 Pair WOS W/K Gloves, 1 Pair WOS W/K Pads, 1 Pair Inners, 1 Set Stumps & Bails, 1 Scorebook, 2 Plastic Counters and 1 Kit Bag.				
World of Sport Indoor Cricket Kit	S	269994	620.41	682.45
Kit includes 2 Gray Nicolls indoor kashmir cricket bats, 6 pairs Gray Nicolls indoor batting gloves, 1 pair indoor W/K gloves, 8 mens protectors, 6 Burley superlife indoor cricket balls, 1 World of Sport nylon kit bag.				

Cricket Kit Bags

WOS Canvas Kit Bag	T	130392	25.91	28.50
Heavy duty canvas bag with carry handles. Solid base and reinforced corners. Touch tape closures on top of bag. 980mm x 300mm x 400mm.				
WOS Team Cricket Bag	U	130396	45.41	49.95
Team kit bag with external end pocket, strong, reinforced nylon carry handles and easy roll wheels for ease of transport. Measures 102cm L x 42 H x 40cm D.				
Gray-Nicolls Team Cricket Bag	V	/1762	80.82	88.90
Team kit bag with external end pocket, strong, reinforced nylon carry handles and easy roll wheels for ease of transport. 102 x 42 x 40cm. Capacity: 171 litres.				
WOS Personal Cricket Gear Bag	W	269510	22.68	24.95
Ideal junior personal gear bag. Large main compartment with external bat pocket. Helmet and footwear can be stored in end accessed storage pocket. Dimensions 72cm x 30cm x 30cm approximately.				

Training Accessories

Gray Nicolls Fielding Disc	X	269903	4.59	5.05
Features printed fielding positions Ideal training and coaching tool.				
Cricket Bowlers Marker 2pk	Y	269912	3.64	4.00
Plastic disc used by bowlers to mark start of run up. Includes 2 markers.				
Gray Nicolls Bowling Target Line/Length	Z	269904	10.27	11.30
Develop your cricket skills. Practice bowling line and length. Provides normal, natural bounce. Challenge your friends to see who can hit the target the most.				
Gray Nicolls Bat Oil 75ml	A1	269924	5.82	6.40
75ml bottle of linseed oil, for use on natural finish bats.				
Sidearm Club Ball Thrower	B1	269905	45.41	49.95
Sidearm offers high quality batting practice, allowing one person to provide a batsman with quick, accurate, swinging and seaming deliveries with little effort. Replicating all the rhythms and trajectories of a real bowler, Sidearm give the most effective batting practice possible. The Sidearm Club has been designed to throw lighter cricket practice balls such as incrediballs for junior practice, as well as full weight cricket balls.				
Sidearm Elite Ball Thrower	C1	269906	54.50	59.95
Sidearm offers high quality batting practice, allowing one person to provide a batsman with quick, accurate, swinging and seaming deliveries with little effort. Replicating all the rhythms and trajectories of a real bowler, Sidearm give the most effective batting practice possible. The Elite is where the Sidearm really gets interesting. It requires a slightly stronger throwing arm to use than the club, but once mastered can produce deliveries that can test and challenge the very best of batters.				
Silent Fielder	D1	269907	5.41	5.95
Silent Fielder is used in practice nets to simulate position of fielders. Strip is 200cm (L) x 7cm (W) with eyelets at each end and also at centre. Simply attach to netting in the nets at position desired to represent a fielder.				
Katchet Slips Cradle Ramp	E1	269939	80.32	88.35
The original and best catching practice device. Used by some of the best cricket players and coaches in the World. Katchet offers easy to use practicality coupled with portability and a constant challenge for cricketers of all ages and abilities.				





Crazy Catch 2.0

Size: 1300mm (w) x 1080mm (h) Large target face and heavy duty design makes the Original ideal for group use - at schools, sports clubs, or in the backyard for neighbourhood challenges! Great for practicing longer distance throwing and catching Key Features: The largest option, ideal for group activities. Perfect for Schools, Clubs and Families that have the space. Large rebound area, with heavy duty frame and components.

Crazy Catch 2.0 - Double Trouble

Model: Professional Double Trouble Size: 1480mm (w) x 910mm (h) Large target face and heavy duty design makes the Original ideal for group use - at schools, sports clubs, or in the backyard for neighbourhood challenges! Great for practicing longer distance throwing and catching Key Features: The largest option, ideal for group activities. Perfect for Schools, Clubs and Families that have the space. Large rebound area, with heavy duty frame and components.

Wild Child Crazy Catch 2.0

Size: 860mm (w) x 860mm (h) Ideal size for indoor or outdoor use and convenient to take to the beach or park. Features same heavy duty frame and components as the Original - perfect for the developing and serious sportsperson. Key Features: The portable indoor / outdoor option for the developing and serious sportsperson. 30% more rebound area than the Upstart with same heavy duty frame & components as the Original.

Wild Child Crazy Catch Double Trouble

Size: 930mm (w) x 930mm (h) Ideal size for indoor or outdoor use and convenient to take to the beach or park. Features same heavy duty frame and components as the Original - perfect for the developing and serious sportsperson. Key Features: The portable indoor / outdoor option for the developing and serious sportsperson. 30% more rebound area than the Upstart with same heavy duty frame & components as the Original. Ideal for most Ball Sports Large mesh - Ideal for Soccer, Netball, Basket-ball, etc.

Paceman Original S2 Bowling Machine

Variable bowling speeds up to 90kph Fully adjustable for full pitch & short pitch deliveries Includes automatic 12 ball feeder Easy to assemble, put away & store Able to produce inswing & outswing deliveries Uses exclusively Paceman light balls for safety & performance

Velocity Radar Gun

Digital speed gun. Powered by two "C" batteries. Accurate to +/- 2 kph using digital signal processing. Measure the speed of a baseball from up to 27.43 metres or a vehicle from as far as 396.24 metres. Can be used to track speed of athletes as well.

Jugs Cricket Bowling Machine

Portable cricket bowling machine. Quick and easy speed, line and length adjustments. Simulates all deliveries: out-swing, in-swing, fast rising deliveries, slow spin etc. Suitable for junior to test players. Bowls speeds from 32 - 167kph. Improved safe feeding chute guides balls to contact tyres in correct position, ensuring accurate deliveries. Robust construction. 240 volts.

Sandpiper Super Sopper

Manually operated water soaking machine. 10 gallon tank with 24" wide roller give the mobility to handle areas such as parks, schools, sporting facilities, golf greens and tennis courts.

FIELD MARKERS

Cone and Dome Kits

Dome Kit (28 Domes and Stand)

Kit includes 7 Blue Domes, 7 Red Domes, 7 White Domes 7 Yellow Domes and 1 Dome Stand.

Aerodome Field Marker Set Mixed Colours

Kit includes 6 Blue, 6 Green, 6 Orange, 6 Purple, 6 Red, 6 White, 6 Yellow Aerodomes and cone stand.

Aerodome Field Marker Set

Kit includes 42 aerodomes with plastic coated marker stand.

Aerodome Field Marker Set - Blue	6045399B	50.00	55.00
Aerodome Field Marker Set - Fluro Pink	6045399FP	50.00	55.00
Aerodome Field Marker Set - Green	6045399G	50.00	55.00
Aerodome Field Marker Set - Orange	6045399O	50.00	55.00
Aerodome Field Marker Set - Purple	6045399PU	50.00	55.00
Aerodome Field Marker Set - Red	6045399R	50.00	55.00
Aerodome Field Marker Set - White	6045399W	50.00	55.00
Aerodome Field Marker Set - Yellow	6045399Y	50.00	55.00
6cm Mini Aerodome Set (48 with stand)	60455199	35.82	39.40

Australian Made. Set made up of 12 Blue, 12 Red, 12 White, 12 Yellow 6cm Mini Aerodomes and plastic coated marker stand.

6cm Mini Aerodome Set

Set made up of 48 Mini Aerodomes and plastic coated marker stand.

6cm Mini Aerodome Set - Blue	6045519B	35.82	39.40
6cm Mini Aerodome Set - Red	6045519R	35.82	39.40
6cm Mini Aerodome Set - White	6045519W	35.82	39.40
6cm Mini Aerodome Set - Yellow	6045519Y	35.82	39.40

Standard Field Marker Set

Field marker set includes 10 Blue, 10 Red, 10 White, 10 Yellow flexible cones and one marker stand.

20cm Aerocone Alphabet Set

Set of 26 blue aerocones with 100mm white letter on each cone. Each set includes letters A to Z.

20cm Aerocone Alphabet Set - Blue	604565BAS	61.41	67.55
20cm Aerocone Alphabet Set - Red	604565RAS	61.41	67.55
20cm Aerocone Alphabet Set - White	604565WAS	61.41	67.55
20cm Aerocone Alphabet Set - Yellow	604565YAS	61.41	67.55

20cm Aerocone Numbered Set

Set of 10 red Aerocones with 150mm white vinyl numbers. Each set includes numbers 0 to 9.

20cm Aerocone Numbered Set - Blue	604565NS	28.86	31.75
20cm Aerocone Numbered Set - Red	604565NSR	28.86	31.75
20cm Aerocone Numbered Set - White	604565NSW	28.86	31.75
20cm Aerocone Numbered Set - Yellow	604565NSY	28.86	31.75

20cm Aerocone Distance Marker Set

Set includes 16 yellow aerocones with 100mm black vinyl numbers. Set marks from 5 metres to 40 metres in 5 metre increments with a pair of each distance marker. Ideal for marking distance on discus, shot and javelin sectors.

20cm Aerocone Distance Marker Set - Blue	604567BDS	46.86	51.55
20cm Aerocone Distance Marker Set - Red	604567RDS	46.86	51.55
20cm Aerocone Distance Marker Set - White	604567WDS	46.86	51.55
20cm Aerocone Distance Marker Set - Yellow	604567	46.86	51.55

Nordic Distance Markers 10m to 90m

White plastic cube available with black digits on each side of cube. Available in numbers 10, 12, 14, 16, 18, 20, 22, 24, 30, 40, 50, 60, 70, 80 and 90 metres. Can be used with sector lines to mark discus, hammer, javelin and shot sectors. Price is based on individual box, please specify numbers required.

Boundary Flag Numbered Set

Set of 9 Blue boundary flags with 100mm white number on each flag. Each set includes numbers 1 to 9. Ideal for play activities and games.

Boundary Flag Numbered Set - Blue	604570BNS	19.41	21.35
Boundary Flag Numbered Set - Green	604570GNS	19.41	21.35
Boundary Flag Numbered Set - Red	604570RNS	19.41	21.35
Boundary Flag Numbered Set - White	604570WNS	19.41	21.35
Boundary Flag Numbered Set - Yellow	604570YNS	19.41	21.35

Aerodomes

Aerodome

The original premium sports marker made from soft and unbreakable plastic. 215mm diameter base and 75mm high.

Aerodome - Blue	604539B	1.41	1.55
Aerodome - Fluro Pink	604539FP	1.41	1.55
Aerodome - Green	604539G	1.41	1.55
Aerodome - Orange	604539O	1.41	1.55
Aerodome - Purple	604539P	1.41	1.55
Aerodome - Red	604539R	1.41	1.55
Aerodome - White	604539W	1.41	1.55
Aerodome - Yellow	604539Y	1.41	1.55

Mini Aerodomes

Mini Aerodomes

Mini Aerodome made from soft unbreakable plastic. 190mm diameter base and 60mm high.

6cm Mini Aerodome - Blue	604551B	0.82	0.90
6cm Mini Aerodome - Red	604551R	0.82	0.90
6cm Mini Aerodome - White	604551W	0.82	0.90
6cm Mini Aerodome - Yellow	604551Y	0.82	0.90

Aerodome Stand

Coated wire stand designed to hold all our range of Aerodomes. Stands 40cm high. Will hold at least 70 aerodomes or 80 mini aerodomes.

Aerocones

20cm Aerocone

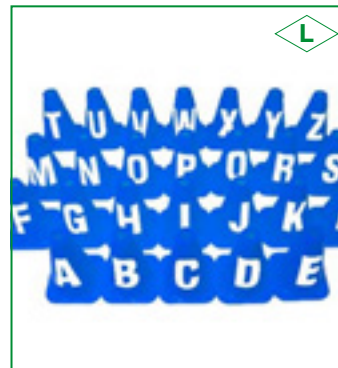
Australian Made plastic aerocone 200mm high.

20cm Aerocone - Blue	604565B	1.68	1.85
20cm Aerocone - Green	604565G	1.68	1.85
20cm Aerocone - Orange	604565O	1.68	1.85
20cm Aerocone - Red	604565R	1.68	1.85
20cm Aerocone - White	604565W	1.68	1.85
20cm Aerocone - Yellow	604565Y	1.68	1.85

Safety 20cm Aerocone

Australian Made safety rubber aerocone 200mm high.

Safety 20cm Aerocone - Blue	604564B	3.73	4.10
Safety 20cm Aerocone - Green	604564G	3.73	4.10
Safety 20cm Aerocone - Orange	604564O	3.73	4.10





A



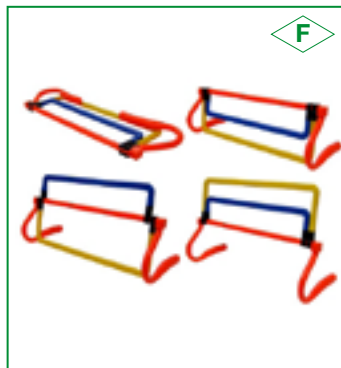
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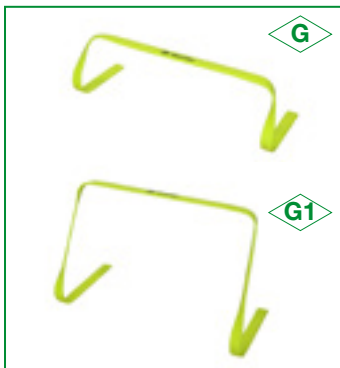
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E



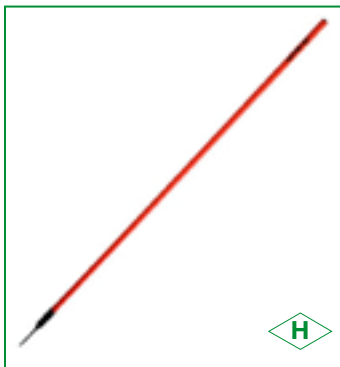
F



G



G2



H



H1



I

Safety 20cm Aerocone - Red
Safety 20cm Aerocone - White
Safety 20cm Aerocone - Yellow

Ref	Code	Ex. GST	Inc. GST
A	604564R	3.73	4.10
	604564W	3.73	4.10
	604564Y	3.73	4.10

Domes

Domes

B

Australian made rigid dome 200mm diameter, 90mm high.

Dome - Blue	604513B	1.36	1.50
Dome - Red	604513R	1.36	1.50
Dome - White	604513W	1.36	1.50
Dome - Yellow	604513Y	1.36	1.50
Dome Stand	604526	2.55	2.80

Plastic tube with removeable base, holds 30 domes with room to spare.

Boundary Flags

C

Boundary Flags

The redesigned boundary flag has no sharp points or edges. Made with a 70mm spike to push into the ground the flag then extends 210mm above the ground.

Boundary Flag - Blue	604570B	1.36	1.50
Boundary Flag - Green	604570G	1.36	1.50
Boundary Flag - Red	604570R	1.36	1.50
Boundary Flag - White	604570W	1.36	1.50
Boundary Flag - Yellow	604570Y	1.36	1.50

Witches Hats

D

Witches Hats

Fluorescent orange for maximum visibility. Moulded heavy duty.

Witches Hat - 300mm	604578	7.59	8.35
Witches Hat - 450mm	604591	10.18	11.20
Witches Hat - 700mm	604593	21.77	23.95
Witches Hat - 900mm	604595	26.05	28.65
Temporary T-Top Bollard - 1150mm	E 604596	31.45	34.60

The Temporary T-Top Bollard is an economical and effective delineation system. It is designed to withstand great impact and its lightweight soft design provides minimal damage to any item that has impact with it. Bright fluorescent orange colour and reflective band provide high visibility day & night, in all weather conditions. Base weighs 6 kg.

FITNESS

Agility and Speed

Training Hurdles

Adjustable Training Hurdle (Set of 6)

F

089907	28.14	30.95
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Made from strong PVC this sturdy hurdle adjusts to 150mm 230mm and 300mm. Folds flat for easy storage.

Training Hurdle

For developing knee lift mechanics & recovery technique, stride development, lateral agility plyometrics & anaerobic conditioning. Extra strong, extra safe rigid PVC.

Training Hurdle - Micro 150mm	G 089908	8.64	9.50
Training Hurdle - Mini 300mm	G1 089910	9.36	10.30
Training Hurdle - Macro 500mm	G2 089911	12.05	13.25

Training Hurdle (Bag of Six)

Set of six training hurdles complete with mesh carry bag.

Training Hurdle - Micro 150mm (Bag of Six)	089908K	47.18	51.90
Training Hurdle - Mini 300mm (Bag of Six)	089910K	53.55	58.90
Training Hurdle - Macro 500mm (Bag of Six)	089911K	58.09	63.90
Adjustable Training Hurdle (Bag of 12)	089907K	61.64	67.80

Set of twelve adjustable training hurdles that adjust in height through 150mm, 230mm and 300mm. Supplied with nylon mesh carry bag for easy storage.

Hurdle Mesh Carry Bag

Black mesh carry bag designed and made to carry six training hurdles. Hurdles not included.

Hurdle Mesh Carry Bag - Micro 150mm	1303912	7.73	8.50
Hurdle Mesh Carry Bag - Mini 300mm	1303911	7.73	8.50
Hurdle Mesh Carry Bag - Macro 500mm	1303913	9.55	10.50

Agility Poles

Pro Agility Pole

Spring loaded PVC agility poles, easily inserted into ground. Excellent aid in training drills. Pole length 170cm.

Pro Agility Pole - Orange	H 0899130	13.55	14.90
Pro Agility Pole - White	H1 089913W	13.55	14.90

Pro Agility Pole Kit

I

089912	272.73	300.00
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Pro agility kit includes 20 pro agility poles with spike point and one agility pole bag.

Rubber Base Agility Pole

089912W	15.32	16.85
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Ref Code Ex. GST Inc. GST

Rubber base agility poles can be used on hard surfaces indoors and outdoors. Poles can be set vertically or on an angle for more difficulty. Pole now comes with removable spike base with spring system, to allow use without rubber base. Includes rubber base and pole.

Agility Pole Two Piece for Rubber Base J 089912P 11.36 12.50

Agility pole suitable for use with rubber base agility system. Pole comes in two pieces with joiner for easy storage.

Rubber Agility Pole Base K 089912PB 9.91 10.90

Replacement rubber base for rubber base agility pole. See product 089912W. Made with two positions for inserting pole, one vertical and one offset. Base diameter 225mm. Base weighs 1.55kg.

Heavy Rubber Agility Pole Base L 089912HB 13.18 14.50

Alternate heavy replacement rubber base for rubber base agility pole. See product 089912W. Made with one position for inserting pole. Base diameter 270mm. Base weighs 4kg.

Agility Pole Whiteboard Sign M 089912S 3.50 3.85

Whiteboard sign that slides onto pole. Use a whiteboard marker to mark exercise or number of repetitions for the station.

Ladders

Quickstep Ladder - 8m N 089916 50.00 55.00

Ladder comes in two halves that can be clipped together for an overall length of 8m. Ladder is made up of 20 round PVC rungs, includes carry bag.

Acceleration Ladder - 8m O 089915 60.32 66.35

Designed to improve acceleration & sprints 10 adjustable PVC rungs over 8 metres. Supplied in two four metre lengths for flexibility. Includes storage bag.

Quickstep Ladder Flat - 8m 089918 41.00 45.10

Ladder comes in two halves that can be clipped together for an overall length of 8m. Ladder has 20 Flat PVC rungs that adjust for increased versatility. Carry bag included.

Agility Ladder

A set of four coloured 4 metre ladders with touch tape fasteners that allow many footwork combinations. Includes carry bag.

Agility Ladder - 4x2m 089926 50.00 55.00

Agility Ladder - 4x4m P 089928 99.09 109.00

AntiSkid Agility Ladder Adjustable

Safe version of the traditional agility ladder. Made with soft adjustable rungs to increase grip on floors and reduce injury risk. Rungs are 42cm wide. Supplied with a carry bag.

AntiSkid Agility Ladder Adjustable - 4m Q 089929 23.64 26.00

AntiSkid Agility Ladder Adjustable - 9m 089930 47.23 51.95

Power Chutes

Power Chutes

Tear resistant training chute with quick release harness. Provides excellent resistance to user for improving speed stamina, strength and acceleration. Cushioned belt.

Power Chute - Regular R 089932 28.14 30.95

Power Chute - Premium 089948 33.00 36.30

Speed Trainers & Speed Sleds

Lateral Sidestep Trainer

Adjustable length flexicord for lateral movement drills. S 089957 22.00 24.20

Leg Speed Resistor T 089955L 30.00 33.00

Resistance training aid, for use on individual leg. Can be used as aid in rehabilitation.

Over Speed Trainer U 089952 90.00 99.00

Double action bungy overspeed training system. Includes 7.5 metre flexicord and 2 x sprint belts. Overspeed training teaches to fast fire through assisted sprinting. The muscles remember the faster motion allowing you to apply those speeds in free sprints.

Power Builder

Includes adjustable waist belt with rubber cord, length 3 metres. Cord has split handles for trainer. Used to develop sprint technique, build leg power and increase acceleration. V 089961 53.86 59.25

Speed Resistor W 089955 17.00 18.70

Control your resisted speed and improve your explosive power with speed resistor.

Speed Sled with Resistor and Lead X 089954 130.91 144.00

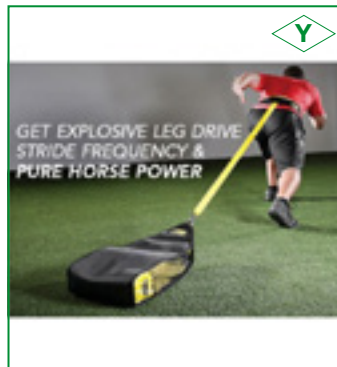
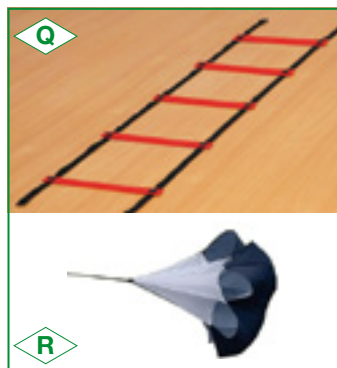
Australian Made Painted speed sled for resisted training. Includes speed resistor and sled lead.

Speed Sac Y 089953 150.73 165.80

This variable weight sled allows you to strengthen your lower body muscles by resistance training similar to metal sleds. With removable weights, the SpeedSac allows you to adjust the towing resistance. You can also use the handles on the bags to perform various upper and lower body exercises such as lunges or front raises. Sand for weight bags is not included.

Prowler Sled + H-Harness

Heavy duty sled allows for pushing and pulling exercises. Center plate storage rod stations allow for overload strength training while keeping sled evenly balanced. Multi point attachments allow for even load during pulling exercises. Includes new heavy duty H-harness designed to be user friendly and handle heavy loads. Solid Steel rod poles + center rod can be removed from item to lessen product weight when being used - each steel rod weights = 12.5kg per rod and a 10kg center. All types of sled dragging or pushing. Building lower and upper body strength and endurance with higher push poles and a lower removal T bar. Just add your Olympic plates to achieve your desired resistance. Size: 100cm x 91cm x 105cm, weight = 25kg for sled + 12.5kg per steel rod x 2, 10kg center rod for a total product weight inc rods = 60kg. Z 089951 314.91 346.40





Speed Sled Lead

Lead to connect speed sled to speed resistor. Overall length including attachments 3150mm.

Resistance Belt

Replacement resistance belt for use with all products requiring belt.

Weighted Vests

WOS Weighted Training Vest

Designed to increase the intensity of any exercise session. Vest contains 38 soft 255g weights and has two crossover straps for extra strength & support. Weights can be removed if required and up to 2.5kg of extra weights can be added.

Spare Weights - WOS Weighted Vest

Spare weights to suit WOS weighted vest. Pack includes 10 x 250g weight bags and carry bag.

Agility Belts

Pro Agility Belt

Easy to fit to athletes, the Pro Agility Belt has been modified to provide the necessary adjustment for shadow drills, chase drills and reaction games.

Fitness Testing

Multi-Stage Fitness Beep Test (CD)

The 20m Shuttle Run Test is one of the best methods for testing aerobic fitness and is suitable for athletes in active training, coaches with large groups to teach and people exercising to improve general well-being. It contains scores which have been obtained by a wide range of groups of children and adults. All you require is a CD player and two markers placed 20 metres apart. On the CD it is possible to repeat individual tracks quickly and with great precision. It also contains additional tracks for performing constant paced interval training and a sub-maximal aerobic test.

Yo Yo Beep Test

The Yo-Yo tests provide an important tool in determining an individual's fitness level. The physical capacity is evaluated in a fast and simple manner. Two markers are positioned at a distance of 20 metres. The enclosed CD-ROM is placed in a CD player and the test can be performed. The participant runs like a Yo-Yo back and forth between the markers at given speeds that are controlled by the CD-ROM. The speed is regularly increased, and when the individual can no longer maintain the required speed, the test is ended and the result determined from the distance covered during the test. Since each of the three tests has two levels they can be used by anyone, irrespective of training status. Level 1 should be for untrained and less trained individuals, and Level 2 for well trained athletes. There are three Yo Yo tests.

Sit Up Cadence CD

Used as a measure for fitness testing through sit up exercises. Comes with instructions.

Balance and Core Strength

Massage Ball Solid

Solid massage ball 60mm diameter, ideal for self-massage. Can be used with a range of muscle groups for effective self-treatment.

Spikey Massage Ball

Massage ball with spikes, ideal for self massage. Can be used with a range of muscle groups for effective self treatment. Australian made. 100mm diameter.

Chi Bolster

The Chi Roller uses acupressure to relieve tension, relax, and align your spine. Comes with complete instruction manual.

Hyperice Vyper

The VYPER uses 3 different speed settings powered by rechargeable lithium ion batteries, which give over 2 hours of use per charge. Excellent for self massage, warm up, and to work on tight muscles that prevent you from moving better. Engineered to deliver high intensity and high frequency vibration into the body. Eco-friendly, German-made outer shell transfers maximum vibration. Vyper AC charger included.

Hyperice Hypervolt

The Hypervolt is a cordless state-of-the-art vibration massage device that relieves muscle stiffness and soreness, increases circulation and range of motion, and improves the overall health of the body's soft tissue. Helps relieve muscle pain, stiffness and soreness. Increases range of motion. Increases circulation and blood flow. Lightweight, easy-to-use for self-myofascial release. Powerful high-torque motor featuring Quiet Glide technology. 3 speed settings deliver up to 3200 percussions per minute. Rechargeable lithium-ion battery (Up to 3 hours of use per charge). 4 interchangeable head attachments. Lightweight (2.5 lbs), ergonomic design.

Hyperice Hypersphere

Localized Vibration Therapy increases range of motion and flexibility + increases circulation. Digital circuitry controls with 3 speeds setting. High-intensity vibrating core transfers maximum vibration to the body. Compact and portable, easy for travel and carry. Textured rubber exterior targets vibration for more localized therapy. Rechargeable lithium ion batteries give over 2 hours of use per charge. HYPERSPHERE AC charger included.

Stretching Strap

Get the benefit of PNF stretching without a partner. The multi positional grip allows deep, gradual stretching with greater safety effectiveness than is possible if unaided.

Ref	Code	Ex. GST	Inc. GST
A	089956	9.41	10.35
B	089981	18.64	20.50
C	318224	117.27	129.00
D	318224S	22.64	24.90
E	089993	9.05	9.95
F	314796	39.27	43.20
G	314792	62.73	69.00
H	314790	14.73	16.20
I	310012	7.23	7.95
J	310013	5.41	5.95
K	310016	38.77	42.65
L	3100109	272.68	299.95
M	3100107	499.96	549.95
N	3100108	227.23	249.95
O	089958	9.00	9.90

Ref Code Ex. GST Inc. GST

Foam Rollers

The foam roller is designed as a new functional exercise option for Physiotherapist and trainers. Balance practicing, pilates, muscular flexibility and dynamic strength training are just some of the options available for patients performing physical conditioning or enhanced rehabilitation. The use of rollers increases the difficulty on many basic exercises, by creating an unstable, elevated exercise environment.

Foam Roller Shrt Round - 300x150mm	P	3100111	18.77	20.65
Foam Roller Med Round - 450x150mm	P1	3100110	25.27	27.80
Foam Roller Lng Round - 900x150mm	P2	310011	36.27	39.90
Foam Roller Lng Half Round Roller - 900x150x75mm	P3	310011H	26.36	29.00

Seat Wedge

This seat wedge is used to improve posture, discourage slouching and prevent back pain. With a 12 degree tilt the seat wedge rotates the pelvis forward and restores the spine to its natural 'S' shape. Easy to carry and highly durable, it can be used on a chair or on the floor.

Seat Wedge - Junior (245x260x70mm)	Q	310026	36.36	40.00
Seat Wedge - Senior (380x380x80mm)	Q1	310027	50.18	55.20
	R	310029	50.18	55.20

Fitness Wedge

70mm to 12mm at front, 370mm to 350mm depth. Helps to improve posture while providing an active sitting base.

Plastic Circular Wobble Board

Moulded version of the circular wobble board. Balance board comes with concentric circular grooves on the face of the board for added grip and stability Diameter 40cm. The Balance board also has the added feature of being slightly convex for extra support. Rounded edges for extra safety. Built to hold capacity of 500kg.

	S	602657	37.68	41.45
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Stability Disc 33cm 900gsm

This inflatable, durable disc provides superior training benefits. Comfortable to use, it can be inflated and deflated to adjust the degree of difficulty of the exercises. The disc is an ideal tool in the management of lower limb stability and strengthening. Also ideal as a seat to improve core stability and promote a dynamic sitting posture.

	T	310010	28.86	31.75
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Balance trainers are ideal for stability exercises. Stand, sit, lay over, or lean up against them depending on the type of exercise. Can be inflated or deflated according to participants level of ability.

Balance Trainer - Green

	U	310309	39.05	42.95
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BOSU is an acronym for "both sides up". The BOSU Balance Trainer can be used with the platform side either up or down for different types of balance challenge. The solid platform is 25 inches in diameter and the dome should be inflated until it is firm. Two recessed handles on the bottom of and towards the sides on the platform make it easy to turn over or carry. This hybrid fitness product has its genesis in the field of medicine, as well as balance, functional and sports specific training. Neuromuscular physiology, which helps to define human movement, provides the science that backs this remarkably complete approach to training. The BOSU Balance Trainer offers a different means to make exercise more appealing and effective for average people, fitness enthusiasts and highly trained athletes.

Aus Air Cushion

The Aus Air Cushion combines the advantages of the seating wedge, wobble board and fitness balls. Ideal for physical co-ordination, mobilization of the pelvic floor muscles, balance, promoting strength and flexibility of back muscles. Also can be used as a therapeutic exerciser for rehabilitation after a sport injury.

	V	310515	28.14	30.95
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Used as an aid in doing push ups. Handles are gripped keeping hands clear from the floor. Sold as a pair.

	W	310517	17.91	19.70
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Battling Rope - 15m

	X	310650	135.45	149.00
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32mm sisal rope, approx. 13Kg.

Battle Rope Thin - 15m x 38mm

Black water resistant nylon cased, sisal battle rope Perfect for indoor use as sisal is not left on floor and also suitable for outdoor use. 15cm, high grip end caps prevent fraying of rope, reinforced steel caps with added snap springs prevent end caps from pulling off rope, super fine knurled surface significantly improves grip by offering a solid gripping surface 1.5" thick x 15m long Approx 15kg dead weight 1.5" battle ropes are highly recommended for cardio vascular training as the rope is lighter in weight then a 2" rope thus allowing for a quicker movement.

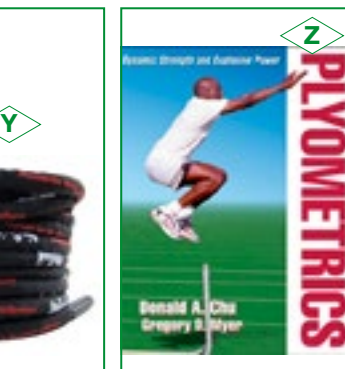
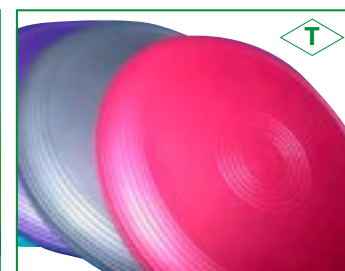
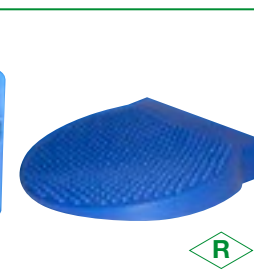
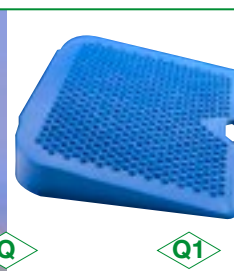
Battle Rope Thick - 15m x 50mm

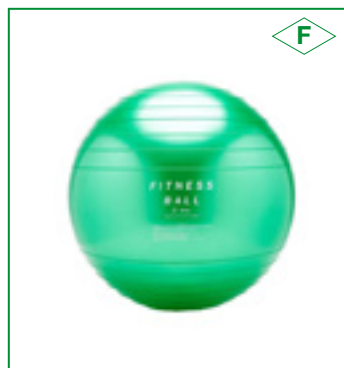
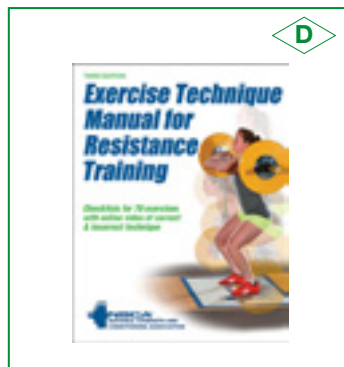
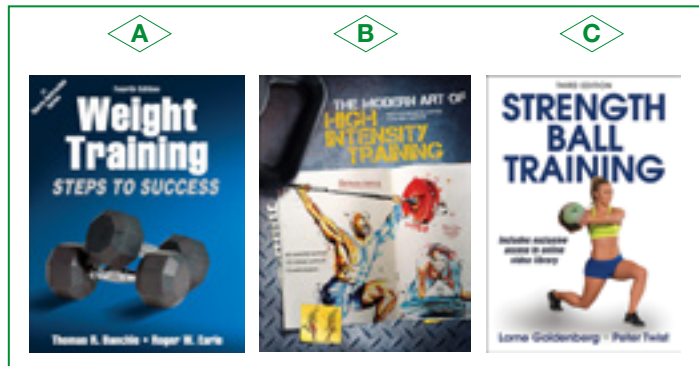
5m (50ft) x 2" Nylon cased indoor and outdoor battle rope Fluro orange in colour for day and night use as the ropes will create a glow effect when used at night under high powered lighting 15cm, high grip end caps prevent fraying of rope, reinforced steel caps with added snap springs prevent end caps from pulling off rope, super fine knurled surface significantly improves grip by offering a solid gripping surface Internal rope is sisal quality so it can also be used outdoors as sisal rope has a water resistant property Steel rings on rope ensure caps do not pull off Approx. 25kg in dead weight 2" battle ropes are highly recommended for strength training as the rope is heavier then a 1.5" rope thus demanding a higher degree of strength in order to get movement out of the rope

Books and Instructional Guides

	Z	687753	32.91	36.20
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Plyometrics provides instruction on assessment, selection, and sequencing of exercises for building the ideal program based on individual needs and goals. You'll also find nine sport-specific training regimens, including basketball, soccer, football, rugby, volleyball, and mixed martial arts.





Steps To Success - Weight Training

Take the guesswork out of strength training and understand the details of proper technique, weight loads, and reps. The no-nonsense approach will develop through a thorough, progressive approach to strength training with either free weights or machines. Learn which exercises target what muscles and how to perform each one correctly and safely. Then determine the amount of weight and the number of repetitions and sets that you should lift in order to achieve your objectives. Finally, develop a workout and program that fit your interests and training preferences.

Modern Art of High Intensity Training

Featuring 40 exercises, 127 workouts, and a 15-week program, it offers a visually stunning presentation of all things high intensity. Along with covering the five principles of high intensity training, its eye-catching illustrations convey the strength, power, and beauty of the movements.

Strength Ball Training

Inside you will find assessments to help you determine your current ability level and corrective exercises that address deficiencies. The exercises can be sequenced to create individual programs that target specific regions or enhance total-body performance. You'll learn to incorporate equipment such as cables, bands, and dumbbells for added versatility and increased resistance. And you'll be granted exclusive access to online videos demonstrating the most complex and advanced exercises.

Exercise Technique Manual for Resistance Training

Seventy resistance training exercises with step-by-step instructions, photos, and online video demonstration are explained. Every chapter contains a table that describes each exercise's concentric action, predominant muscle groups, and muscles involved, enabling readers to understand the impact of the exercises on each body region.

Fitness Balls

65cm Stediball

More than just a fitness ball The Stediball allows more explosive activity to be performed, which burns more calories, results in a higher heart rate and is specific to improving athletic performance. The fact that the Stediball won't roll away makes it the ideal fitness ball for the gymnasium, clinic, studio and office.

Fitness Balls

A very dynamic ball in texture and performance. Ball is extremely durable and hard wearing but maintains its flexibility. Burst resistant quality sees this ball recommended for commercial applications.

45cm Fitness Ball - Height range up to 150cm	310319	28.36	31.20
55cm Fitness Ball - Height range 150cm to 160cm	310338	33.91	37.30
65cm Fitness Ball - Height range 160cm to 180cm	310357	38.91	42.80
75cm Fitness Ball - Height range 180cm to 195cm	310376	42.09	46.30
85cm Fitness Ball - Height range 195cm and over	310380	47.55	52.30
100cm Fitness Ball - Recommended for commercial use	310395	52.73	58.00
Fitness Ball Base	310396	10.91	12.00

Made from strong and durable polypropylene the base keeps ball stable during exercise. Also has recesses to allow for use of exercise tubes with handles.

Fitness Ball Stacker

Set of 3 clear plastic rings that allow easy stacking of Fitness Balls on top of each other. Great for gymnasiums, schools & any facility where storage space is limited.

Fitness Ball Plug

Replacement plug for fitness balls. Plug fits all ball sizes.

Fitness Ball Double Action Pump

Heavy duty double action hand pump. Ideal for use on a wide range of inflatable products, especially Fitness Balls.

Fitness Dice

WOS Fitness Dice Set

Set of two heavy duty dice. Toss one & then the other to determine how many of and which exercise will be performed next. Exercise choices are Jumping Jacks, Push Ups, Toe Touch, Arm Circles, Sit Ups and One Foot Hops. 100mm square.

Dead, Gym and Wall Balls

Zeplin Rugby Power Balls

Australian made weighted drill ball made from durable Metflex material. Moulded in the traditional rugby ball shape this training aid will add new dimensions to skills and conditioning drills. Drills can be tailored to increase hand strength, promoting greater ball security. Develop firmer grip and as a consequence increase confidence in ball handling. The Zeplin can also be used in plyometric workouts as an effective tool for developing power. Effective as a stimulus for training core muscles to act as shock absorbers or decelerators. Adds variety to training routines.

Zeplin Rugby Power Ball - 3kg	K	310410	44.23	48.65
Zeplin Rugby Power Ball - 4kg	K1	310411	56.27	61.90

Double Grip Gym Balls

One piece moulded rubber ball with dual grip handles. Easily used by individuals or with partner.

Double Grip Gym Ball - 3kg	L	310404	30.00	33.00
Double Grip Gym Ball - 4kg		310405	33.00	36.30
Double Grip Gym Ball - 5kg		310406	40.00	44.00
Double Grip Gym Ball - 8kg		310407	62.00	68.20

Double Grip Gym Ball - 10kg

Gym Balls

Australian made. PVC outer, filled with air. Gym balls are evenly weighted and able to float and bounce making them ideal for land and water exercises.

Ref	Code	Ex. GST	Inc. GST
	310408	62.00	68.20
M			
Gym Ball - 1kg (195mm)	310412	17.77	19.55
Gym Ball - 2kg (200mm)	310425	29.05	31.95
Gym Ball - 3kg (250mm)	310450	43.45	47.80
Gym Ball - 4kg (250mm)	310474	52.68	57.95
Gym Ball - 5kg (250mm)	310499	63.23	69.55
Gym Ball - 6kg (250mm)	3104996	72.45	79.70
Gym Ball - 7kg (300mm)	3104997	82.50	90.75
Gym Ball - 8kg (300mm)	3104998	91.05	100.15
Gym Ball - 9kg (300mm)	3104999	100.27	110.30
Gym Ball - 10kg (300mm)	31049910	110.55	121.60
	31049912	107.09	117.80

12kg Rubber Gym Ball

Rubber outer, filled with air. Gym balls are evenly weighted and able to float and bounce making them ideal for land and water exercises. Not suitable for Slam exercises.

Gym Balls with Rope

High quality PVC gym ball with rope. Allows for a wide range of exercises, including swinging activities.

Gym Ball with Rope - 1kg	N	31049981	38.00	41.80
Gym Ball with Rope - 2kg	N1	31049982	50.64	55.70
Gym Ball with Rope - 3kg	N2	31049983	69.09	76.00
Gym Ball with Rope - 4kg	N3	31049984	76.45	84.10

Medicine Balls

Traditional medicine ball with hardwearing but pliable leather cover. Filled with clean material. Recommended for dry area exercising where low bounce is required.

Medicine Ball - 1.25kg		310520	22.73	25.00
Medicine Ball - 2.5kg		310539	34.18	37.60
Medicine Ball - 3kg		310559	46.91	51.60
Medicine Ball - 4kg		310578	55.64	61.20
Medicine Ball - 5kg		310598	69.00	75.90
Medicine Ball - 7kg		310599	92.05	101.25
Medicine Ball - 10kg		310600	103.86	114.25

Dead Balls

Dead Balls are great for slams, which involve the triple-extension of exercises like the snatch and the clean and press, performed violently in reverse. Slams are a great exercise for developing speed and power.

Dead Ball - 4kg		310500B	19.91	21.90
Dead Ball - 5kg		310500C	22.64	24.90
Dead Ball - 6kg		310500D	24.45	26.90
Dead Ball - 8kg		310500E	29.91	32.90
Dead Ball - 10kg		310500F	37.18	40.90
Dead Ball - 12kg		310500G	46.27	50.90
Dead Ball - 15kg		310500H	58.09	63.90
Dead Ball - 20kg		310500I	82.64	90.90
Dead Ball - 25kg		310500J	113.55	124.90
Dead Ball - 30kg		310500K	140.82	154.90

Wall Balls

The Wall Ball has an improved design, meaning its been created to withstand the high impact which occurs during the repetitive beating it will take during your workout. Constructed to be correctly weighted to ensure the ball is balanced, it is filled with recycled rubber granules and polyester fibre. With reinforced seams and joints, the overall feel of the Wall Ball is one of quality that will keep its shape and balance over time. Used within CrossFit workouts, these wall balls are a great addition to any workout. Warranty does not cover use as a slam ball on to the floor.

Wall Ball - 4kg		310502A	72.68	79.95
Wall Ball - 6kg		310502B	81.77	89.95
Wall Ball - 9kg		310502C	90.00	99.00
Wall Ball - 12kg		310502D	99.05	108.95
	R	310502T	134.50	147.95

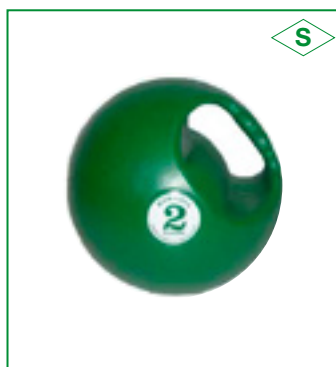
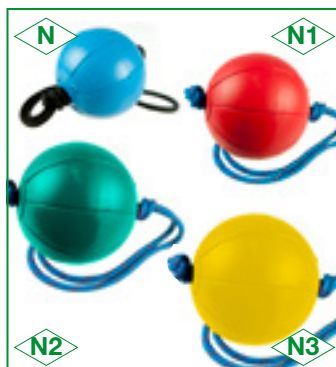
Wall Ball Target

The Wall Ball Target can be used as an addition to any rig in your commercial space. Designed so it can be bolted directly onto the rig itself or attached using the bracket provided, it extends 600mm off the rig on a 35 degree angle. The target itself is 10mm thick plate steel that has been manufactured with holes for easy installation at multiple heights on the 12ft upright.

Overballs

Hardwearing and durable PVC outer. With smooth handle can be picked up with hands and feet, ideal for training, conditioning and rehabilitation

Overball - 1kg		310507	17.86	19.65
Overball - 2kg	S	310508	20.00	22.00
Overball - 3kg	S1	310509	30.00	33.00
Overball - 4kg		310510	33.00	36.30
Overball - 5kg		310511	37.36	41.10





Ref Code Ex. GST Inc. GST

Resistance Bands and Tubing

Individual Jump Trainer

Training aid to assist with vertical jumping strength. Allows training to be completed without partner.

Strength Tube

Training aid for upper body strength, suitable for school, home and rehabilitation use. Does not include anchor fitting.

Resist-A-Band Strips

Used in rehabilitation and strengthening of joints in the musculature system. Used to provide resistance and a resultant increase in strength. These bands can be used throughout the rehabilitation process as it comes in varying grades of resistance. Resistance of bands increases by 30% from colour to colour.

Resist-A-Band Strips - 1.5m Yellow	310601	5.50	6.05
Resist-A-Band Strips - 1.5m Red	310602	5.82	6.40
Resist-A-Band Strips - 1.5m Green	310603	6.18	6.80
Resist-A-Band Strips - 1.5m Blue	310604	6.50	7.15
Resist-A-Band Strips - 1.5m Black	310605	6.82	7.50

AusBand - 25 metre

Progressive resistance exercise band. Comes in dispenser box with reel. 25m x 14.5cm.

AusBand - 25m Yellow	310601B	39.00	42.90
AusBand - 25m Red	310602B	43.27	47.60
AusBand - 25m Green	310603B	48.23	53.05
AusBand - 25m Blue	310604B	53.09	58.40
AusBand - 25m Black	310605B	63.91	70.30
Ausband - 25m Silver XX Firm	310607B	73.59	80.95

Austubing-Resistance Tubing - 30 metre

Used in rehabilitation and strengthening of joints in the musculature system. Used to provide resistance and a resultant increase in strength. This tubing can be used throughout the rehabilitation process as it comes in varying grades of resistance. Resistance of tubing increases by 30% from colour to colour.

Austubing-Resistance Tubing (x30m) Yellow	310609	53.09	58.40
Austubing-Resistance Tubing (x30m) Red	310610	61.50	67.65
Austubing-Resistance Tubing (x30m) Green	310611	68.91	75.80
Austubing-Resistance Tubing (x30m) Blue	310612	72.95	80.25
Austubing-Resistance Tubing (x30m) Black	310613	82.64	90.90

Resist-A-Band Handles (PR)

Handles for use with resist-a-bands or resistance tubing. Simply feed the band or tube through the locating hole to lock the handle to the band or tube.

Resistance Tube With Handles

1.25m tube with foam handles. Allows exercises to be performed through full range of motion.

Resistance Tube - Green (Light)	3106141	11.36	12.50
Resistance Tube - Blue (Medium)	3106142	11.73	12.90
Resistance Tube - Black (Firm)	3106143	12.27	13.50
Resistance Tube - Silver (Extra Firm)	3106144	12.64	13.90

Powerband

Used in resistance training and stretching exercises. Length is 104cm.

Powerband - 1cm Red	3106081	15.00	16.50
Powerband - 3cm Purple	3106082	22.00	24.20
Powerband - 5cm Green	3106083	30.00	33.00
Powerband - 6cm Blue	3106084	45.00	49.50
Powerband - 8cm Orange	3106085	50.00	55.00
Powerband - 10cm Grey	3106086	60.00	66.00

Microband Looped Latex - 30cm

Our Microbands are made of the highest quality latex available, offering maximum flexibility. Seam-free layered latex ensures a linear delivery of tension when stretched, superior strength - with no weak points. A simple latex loop in various thicknesses, thereby offers varying resistance and the flexibility for multiple uses including activating target muscle groups, rehabilitating injuries, injury prevention and cueing correct movement patterns. Available in 5 resistances there's a size to suit every athlete at all levels of fitness. User warning - Microbands are made of layered latex - latex sensitive people must not expose their skin to our latex Microbands.

Microband Looped Latex - Red (38mm width)	3106151	5.45	6.00
Microband Looped Latex - Orange (38mm width)	3106152	5.45	6.00
Microband Looped Latex - Yellow (51mm width)	3106153	5.45	6.00
Microband Looped Latex - Green (51mm width)	3106154	5.45	6.00
Microband Looped Latex - Blue (51mm width)	3106155	5.45	6.00

Stretchband

Stretchband, the new standard in stretching straps. Stretchband will greatly assist in the reduction of ailments. Including lower back pain, hamstring and calf muscle strains & tears. It is useful in the treatment of muscular strains following injury.

	Ref	Code	Ex. GST	Inc. GST
Stretchband - Sml (Red) Up to 170cm	J	310617	27.23	29.95
Stretchband - Med (Blue) 170 to 190cm		3106171	27.23	29.95
Stretchband - Lrg (Green) 190cm and Over		3106172	27.23	29.95

Plyometrics

Portable Jump Trainer	K	089960	44.00	48.40
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Jump trainer used to train for vertical jump gains includes harness and two flexicords.

Plyometric Boxes		311151S	317.27	349.00
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Set of four stackable plyometric boxes. One each of following heights 760mm, 615mm, 460mm and 315mm. Used in plyometric drills to improve speed and explosive power.

High Density Foam Plyometric boxes		311151	760.00	836.00
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One of each 15,30,45 & 60cm. Black vinyl finish with sturdy construction. Clear white printed sizes and branding. Velcro fixing for stacking multiple boxes. Suitable for home, PT or commercial use. Landing surface area of 73 x 90cm.

Suspension Training

TRX Strong System	L	310620H	200.00	220.00
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Effectively tone your upper body, lower body and core with the TRX Strong System. Offering complete body workouts, this system can be easily set up in any location so that you can take your workout with you. Equipped with a TRX Door Anchor and Suspension Anchor, the TRX Strong System also includes a 7 Simple Moves Chart And TRX Strong System Get Started Guide. Effectively tone your upper body, lower body and core. Offers complete body workouts. Easy set up in any location. Equipped with TRX Door Anchor and Suspension Anchor. Includes 7 Simple Moves Chart and TRX Strong System Get Started Guide. Convenient TRX mesh bag included.

Power Rings - Polycarbonate	M	310630	86.36	95.00
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Power Rings consist of two super-strong (indestructible) textured polycarbonate resin rings. Two equally strong number indexed nylon adjustable straps (can hold over 500kg of weight), and 2 adjustable cam buckles. The straps have a hang length of 3.0m.

Versa Bags	N			
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VersaBags are a new generation multifunction training system offering incredible versatility and exercise application. The only training tool that combines common Barbells, Dumbbells, Powerbags, Kettle Bells and Medicine balls all in one indestructible user friendly package. Totally Portable - Indoor or outdoor training on any surface. All Levels - Versatility and comfort suits all ages, fitness levels and training goals. Hardwearing - Soft flexible bags are constructed of heavy duty PVC to stand up to the harshest conditions. Dirt, dust or sweat simply wipes clean.. Does not include sand.

VersaBag - 5kg		310150	77.27	85.00
VersaBag - 10kg		31015010	86.36	95.00
VersaBag - 15kg		31015015	90.91	100.00
VersaBag - 20kg		31015020	100.00	110.00
VersaBag - 25kg		31015025	109.09	120.00
VersaBag - 30kg		31015030	118.18	130.00
VersaBag - 35kg		31015035	122.73	135.00
VersaBag - 40kg		31015050	140.91	155.00

Aerobics and Step Boards

Aerobic Step	O	311149	79.95	87.95
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Height adjustable aerobic step with platform size 900mm x 325mm. Three adjustments blocks to allow settings at 150mm, 200mm and 250mm. Platform fitted with shock absorbing non skid surface.

Fitness Audio "Aeromic" UHF System		083581	1145.33	1259.85
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16 channel UHF diversity wireless mic system complete with sweat treated bodypack transmitter and top of the range Aeromic headworn microphone suitable for intensive use in classes 7 days a week.

Cardio Equipment

Cardio Cycles

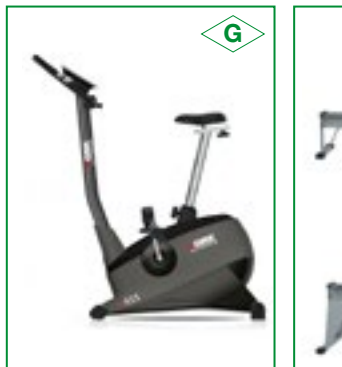
Intenza 550UBi Upright Bike	P	311315	3611.32	3972.45
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Easy-on, easy-off access with low crossover design. Large, 18-character LED message center provides a clear visual of all information needed including: Heart rate, resistance level, time, RPM, calories, watts, distance, speed, workout summary, and workout profile. 40 resistance levels. 7 watts minimum (level 1 at 20 RPM), 640 watts maximum (level 40 at 150 RPM) OptiTrain fitness modes sustain the challenge without the guesswork. Bike mode allows users to workout at a fixed resistance level regardless of pedal speed. Power mode allows users to workout at a fixed workload measured in Watts so pedal speed adjusts resistance. Download workout results easily to USB for work rate analysis and performance training purposes.

Intenza 550RBI Recumbent Bike	Q	311316	3611.32	3972.45
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Easy-on, easy-off access with low crossover design. Large, 18-character LED message center provides a clear visual of all information needed including: Heart rate, resistance level, time, RPM, calories, watts, distance, speed, workout summary, and workout profile. 40 resistance levels. 7 watts minimum (level 1 at 20 RPM), 640 watts maximum (level 40 at 150 RPM) OptiTrain fitness modes sustain the challenge without the guesswork. Bike mode allows users to workout at a fixed resistance level regardless of pedal speed. Power mode allows users to workout at a fixed workload measured in Watts so pedal speed adjusts resistance. Download workout results easily to USB for work rate analysis and performance training purposes.





Ref	Code	Ex. GST	Inc. GST
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Spirit CS800 Spin Bike

A	311317	1340.00	1474.00
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Ergonomically correct design, 22.5kg prevision balanced chrome flywheel. Heavy duty oval tubing 2mm wall thickness for added strength. Smooth durable belt drive. Infinite horizontal micro adjustments for seat and handlebar. Ergonomic handlebar design offering riders multiple hand positions. Superior crank system to withstand force. Dual sided pedals with SPD compatibility. Anatomically designed saddle for peak comfort. Water bottle and adjustable holder. Maximum User Weight: 136kg.

Vision E3200HRT Upright Cycle

B	311320	1817.27	1999.00
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Premier console, 7 programs with blue backlit LCD screen. Comes with 9.5kg flywheel, 20 resistance levels and multi position handlebars. Max user weight 136kg.

Vision U70HRT Upright Cycle

C	311321	2817.27	3099.00
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Self generating with 21 programs including SPRINT 8. 20 program levels, 18 3/8" stride length. Contact and telemetric heart rate. Max user weight 182kg.

Vision R2250HRT Recumbent Cycle

D	311322	2362.73	2599.00
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Premier console, 18 programs with blue backlit LCD screen. Program quick keys. Comes with 11kg flywheel, 20 resistance levels and reclining mesh seat. Max user weight 136kg.

Vision R70HRT Recumbent Bike

E	311323	3271.82	3599.00
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Self generating with 21 programs including Sprint 8, continual feedback console, 20 program levels and 28 position aluminium seat. Max user weight 182kg.

Air Fit Bike V2 Edition

F	311392	1099.00	1208.90
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Console key features are: 1. Settings are age dependent 2. Either allows you to just press start for manual operation or you can choose from one of the 7 preset programs using the shortcut on the right side of the console for the specific programs. 3. In standby mode the console will enter sleep mode if left for 30 seconds 4. Simply hold the stop key to reset all values for the next user. 5. Console will switch off after 1 minute of non use. Air Fit 2.0 is setting the standard for Air bikes and constructed with materials to the highest industry commercial standards to withstand massive workout sessions that you are bound to have on this beast of a bike.

York C415 Upright Bike

G	311397	726.36	799.00
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32 levels of electronic resistance, 3 piece crank, 10kg flywheel, 140kg maximum user weight. 131x59mm blue backlight LCD, hand pulse sensors. Computer displays: scan, time, speed, distance, calories, pulse, recovery, RPM. Extra large cushioned seat for comfort, adjustable stabilizer for uneven surfaces, rack and slide seat adjustment. Adjustable handlebars, wheels for transportation.

Cardio Rowers

Concept II Rower Model D

H	311395	1350.00	1485.00
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The new model D builds on 20 years of experience in building and designing rowers. Features include new performance monitor, the PM5 and LogCard function. Quieter flywheel enclosure. New ergonomically designed handle. Generator providing power to the monitor during use, extending battery life. New colour scheme and graphics.

Concept II Rower Model E

I	3113951	1500.00	1650.00
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Model E features: * PM5 Performance Monitor is standard on all Model E Indoor Rowers. * Longer monitor arm makes it easy to reach the PM5 * The frame is 15cm higher than Model D positioning you at a comfortable seat height * One-piece leg design for greater stability and solid feel * Nickel plated chain for low-maintenance and a clean look * Fully enclosed chain housing for easy cleaning * Powder-coated frame is sealed with a clear top coat for extra durability. * Light metallic gray finish with dark blue-gray accents.

Concept II PM5 Performance Monitor

	311396	271.82	299.00
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The PM5 provides distance, speed, pace, calories, and watts for each workout you do, and you can choose between five display options: all data, force curve, bar chart, large print and having a paceboat/pacer. The PM5s backlit display provides increased visibility. It illuminates automatically when the monitor powers up and stays illuminated during your workout. The PM5 supports ANT+ and Bluetooth Smart for wireless heart rate monitoring. To use this feature, you will need a chest belt that supports one of these transmission technologies. Please note that the PM5 supports Bluetooth Smart, not Bluetooth, which is a different technology.

Cardio Steppers

Intenza 550ETI Elliptical

J	311345	7194.00	7913.40
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16 ramp angle levels (13-40) work multiple muscles with a simple, console-controlled, incline adjustment. Facility operators can preset maximum usage times during peak hours so everybody gets a chance to enjoy the Intenza machines. Large, 18-character LED message center provides a clear visual of all information needed including: Heart rate, resistance level, time, SPM, calories, watts, distance, speed, workout summary, and workout profile. Step-up height of 35cm. Pedal-to-Pedal distance of 6cm. 40 resistance levels. 15 watts minimum (level 1 at 40 SPM), 630 watts maximum (level 40 at 150 SPM).

Vision S7200HRT Elliptical Trainer

K	X6600HRT	4544.55	4999.00
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The S7200HRT features 16 innovative programmes, including SPRINT 8, four HRT, four custom user, three goal, and four variable stride-based body-sculpting programmes. Equipped with a telemetric chest strap, it allows you to conveniently monitor your heart rate. Multiple feedback windows on the Quick-Set LED display, one of which is dedicated to heart rate feedback, also display distance, time, strides per minute, resistance, incline, watts, calories and METs.

Cardio Treadmills

	Ref	Code	Ex. GST	Inc. GST
FreeForm F2000 Commercial Treadmill	L	311603	3359.36	3695.30

Stylish, comfortable, resilient and loaded with features, the FreeForm F2000 is a commercial treadmill designed for the modern fitness club. The massively powerful HiTorque Commercial Motor with 6 CHP provides efficient and smooth feeling with low impact comfort provided by the innate FreeFlex Precision Cushioning. Maintenance is easy with the built-in EzyCare Self Lubrication system giving you more time to train, focus on your clients and build your fitness company. Running Deck: 1600 x 570mm (63 x 22.5 inches). Speed: 0.5 - 22km/h OneTouch Quick Speed Controls. Incline: 18 Levels OneTouch Quick Incline Controls. Footprint: 215 x 860 x 150cm. Weight Capacity: 200kg Max User Weight.

Healthstream Encore ECT7 Treadmill	M	311601	4290.00	4719.00
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Powerful AC 3.0 HP continuous motor Speed range: 1.0 - 20km/h Precise commercial grade incline control from 0 -15% LED console with 7 Preset, 3 Heart rate, 3 goals & 1 user defined programs Contact & Wireless Heart Rate System Bright colour fingertip controls for both speed and incline adjustments for immediate and convenient control of the treadmill Activity Zone that conveniently places the most commonly used controls within easy reach. Instant speed and incline adjustment buttons with the simple press of the buttons. Commercial grade PulFlexx suspension system provides maximum shock and noise absorption (2.5mm reversible deck) Running area: 50.8 x 152.4 cm User weight 160kgs.

Matrix T1X Treadmill	N	311602	5817.27	6399.00
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Large LED display provides easy viewing and simple controls. Ultimate Deck System for superior performance and durability. Low 19 cm / 7.5" step-on height for easy accessibility. 3.0hp AC Dynamic Response Drive System with 3 year motor warranty.

Rubber Treadmill Mat (1800mm x 1000mm)	O	311610	118.18	130.00
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Rubber floor mat designed to be placed under treadmills. Manufactured with bevelled edges to minimise tripping hazard. Available in plain black only.

Barbells and Collars

Barbell Padding	P	6499	22.14	24.35
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For maximum foam cushioning and protection of your neck, whilst supporting heavy loads across your upper traps, such as the free squat.

Manta Ray Lifting Device	Q	LAMR	87.50	96.25
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Lifting device for back squats. Evenly distributes load.

Straight Barbell 1900mm		BS190R	67.00	73.70
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Chrome plated alloy bar, with moveable (allen key) inner collar. Complete with red outer collars. 28mm diameter.

Chrome Barbell 1800mm		990950	62.50	68.75
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180cm standard imported chrome plated barbell supplied with black collars. 26.5mm diameter barbell. 12kg barbell weight. Fixed inner collar. Moveable outer collar ("L" screw lock). Not warrantable for commercial use.

Olympic Straight Barbell 1680mm	R	990955	418.73	460.60
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170cm small ABC Olympic barbell. Alloy bar with black nitride finish. 300mm long x 50mm diameter black nitride rotating sleeves. 500kg rating. Durable bronze bushing for general gym use. Australian made. 16kg weight.

Force USA Patriot Barbell 28mm 20kg	S	999749	307.09	337.80
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The Patriot Barbell is the ideal barbell for entry level right through to moderate lifters. Designed as an All-Rounder, the Patriot Barbell has features to meet Weightlifting, Olympic Weightlifting, Powerlifting and multi purpose barbell requirements to perform a vast array of barbell exercise movements. This barbell has good whip so its forgiving but can progress your lifting form. Knurling dimensions and IPF/IWF spec positioning with a comfortable 28mm shaft give great grip for variable exercises and holds whilst still being comfortable. The Patriot Barbell has 4x bearings which give the sleeves great spin. Combined with bronze bushings, the bar has an extremely smooth feel throughout the lift.

Olympic Trap / Hex Barbell		999750	235.00	258.50
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The Trap bar deadlift is widely regarded as one of the best lifts for athletic development. A hybrid of the squat and the conventional deadlift, the Trap bar deadlift is both knee and back friendly when performed correctly. 24kg weight, 181cm overall length. 45cm plate loading space each end. Dual handle design provides two lifting height options. 60cm optimized spacing between handles. 50mm diameter sleeves to suit Olympic plates. 25mm diameter knurled handles, chrome finish. Alternate uses include presses, farmers walk, rowing and shrugs.

Olympic EZ Curl Bar 1540mm	T	999751	387.50	426.25
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ABC EZ 154cm Olympic barbell. Alloy bar with black nitride finish. 260mm long x 50mm diameter black nitride rotating sleeves. 500kg rating. Durable bronze bushing for general gym use. Australian made. 20kg weight.

Olympic Barbell 680kg - Thrust Bearings	U	999752	500.00	550.00
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220cm ABC Olympic barbell. Alloy bar with black nitride finish. 440mm long x 50mm diameter black nitride rotating sleeves. 500kg rating. Durable bronze bushing for general gym use. Australian made. 20kg weight.

Olympic High Tensile Bar 2200mm		999753	500.00	550.00
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220cm ABC Olympic barbell. Alloy bar with black nitride finish. 440mm long x 50mm diameter black nitride rotating sleeves. 500kg rating. Durable bronze bushing for general gym use. Australian made. 20kg weight.

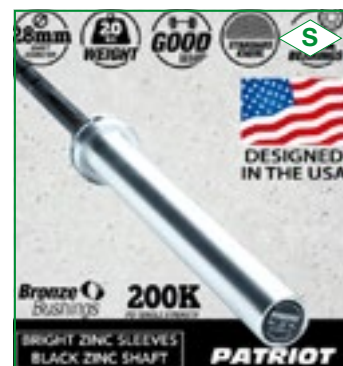
Collars

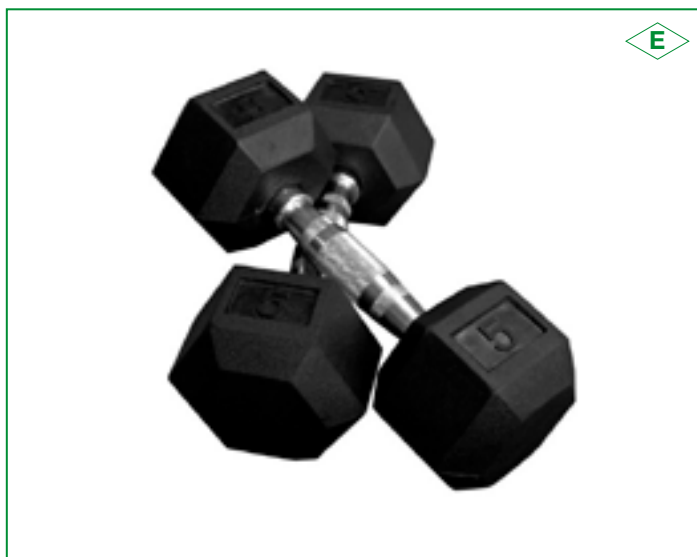
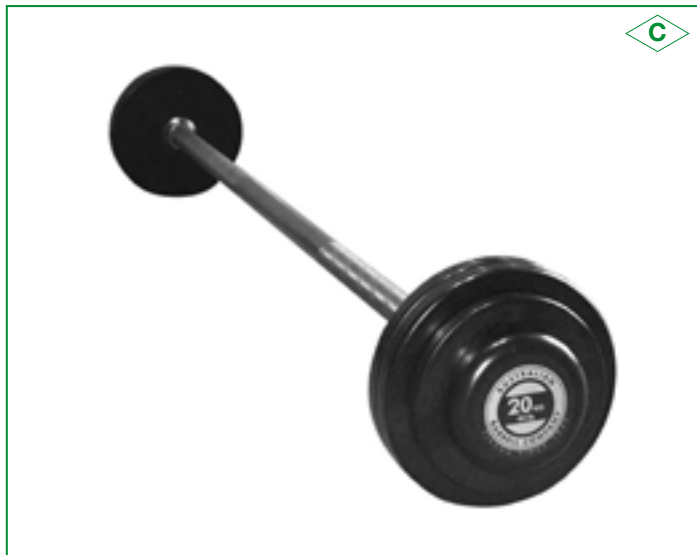
Olympic Bar Locking Collar - Spring	V	999754	25.00	27.50
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Imported Olympic spring collars - 52mm (pair)

Olympic Bar Locking Collar - Cast	W	999755	52.50	57.75
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Imported Olympic cast collars - 52mm - with wing nut (pair)





	Ref	Code	Ex. GST	Inc. GST
Standard Bar Locking Collar - Spring	A	999756	5.59	6.15
Imported chrome spring collar (26mm) with black grips. (pair)				
Olympic Black Lever Collar - Pair		COL-BK	30.00	33.00
Olympic Lever Collar - Black. Supplied as (pair).				
Red Outer Bar Collar	B	CSOR	18.18	20.00
Uses 'L' screws to hold onto bar. Suits 28mm diameter bar.				
Barbell Collars		990925	8.05	8.85
1lb barbell collar, suits barbell with 28mm diameter.				

Fixed Straight Barbells

	C			
Fixed stainless steel barbell with blue rubber plates flush mounted.				
Straight Stainless Fixed Barbell - 5kg	999758	130.00	143.00	
Straight Stainless Fixed Barbell - 7.5kg	999758A	140.00	154.00	
Straight Stainless Fixed Barbell - 10kg	999758B	169.09	186.00	
Straight Stainless Fixed Barbell - 12.5kg	999758C	180.91	199.00	
Straight Stainless Fixed Barbell - 15kg	999758D	193.64	213.00	
Straight Stainless Fixed Barbell - 17.5kg	999758E	205.45	226.00	
Straight Stainless Fixed Barbell - 20kg	999758F	218.18	240.00	
Straight Stainless Fixed Barbell - 22.5kg	999758H	230.00	253.00	
Straight Stainless Fixed Barbell - 25kg	999758I	242.73	267.00	
Straight Stainless Fixed Barbell - 27.5kg	999758J	254.55	280.00	
Straight Stainless Fixed Barbell - 30kg	999758K	267.27	294.00	
Straight Stainless Fixed Barbell - 32.5kg	999758L	279.09	307.00	
Straight Stainless Fixed Barbell - 35kg	999758M	291.82	321.00	
Straight Stainless Fixed Barbell - 37.5kg	999758N	303.64	334.00	
Straight Stainless Fixed Barbell - 40kg	999758O	316.36	348.00	
Straight Stainless Fixed Barbell - 42.5kg	999758P	328.18	361.00	
Straight Stainless Fixed Barbell - 45kg	999758Q	340.91	375.00	
Straight Stainless Fixed Barbell - 47.5kg	999758R	352.73	388.00	
Straight Stainless Fixed Barbell - 50kg	999758S	365.45	402.00	
Straight Stainless Fixed Barbell - 52.5kg	999758T	377.27	415.00	
Straight Stainless Fixed Barbell - 55kg	999758U	389.09	428.00	
Straight Stainless Fixed Barbell - 57.5kg	999758V	401.82	442.00	
Straight Stainless Fixed Barbell - 60kg	999758W	413.64	455.00	
Straight Stainless Fixed Barbell - 62.5kg	999758X	426.36	469.00	
Straight Stainless Fixed Barbell - 65kg	999758Y	438.18	482.00	
Straight Stainless Fixed Barbell - 67.5kg	999758Z	450.91	496.00	

Dumbbell

Spin Lock Dumbbell Handle & Collars 14"	D	992598	13.77	15.15
Imported 35cm (14") adjustable spinlock dumbbell handle. Chrome finish, fixed handle and rubber ring collars. Sold individually.				

Rubber Ended Hex Dumbbells

Cast dumbbell with hexagonal heads. Rubber coated finish, sold in pairs.				
Rubber Ended Hex Dumbbells - 1kg (Pair)	992520	8.73	9.60	
Rubber Ended Hex Dumbbells - 2kg (Pair)	992521	17.41	19.15	
Rubber Ended Hex Dumbbells - 3kg (Pair)	992522	26.14	28.75	
Rubber Ended Hex Dumbbells - 4kg (Pair)	992523	34.82	38.30	
Rubber Ended Hex Dumbbells - 5kg (Pair)	992524	43.50	47.85	
Rubber Ended Hex Dumbbells - 6kg (Pair)	992525	52.23	57.45	
Rubber Ended Hex Dumbbells - 7kg (Pair)	992526	60.91	67.00	
Rubber Ended Hex Dumbbells - 8kg (Pair)	992527	69.59	76.55	
Rubber Ended Hex Dumbbells - 9kg (Pair)	992528	78.32	86.15	
Rubber Ended Hex Dumbbells - 10kg (Pair)	992529	87.00	95.70	
Rubber Ended Hex Dumbbells - 12.5kg (Pair)	992530	108.77	119.65	
Rubber Ended Hex Dumbbells - 15kg (Pair)	992531	130.50	143.55	
Rubber Ended Hex Dumbbells - 17.5kg (Pair)	992532	152.27	167.50	
Rubber Ended Hex Dumbbells - 20kg (Pair)	992533	174.00	191.40	
Rubber Ended Hex Dumbbells - 22.5kg (Pair)	992534	195.77	215.35	
Rubber Ended Hex Dumbbells - 25kg (Pair)	992535	217.50	239.25	
Rubber Ended Hex Dumbbells - 27.5kg (Pair)	992536	239.27	263.20	
Rubber Ended Hex Dumbbells - 30kg (Pair)	992537	261.00	287.10	
Rubber Ended Hex Dumbbells - 32.5kg (Pair)	992538	282.77	311.05	
Rubber Ended Hex Dumbbells - 35kg (Pair)	992539	304.50	334.95	

Vinyl Coated Dumbbells

Cast dumbbell with hexagonal heads. PVC dipped finish, sold in pairs.				
Vinyl Coated Dumbbells - 0.5kg (Pair)	F	992540	4.73	5.20
Vinyl Coated Dumbbells - 1kg (Pair)	F1	992541	9.50	10.45
Vinyl Coated Dumbbells - 1.5kg (Pair)	F2	992541.5	14.27	15.70

	Ref	Code	Ex. GST	Inc. GST
Vinyl Coated Dumbbells - 2kg (Pair)	F3	992542	19.00	20.90
Vinyl Coated Dumbbells - 2.5kg (Pair)	F4	992542.5	23.73	26.10
Vinyl Coated Dumbbells - 3kg (Pair)	F5	992543	28.50	31.35
Vinyl Coated Dumbbells - 3.5kg (Pair)	F6	992543.5	33.27	36.60
Vinyl Coated Dumbbells - 4kg (Pair)	F7	992544	38.00	41.80
Vinyl Coated Dumbbells - 4.5kg (Pair)	F8	992544.5	42.77	47.05
Vinyl Coated Dumbbells - 5kg (Pair)	F9	992545	47.50	52.25
Vinyl Coated Dumbbells - 6kg (Pair)	F10	992546	57.00	62.70
Vinyl Coated Dumbbells - 7kg (Pair)	F11	992547	66.50	73.15
Vinyl Coated Dumbbells - 8kg (Pair)	F12	992548	76.00	83.60
Vinyl Coated Dumbbells - 9kg (Pair)	F13	992549	85.50	94.05
Vinyl Coated Dumbbells - 10kg (Pair)	F14	99254910	95.00	104.50

Fixed Rubber Dumbbells

Designa fixed dumbbells. Machined, contoured, stainless steel handle. Rubber plates. Uses unique 'triple locking' mechanism. Large printed end plate with size helps ensure dumbbells are put back in correct place. Designed specially to suit commercial use.

Fixed Rubber Dumbbells - 2.5kg	G	992551A	164.73	181.20
Fixed Rubber Dumbbells - 5kg		992551B	192.00	211.20
Fixed Rubber Dumbbells - 7.5kg		992551C	219.27	241.20
Fixed Rubber Dumbbells - 10kg		992551D	246.55	271.20
Fixed Rubber Dumbbells - 12.5kg		992551E	272.73	300.00
Fixed Rubber Dumbbells - 15kg		992551F	300.00	330.00
Fixed Rubber Dumbbells - 17.5kg		992551G	327.27	360.00
Fixed Rubber Dumbbells - 20kg		992551H	354.55	390.00
Fixed Rubber Dumbbells - 22.5kg		992551I	380.73	418.80
Fixed Rubber Dumbbells - 25kg		992551J	408.00	448.80
Fixed Rubber Dumbbells - 27.5kg		992551K	435.27	478.80
Fixed Rubber Dumbbells - 30kg		992551L	462.55	508.80
Fixed Rubber Dumbbells - 32.5kg		992551M	488.73	537.60
Fixed Rubber Dumbbells - 35kg		992551N	516.00	567.60
Fixed Rubber Dumbbells - 37.5kg		992551O	543.27	597.60
Fixed Rubber Dumbbells - 40kg		992551P	570.55	627.60
Fixed Rubber Dumbbells - 42.5kg		992551Q	596.73	656.40
Fixed Rubber Dumbbells - 45kg		992551R	624.00	686.40
Fixed Rubber Dumbbells - 47.5kg		992551S	651.27	716.40
Fixed Rubber Dumbbells - 50kg		992551T	678.55	746.40
Fixed Rubber Dumbbells - 52.5kg		992551U	704.73	775.20
Fixed Rubber Dumbbells - 55kg		992551V	732.00	805.20
Fixed Rubber Dumbbells - 57.5kg		992551W	759.27	835.20
Fixed Rubber Dumbbells - 60kg		992551X	785.45	864.00
Fixed Rubber Dumbbells - 65kg		992551Y	840.00	924.00
Fixed Rubber Dumbbells - 70kg		992551Z	894.55	984.00

Dumbbell Sets

Designa Stainless Steel Dumbbells 14 Prs H DDSS14 2620.00 2882.00
Stainless steel dumbbells with black rubber inserts on ends, reduces wear and tear on floor surfaces. Sold in set of 14 pairs with one pair of 1kg to 10kg then 12.5kg, 15kg, 17.5kg and 20kg. Storage tower available see product RDT14.

Designa Fixed Dumbbell Sets

Set of 10 pairs of dumbbells with weight increasing in 2.5kg increments. Rubber Discs with Chrome Handles.

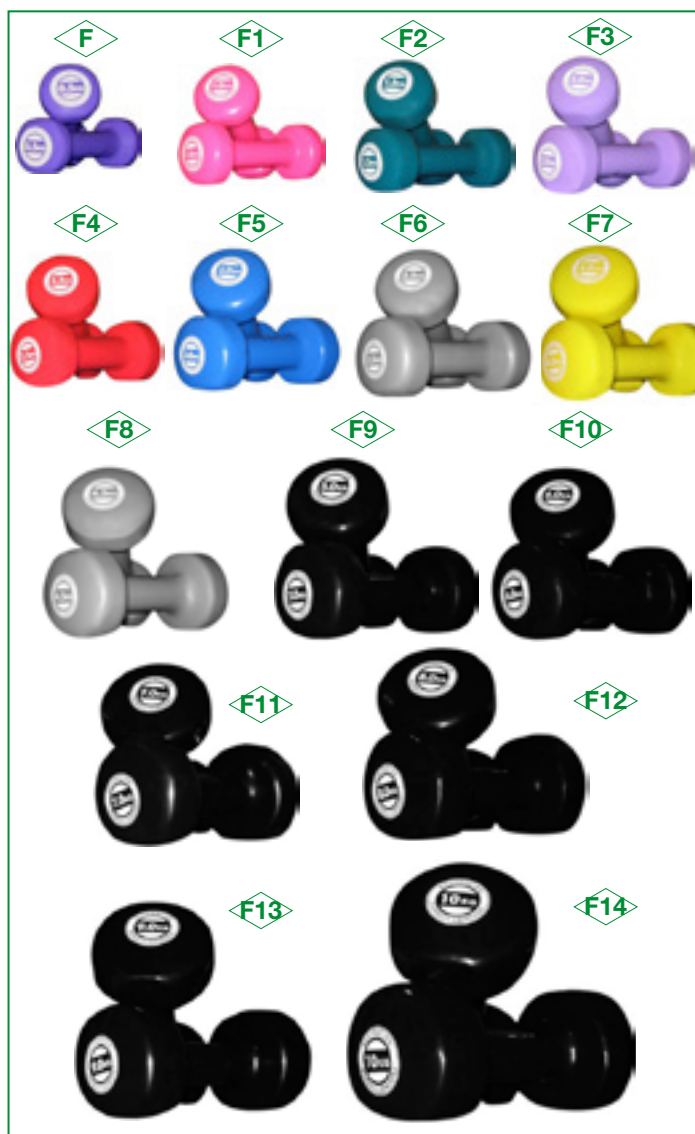
Designa Fixed Dumbbell Set - 2.5-25kg	DFCRS1	2864.73	3151.20
Designa Fixed Dumbbell Set - 27.5-50kg	DFCRS3	5564.73	6121.20

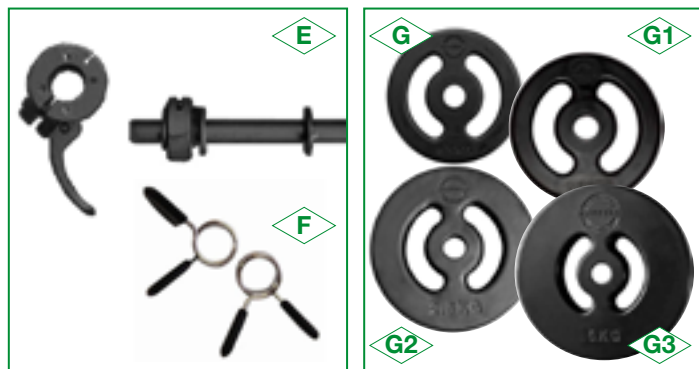
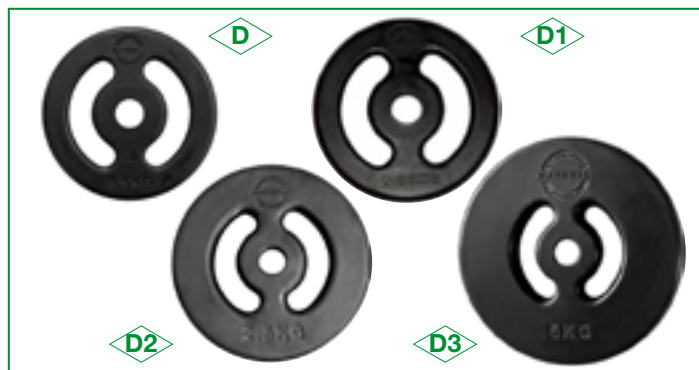
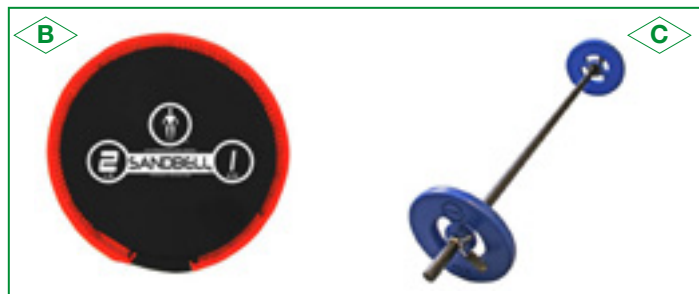
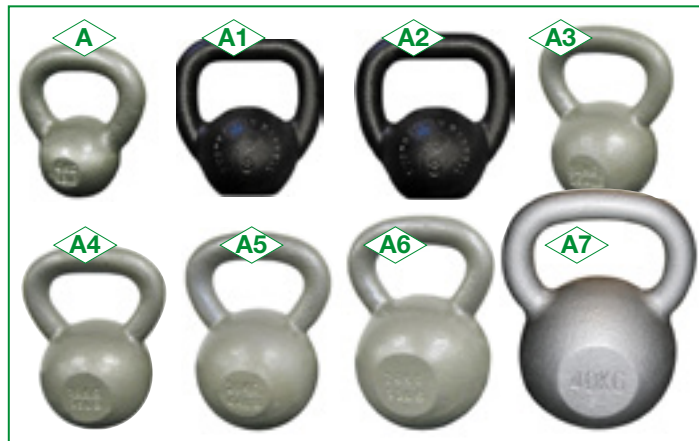
Kettle Bells

Vinyl Kettlebells

Stylish new designed Kettlebell weight with easy grip handle. Vinyl Case and rubber anti slip base. Designed for core stability and functional workouts for all bodyparts.Space saving functional fitness training.

Vinyl Kettlebell - 2kg	I	992598A	5.36	5.90
Vinyl Kettlebell - 3kg		992598B	8.05	8.85
Vinyl Kettlebell - 4kg		992598C	10.73	11.80
Vinyl Kettlebell - 6kg	I1	992598D	16.09	17.70
Vinyl Kettlebell - 8kg	I2	992598E	21.45	23.60
Vinyl Kettlebell - 10kg	I3	992598F	26.82	29.50
Vinyl Kettlebell - 12kg		992598G	32.18	35.40
Vinyl Kettlebell - 14kg	I4	992598H	37.55	41.30
Vinyl Kettlebell - 16kg		992598I	42.86	47.15
Vinyl Kettlebell - 18kg		992598J	48.23	53.05
Vinyl Kettlebell - 20kg	I5	992598K	53.59	58.95





Kettle Bells

Black hammertone cast kettle bell. Used in large range of drills for strength, power and endurance.

Ref	Code	Ex. GST	Inc. GST
Kettle Bell - 4kg	A	992599	27.50
Kettle Bell - 6kg	A1	9925991	40.00
Kettle Bell - 8kg	A2	992600	50.00
Kettle Bell - 12kg	A3	9926001	75.00
Kettle Bell - 16kg	A4	9926002	87.50
Kettle Bell - 20kg	A5	9926003	100.00
Kettle Bell - 24kg	A6	9926004	112.50
Kettle Bell - 32kg		9926005	143.77
Kettle Bell - 40kg	A7	9926006	175.00

Sandbells

Sandbells

B

SandBell is a cross between a sandbag, a dumbbell, a barbell, a grip bag, a medicine ball, a slam ball, a stability pod, a gliding disk, and a kettlebell. Made of tough stretchy neoprene, the SandBell is the most versatile and enjoyable functional weight training tool on the market. Sizes range from 1kg to 23kg. Even more amazing is that the SandBell utilizes a patent pending fill mechanism that allows the end user to fill or empty the SandBell with dry play sand.

Sandbell - 1kg	992610	15.00	16.50
Sandbell - 2kg	9926101	17.14	18.85
Sandbell - 3kg	99261010	21.45	23.60
Sandbell - 3.5kg	99261011	25.73	28.30
Sandbell - 4.5kg	9926102	32.18	35.40
Sandbell - 5.5kg	9926103	37.55	41.30
Sandbell - 7kg	9926104	48.23	53.05
Sandbell - 9kg	9926105	64.32	70.75
Sandbell - 11kg	9926106	77.73	85.50
Sandbell - 14kg	9926107	91.14	100.25
Sandbell - 18kg	9926108	112.55	123.80
Sandbell - 23kg	9926109	123.27	135.60

Pump Bar Sets

Pump Bar Set

C

Pump bar set for pump exercises includes following: 150cm Bar 2 x 1.25kg weights 2 x 2.5kg weights 2 x 5kg weights 2 spring collars. All weights are rubber coated.

Rubber Coated Weight Disc

Standard rubber coated smiley plate - black. 2 hand holes per plate to facilitate easy loading onto bars. Can also be used as a hand weight. 27mm bore hole. Does not fit on ABC standard bars as bore hole is too small.

Rubber Coated Weight Disc - 0.5kg	D	PSRC0.5	3.00	3.30
Rubber Coated Weight Disc - 1.25kg	D1	PSRC1.25	7.45	8.20
Rubber Coated Weight Disc - 2.5kg	D2	PSRC2.5	14.86	16.35
Rubber Coated Weight Disc - 5kg	D3	PSRC5	29.68	32.65
150cm Pump Bar & Collars		BCDS	39.00	42.90

150cm hollow class bar with spring collars. 2kg weight for bar. 25kg to 30kg maximum weight plate capacity. Suits smiley plates. Australian made bar.

Plastic Lever Collars for Pump Bar (Pr)

E

Maximum bar diameter 26mm.

Spring Collars for Pump Bar Set (Pr)

F

Replacement collars for pump bar sets.

Weight Plates

Standard Rubber Coated Smiley

Standard rubber coated smiley plate - black. 2 hand holes per plate to facilitate easy loading onto bars. Can also be used as a hand weight. 27mm bore hole.

Standard Rubber Coated Smiley - 0.5kg	G	999706R	2.36	2.60
Standard Rubber Coated Smiley - 1.25kg	G1	999707R	5.95	6.55
Standard Rubber Coated Smiley - 2.5kg	G2	999708R	11.86	13.05
Standard Rubber Coated Smiley - 5kg	G3	999716R	23.77	26.15
Standard Rubber Coated Smiley - 10kg		999724R	47.50	52.25

Olympic Rubber Coated Weight

Olympic rubber coated weight plate - black. 52mm bore hole.

Olympic Rubber Coated Weight - 1.25kg		9997841	8.14	8.95
Olympic Rubber Coated Weight - 2.5kg	H	9997842	16.27	17.90
Olympic Rubber Coated Weight - 5kg		999785	32.50	35.75
Olympic Rubber Coated Weight - 10kg	H1	999786	65.00	71.50
Olympic Rubber Coated Weight - 15kg		999792	97.50	107.25
Olympic Rubber Coated Weight - 20kg		999797	130.00	143.00
Olympic Rubber Coated Weight - 25kg	H2	999798	162.50	178.75

Olympic Rubber Coloured Grips

A range of premium commercial quality rubber coated grip plates in traditional Olympic colours. Featuring hand grips to enable safe and simple lifting and loading. Built to last, these grip plates are a staple in gyms and fitness centres all over Australia. Bore hole size is 52.5mm.

Ref	Code	Ex. GST	Inc. GST
	I		
Olympic Rubber Coloured Grips - 10kg	PORCGGRE10	63.59	69.95
Olympic Rubber Coloured Grips - 15kg	PORCGYEL15	95.41	104.95
Olympic Rubber Coloured Grips - 20kg	PORCGBLU20	127.18	139.90
Olympic Rubber Coloured Grips - 25kg	PORCGRED25	159.00	174.90

Benches

Flat Bench	J	999801	521.27	573.40
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Commercial grade heavy duty flat bench. 115.9cm (L) x 90cm (W) x 42cm (H) Weight: 25kg.

Adjustable Flat Bench	K	999802	791.95	871.15
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Commercial grade heavy duty adjustable bench. 140cm (L) x 72.5cm (W) x 130cm (H) Weight: 40kg.

Olympic Bench Press	L	999803	1550.00	1705.00
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Commercial grade bench press with stainless steel protective angled rack system, with height adjustable stainless steel racking pins. Safe and easy racking of loaded bar. Exhausted users are able to safely slam bar back onto rack and slide down to pins. Optional stainless steel plate storage pins are available.

Olympic Incline Bench Press Adjustable	M	999808	1850.00	2035.00
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Adjustable incline angle and seat height. Spotters stand. Stainless steel protective angled rack system, with height adjustable stainless steel racking pins. Safe and easy racking of loaded bar. Exhausted users are able to safely slam bar back onto rack and slide down to pins. Optional stainless steel plate storage pins are available.

Bench with Arm and Leg Curl Attachments	N	999809	286.73	315.40
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The Force USA MyBench is a heavy duty FID bench designed to fit perfectly with your MyRack. The MyBench offers both a Leg Extension/Curl attachment and a Preacher Pad attachment, the great thing about the MyBench is that both of these attachments come with the bench and are easily interchangeable. The structure at the front is a single tube, which means you won't hit your feet on the tubing when using the leg extension attachment, a nice improvement from previous models. The MyBench also features a shark tooth design for ease of movement between the incline and decline position. The MyBench includes: 1x MyBench FID Bench, 1x Leg Extension/Leg Curl Attachment, 1x Preacher/Arm Curl Attachment.

Flat Incline Decline Bench	O	999810	284.14	312.55
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The Force USA Flat to Incline/Decline Bench is a solid unit and provides free weight exercises to build a rock solid body! The back rest features two piece DuraCore high density foam which is extremely comfortable and will not bottom out during your workout, along with fully adjustable back rest you can workout in flat to incline (90 degrees) and decline positions which will help give you many exercise positions for rock solid results! Combine with a power rack, smith machine or squat racks for the ultimate workout! Assembled Dimensions (LxWxH): Upright position: 158cm x 64cm x 130cm Flat position: 158cm x 64cm x 51cm.

Heavy Duty Flat Bench	P	BHF	240.00	264.00
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Heavy duty flat bench no press. Cushion dimensions: 118cm x 25cm x 6cm. Heavy duty construction suitable for commercial use.

Adjustable Incline Bench	Q	BHI	468.00	514.80
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Adjustable incline bench 0-90 Degrees no press. Large cushion: 78cm x 25cm x 6cm. Small cushion: 31cm x 24cm x 6cm. Heavy duty construction suitable for commercial use.

Olympic Adjustable Incline Bench Press	R	BHPAIO	624.00	686.40
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Adjustable incline bench 0-90 with olympic stance. Large cushion 78 x 25 x 6cm. Small cushion 31 x 24 x 6cm. Suitable for commercial applications.

Storage

Standard Barbell Storage

3 Bar Vertical Storage Rack - Standard	S	990959	100.00	110.00
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Barbell storage rack, stable design with three bar capacity Holds bars vertically. Painted finish. Fits 25 and 28mm bars

6 Bar Vertical Storage Rack - Standard	T	990960S	120.00	132.00
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Barbell storage rack, stable design with six bar capacity. Holds bars vertically. Painted finish. Measures 80cm(L) x 61cm(W) x 33cm(H).

Olympic Barbell Storage

3 Bar Barbell Storage Rack - Olympic	U	990965	100.00	110.00
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Designed to hold three olympic barbells in vertical position, while taking up minimal space.

6 Bar Vertical Storage Rack - Olympic	V	990960	216.00	237.60
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Commercial quality barbell vertical storage rack. Stores up to six Olympic barbells vertically. Uses a plastic insert to avoid damage to bar.

Standard Weight Plate Storage

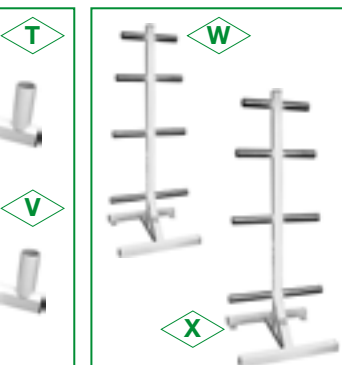
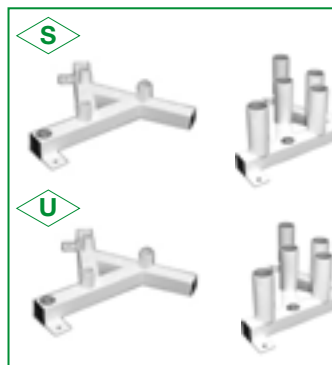
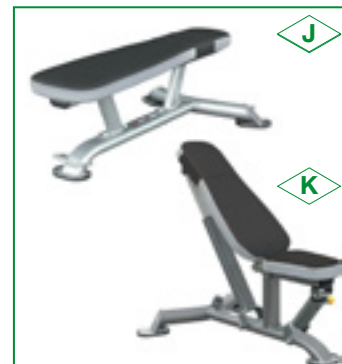
Horizontal 8 Prong Weight Tree - Standard	W	WTH8S	408.00	448.80
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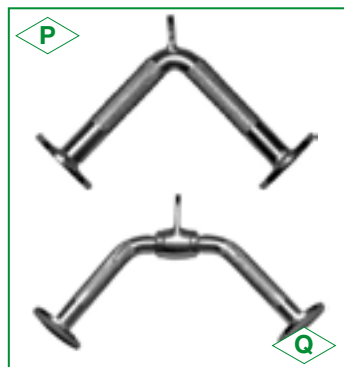
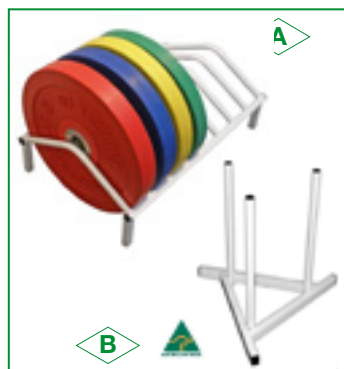
Horizontal weight tree with 8 prongs, designed for standard weight plates.

Olympic Weight Plate Storage

8 Prong Weight Tree - Olympic	X	WTH8O	420.00	462.00
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8 Prong Olympic Weight Tree with durable stainless steel storage prongs to store Olympic weight plates. Fixing holes on base. Designed for commercial use. Australian made.





Toaster Rack - Olympic

Store up to 10 x 450mm diameter competition style plates efficiently on our Toaster Rack (no wheels). Designed for commercial use. Proudly Australian made. Weight plates are available separately.

Class Bar Storage

Class Bar Disc Tripod - 3 Prong

Storage rack suitable for Smiley plates. Plates are stored on 3 vertical poles. 5kg maximum smiley plate. Suitable for domestic, PT or commercial use. Australian made.

Class Bar and Disc Equipment Rack - 20 Set

Racking storage system designed to efficiently store up to 20 Class Bar sets. Stores 20 class bars vertically with 12 horizontal rods for disc storage. Dimensions 85x55x150cm.

Designed to store 5kg class discs on a stable three prong unit.

Dumbbell Racks

Slimline Tower Rack Rubber Hex - 10 Pair

125mm high with floor area of 43mm x 33mm, holds 10 pair of rubber ended hex dumbbells.

Vinyl Dumbbell Rack - 3 Tier

3 Tier Vinyl Dumbbell Rack designed to store Vinyl dumbbells. 1m of storage per tier. Suitable for home, PT or commercial use. Proudly Australian made. Dimensions are 100x60x73cm.

Vinyl Dumbbell Rack - 7 Tier

7 Tier Vinyl Dumbbell Rack designed to store Vinyl dumbbells. 1m of storage per tier. Suitable for home, PT or commercial use. Proudly Australian made. Dimensions are 110x72x150cm.

Vertical Designa Dumbbell Rack - 14 Pair

Vertical tower Rack to store 14 pairs of Designa Bells. Individual dumbbell locations. Free standing. Designed for commercial use. Proudly Australian made. Suits product DDSS14. Dimensions are 55x30x120cm.

Horizontal Fixed Dumbbell Rack - 8 Pair

Double tier fixed dumbbell rack. Individual dumbbell locations and protective rubber to minimize noise and damage. Free standing. Designed for commercial use. Proudly Australian made. Dimensions 200x55x86cm.

Horizontal Fixed Dumbbell Double - 10 Pair

Double tier fixed dumbbell rack. Individual dumbbell locations and protective rubber to minimize noise and damage. Free standing. Designed for commercial use. Proudly Australian made. Dimensions are 250x55x86cm.

Kettle Bell Storage

Kettle Bell Rack

Double Tier Rack, 1m long with rubber matting for protection. Australian Made.

Kettle Bell Stand - 11 Tray

Suits 11 Sizes per Rack, Ideal for Vinyl Kettle Bells.

Accessories

Ankle/Wrist Weights

Soft Ankle/Wrist Weights

Soft ankle weights, adjustable Can also be used on wrists. Sold as a pair.

Soft Ankle/Wrist Weights - 500gm

Soft Ankle/Wrist Weights - 1kg

Soft Ankle/Wrist Weights - 2kg

Leather Weightlifting Gloves

WOS Leather Weightlifting Gloves

Weightlifting glove with leather palm. Touch tape closure. Cut off fingers. Black.

WOS Leather Weightlifting Gloves - Small

WOS Leather Weightlifting Gloves - Medium

WOS Leather Weightlifting Gloves - Large

WOS Leather Weightlifting Gloves - XLarge

Weightlifting Belts

Leather Weightlifting Belt

Power belt with a thick padded back, twin buckle for a secure fit and an embroidered logo. Wider than a normal weight belt for extra protection.

Leather Weightlifting Belt - Small (100cm)

Leather Weightlifting Belt - Medium (105cm)

Leather Weightlifting Belt - Large (110cm)

Leather Weightlifting Belt - Xlarge (115cm)

Leather Weightlifting Belt - XXLlarge (120cm)

Lifting Straps

Dead Lift Straps 38mm

38mm dead lift straps. (pair)

Cable Machine Accessories

Bent Lat Bar - 85cm (34") Revolving

Bent lat bar for use with weight equipment.

Ref	Code	Ex. GST	Inc. GST
A	WTOT	408.00	448.80
B	WTV3S	81.82	90.00
C	RBCD20	709.09	780.00
D	RKB	310.00	341.00
E	999956	17.27	19.00
	999950	22.50	24.75
	999952	40.23	44.25
F	999971	10.05	11.05
	999971M	10.05	11.05
	999971L	10.05	11.05
	999971XL	10.05	11.05
G	999972	33.50	36.85
	999972	33.50	36.85
	999972	33.50	36.85
	999972	33.50	36.85
	999972	33.50	36.85
H	S38	31.27	34.40
I	CABL34	47.50	52.25

Close Grip Handle

Close grip "V" handle for use with cable weight machines.

Multi Purpose Revolving Handle

Multi purpose handle for use with cable weight machines.

Tricep Ropes - 22mm

Two prong ropes for use with weight equipment.

Straight Row Bar - 54cm (20")

Straight row bar for use with cable and weight stack machines.

Ankle Strap

Velcro Ankle Strap designed for use with a cable machine. Adjustable size.

Single Stirrup Handle

Single stirrup handle for use with cable weight machines.

Tricep Handle "V" Grip - Fixed

"V" grip handle for use with weight equipment.

Tricep Handle "V" Grip - Rotating

"V" grip handle for use with weight equipment.

Dip Belt

Black Nylon Dip Belt with Chain

Black nylon Dip Belt with chain. Padded for maximum comfort. One size fits all.

Weightroom Flooring

Rubber Gym Floor Tiles

Hard wearing impact resistant tile made from recycled rubber. Each tile is 1000mm x 1000mm and 15mm thick. Excellent solution for floor covering in gyms or as extra support under weight machines.

Weight Lifting Platform

Olympic weight lifting platform measures 2.4 x 2.4m.

Strength Machines

ST710 3 Station Multi Gym

3 Station 2 Stack Multi Gym 210lb cast iron Weight Stacks. The ST710 may be the most versatile piece of strength equipment on the market today, due to the small amount of floor space it consumes. This unit features a unique blend of traditional and functional training. The standard press/pull arm, leg extension/curl, and lat pulldown stations are accompanied by the functional footplate of the leg press and the 21 exercise position adjustable cable column. Contoured lumbar back rests and co-molded transition and exercise handles are a few of the amenities that make this unit a truly comfortable experience.

Preacher Curl Bench Seated

Commercial grade seated curl bench. Height adjustable bar stand and seat.

Squat Rack

Perform chin ups and all your favourite barbell exercises on the half rack, squat stand and chin up combination, designed in the USA. Occupying only 115x117cm, the half rack is ideal for training within a limited area. 50x50mm tubing, stabiliser bar, weight plate holder and holes allowing you to bolt the unit to the ground make a very sturdy unit for heavy duty training. Chin Up Bar Height = 201.5cm. Max User Weight = 110kg (200kg static testing). Max Barbell Weight = 120kg (200kg static testing). Standard Barbell Holder on rear left. Standard Weight Plates Holder at rear right.

Power Rack Adjustable Safety Supports

Commercial grade rack with adjustable height stainless steel safety supports. Safe and easy racking of loaded bar. Exhausted users are able to safely slam bar back onto rack and slide down to pins. Optional stainless steel plate storage pins are available.

Decline Ab Bench Adjustable

Commercial grade crunch bench fully adjustable through 0 to 90 degrees. Adjustable leg rollers.

Incline Leg Press Adjustable

Commercial grade leg press with adjustable angle back rest. Large footplate for variable foot positioning. Range of motion and safety stop adjustment. Optional stainless steel plate storage pins are available.

Smith Machine

Commercial grade smith machine with 7 degree bar angle which follows the natural free weight path of movement for pressing or squatting. Quiet linear bearing guided movement. Counter weight operates silently inside oval tube frame.

Leg Extension Pin Loaded

Variable resistance cam. Gas assisted back rest adjustment. All adjustments and weight stack easily adjustable from seated position. Colour coded instructional placard. Adjustable feet to ensure the machine can be perfectly balanced on any floor surface.

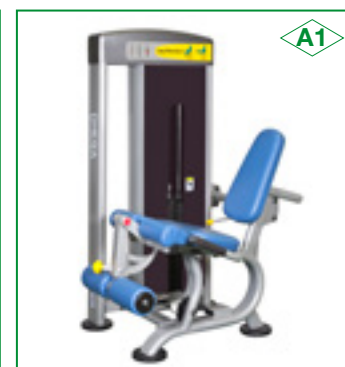
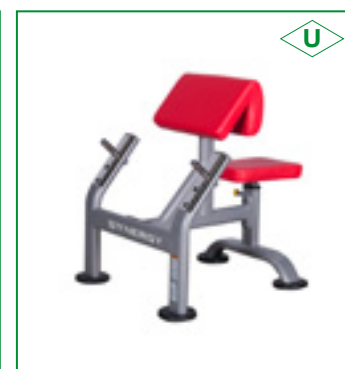
Lying Leg Curl Pin Loaded

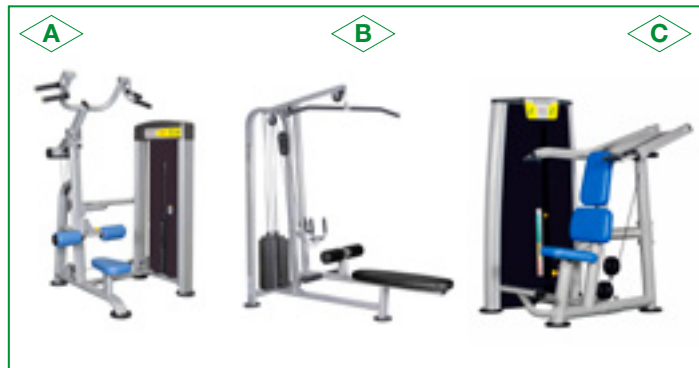
Variable resistance cam. Colour coded instructional placard. Adjustable feet to ensure the machine can be perfectly balanced on any floor surface.

Leg Press Pin Loaded

Large foot plate for variable foot positioning. All adjustments and weight stack easily adjustable from seated position. Colour coded instructional placard. Adjustable feet to ensure the machine can be perfectly balanced on any floor surface.

Ref	Code	Ex. GST	Inc. GST
J	CACG	28.73	31.60
K	CAMR	50.00	55.00
L	CART22	45.00	49.50
M	CAS20	31.27	34.40
N	CASA	12.00	13.20
O	CASS	15.00	16.50
P	CATV	25.00	27.50
Q	CATVR	40.00	44.00
R	999973	40.00	44.00
S	311611	50.27	55.30
	999910	1200.00	1320.00





Lat Pulldown Pin Loaded

Dynamic variable resistance. Knee pad range of motion adjustment. Weight stack easily adjustable from seated position. Colour coded instructional placard. Adjustable feet to ensure the machine can be perfectly balanced on any floor surface.

Lat Pulldown/Row Combo Pin Loaded

Dual operation unilateral lat pulldown and seated row. No cable changes required. Adjustable height thigh pad on lat pulldown. Dual pivoting pulley housings allows unilateral user defined movement variations. Weight stack easily accessible from seated position.

Shoulder Press Pin Loaded

Cable motion converging compound arc for safe and natural movement. Unilateral operation for balanced strength development. Gas assisted seat height adjustment. Weight stack easily adjustable from seated position. Colour coded instructional placard. Adjustable feet to ensure the machine can be perfectly balanced on any floor surface.

Pec Rear Delt Fly Pin Loaded

Dual operation Pec Fly and Rear Delt Fly movements. Unilateral operation for balanced strength development. Range of motion adjustment for optimal pre-stretch. Handles pivot to accommodate arm length and desired path of motion. Gas assisted seat height adjustment. Colour coded instructional placard. Adjustable feet to ensure the machine can be perfectly balanced on any floor surface.

Chest Press Pin Loaded

Dynamic variable resistance. Easy Start adjustment for pre-stretch. Gas assisted seat height adjustment. Weight seated position. Colour coded stack easily adjustable from instructional placard. Adjustable feet to ensure the machine can be perfectly balanced on any floor surface.

Functional Trainer

Commercial grade functional trainer system with adjustable pulleys.

Cable Cross-over (adjustable)

Commercial grade cable crossover system with adjustable pulleys.

Lying Leg Curl

Variable resistance cam. Colour coded instructional placard. Adjustable feet to ensure the machine can be perfectly balanced on any floor surface.

Squat Calf

Commercial grade calf exercise machine features pivoting arc for safe and natural movement, dynamic variable resistance arc.

Back Extension - 45 degree Adjustable

Variable resistance cam operation, weight stack easily adjustable from seated position. Colour coded instructional placard. Adjustable feet to ensure the machine can be perfectly balanced on any floor surface.

Assisted Chin/Dip

Dual operation assisted Chin & assisted Dip. Multiple handgrip positions. Full range of movement for both tall and short users. Knee pads provide a safe and comfortable exercise position and fold away for unassisted free body Chinning and Dipping exercises. Colour coded instructional placard. Adjustable feet to ensure the machine can be perfectly balanced on any floor surface.

Seated Cable Row

Cable motion diverging compound arc for safe and natural movement. Unilateral operation for balanced strength development. Weight stack easily adjustable from seated position. Colour coded instructional placard. Adjustable feet to ensure the machine can be perfectly balanced on any floor surface.

Chin/Hip/Dip Unit Freestanding

Commercial grade combination chin/hip/dip frame. Designed and manufactured as a freestanding unit for flexibility in floor positioning.

Wall Mounted Chin Bar

Wall mounted chin bar, frame made from flat steel with bar made from 20nb pipe. Powdercoated white. Fixings not included.

Mats and Flooring

Gym Mats

Gym Mat 1800x900x50mm

Vinyl covered foam gym mat 1800mm x 900mm x 50mm. Vinyl is long wearing with zippered opening allowing for replacement if required. Foam is high density, suitable for use in floor mats of this standard.

Gym Mat 1800x900x50mm - Tape Ends

Vinyl covered foam gym mat 1800mm x 900mm x 50mm with touch tape joiners on each end. Vinyl is long wearing with zippered opening allowing for replacement if required. Foam is high density, suitable for use in floor mats of this standard.

Gym Mat 1800x900x50mm - Tape All Sides

Vinyl covered foam gym mat 1800mm x 900mm x 50mm with touch tape joiners on all sides. Vinyl is long wearing with zippered opening allowing for replacement if required. Foam is high density, suitable for use in floor mats of this standard.

Gym Mat 1800x900x50mm - Full Length Tape

Vinyl covered foam gym mat 1800mm x 900mm x 50mm with full length touch tape tabs on all sides. Vinyl is long wearing with zippered opening allowing for replacement if required. Foam is high density, suitable for use in floor mats of this standard.

Ref	Code	Ex. GST	Inc. GST
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A	999841	2995.00	3294.50
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B	999843	2995.00	3294.50
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C	999845	2396.00	2635.60
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D	999847	2396.00	2635.60
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E	999849	2396.00	2635.60
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F	999853	3995.00	4394.50
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G	999855	3995.00	4394.50
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H	999864	2995.00	3294.50
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I	999867	4440.00	4884.00
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J	999868	2995.00	3294.50
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K	999871	2995.00	3294.50
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L	999887	3330.00	3663.00
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M	999896	590.00	649.00
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	999898	90.00	99.00
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	394637	128.46	141.30
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N	394649	133.00	146.30
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N1	394661	136.05	149.65
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N2	394663	172.32	189.55
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Ref Code Ex. GST Inc. GST

Gym Mat 1800x1143x50mm 394674 155.73 171.30

Vinyl covered foam gym mat 1800mm x 1143mm x 50mm. Vinyl is long wearing with zippered opening allowing for replacement if required. Foam is high density, suitable for use in floor mats of this standard.

Gym Mat 1800x1143x50mm - Tape Ends 0 394686 163.77 180.15

Vinyl covered foam gym mat 1800mm x 1143mm x 50mm with touch tape joiners on each end. Vinyl is long wearing with zippered opening allowing for replacement if required. Foam is high density, suitable for use in floor mats of this standard.

Gym Mat 1800x1143x50mm - Tape All Sides 394698 168.55 185.40

Vinyl covered foam gym mat 1800mm x 1143mm x 50mm with touch tape joiners on all sides. Vinyl is long wearing with zippered opening allowing for replacement if required. Foam is high density, suitable for use in floor mats of this standard.

Individual Mats

Individual Exercise Mat

25mm lightweight foam covered in heavy duty vinyl. Perfect for individual exercises on indoor floors, concrete or general outdoor areas. Available in Royal Blue or Grey.

Individual Exercise Mat - 910x450x25mm 394612 36.59 40.25

Individual Exercise Mat - 910x600x25mm 394625 52.00 57.20

Individual Exercise Mat - 910x600x50mm 394625-50 52.00 57.20

Individual Exercise Mat - 1200x600x25mm 394627 58.00 63.80

Yoga

Yoga Mat 4mm 394628F 13.09 14.40

Standard yoga mat, 173cm x 60cm, 4mm thick.

Yoga Mat 6mm P 394628 25.00 27.50

These mats are tough wearing, lightweight and easy to clean. Portable and versatile. The closed-foam construction enables them to provide a comfortable training environment even on most hard surfaces. 170cm x 60cm, 6mm thick for added comfort.

Yoga Class Set 3946289 388.41 427.25

Kit consists of 16 yoga mats and a trolleybag with wheels.

Foam Martial Arts Flooring

Interlock Foam Mat 1000x1000x20mm Q 394629 17.50 19.25

EVA interlocking mats, dual colour (red/blue), Tatami pattern. Each mat is supplied with four fully interlocking dual colour border edge strips. Hardness 35-40.

Heart Rate Monitors

Lifestyle

Polar Loop 2

Polar Loop 2 is the stylish and waterproof activity tracker that makes you move. This elegant wristband tracks your daily activity and even monitors your sleep. Shows how active you've been during the day and gives practical guidance for reaching your daily activity goal. Gives feedback on your daily, weekly and monthly activity, showing how your active choices help you stay healthy. Lets you know exactly how many calories you've burned. Gives clear guidance on how to get into shape faster. Polar H7 heart rate sensor required. Motivating feedback straight after exercise. Polar H7 heart rate sensor required. Shows your current heart rate with the touch of a button during training. Polar H7 heart rate sensor required.

Polar Loop 2 - Black R 3137804 108.18 119.00

Polar Loop 2 - White R1 3137805 108.18 119.00

Polar A370

Stay on the move every day. Polar A370 gives you a personalised daily activity goal that motivates you to keep moving throughout the day. Polar Activity Guide shows you how active you've been and gives you practical tips on how to reach that 100%. When it comes to a healthy lifestyle, even the small things make a difference. Learn how your active everyday choices benefit your health and well-being. Polars new advanced sleep tracking technology gives you insights to your sleep. It monitors your movement with extreme precision to give you a comprehensive overview of your sleep. Stay on the pulse with 24/7 heart rate monitoring and get a comprehensive view on how your heart behaves during your day. Continuous heart rate monitoring helps.

Polar A370 - Small White S 3137807 226.36 249.00

Polar A370 - Medium/Large White S1 3137811 226.36 249.00

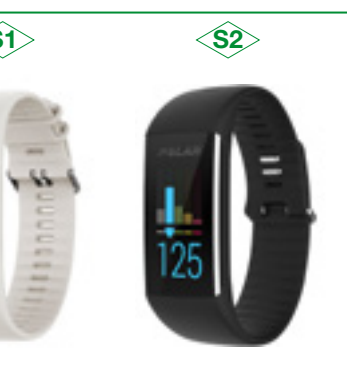
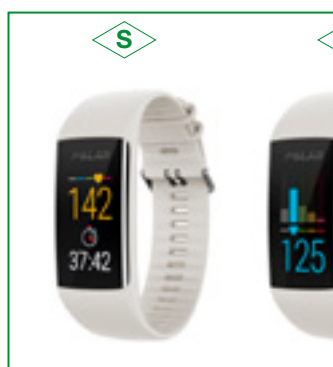
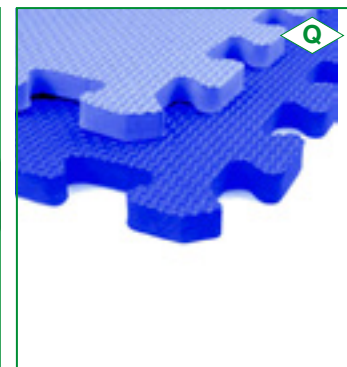
Polar A370 - Medium/Large Black S2 3137810 226.36 249.00

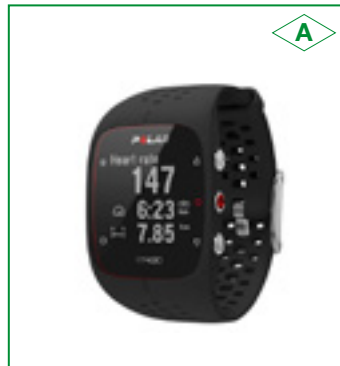
Garmin Forerunner 15 Heart Rate Monitor T 574260 242.68 266.95

Run with all your heart. Forerunner 15 captures essential stats from your run like time, distance and pace. When paired with a heart rate strap, it also records your heart rate and heart rate zone so you'll know when you hit your target. Training with heart rate also allows you to monitor when you need to rein it in and when you can push yourself harder. For outdoor runs, Forerunner 15 uses GPS to accurately record your time, pace and distance. To track distance and pace when you hit the treadmill or an indoor track, just pair Forerunner 15 with an optional foot pod, which attaches to the laces of your shoe. Includes - Forerunner 15. Heart Rate Monitor. Charging/data cable. Manual.

Garmin Vivosmart HR+ GPS U 574265 306.14 336.75

Smart Activity Tracker with Wrist-based Heart Rate plus GPS - tracks distance and pace while mapping out your run or walk. Swim-friendly, sleek band is comfortable to wear all day, always-on touchscreen display shows your stats, even in sunlight, measures steps, distance, calories, floors climbed, activity intensity and heart rate on your wrist.





A



A1

Sport

Polar M430 GPS Running Watch

Polar M430 measures your heart rate from the wrist easily, accurately and reliably. Track your pace, distance and altitude with the integrated GPS. When you run indoors, Polar M430 tracks pace and distance from your wrist movements. Polar Fitness Test with wrist-based heart rate tests your fitness level anytime, anywhere no straps needed. Get a personal and adaptive training plan that fits you and your goals. See how your running performance is developing. Sleep is vital to your recovery and overall well-being. With Polar Sleep Plus you get valuable insights to your sleep. Learn about the quality of your sleep, get to know your sleeping patterns and let good sleeping habits push you towards better performance.

Polar M430 GPS Running Watch - Black	A	3137661	271.82	299.00
Polar M430 GPS Running Watch - Orange	A1	3137662	271.82	299.00
Polar M430 GPS Running Watch - White	A2	3137663	271.82	299.00

Polar M200 - Black

B	313769	180.91	199.00
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Let's you know exactly how many calories you've burned based on your weight, height, age, gender, your individual maximum heart rate (HRmax) and how hard you're training. Shows how active you've been during the day and gives practical guidance for reaching your daily activity goal. Gives feedback on your daily, weekly and monthly activity, showing how your active choices help you stay healthy. Delivers motivating feedback immediately after training describing the effect of the session. Available on Polar Flow. Shows how your running performance is developing. Available on Polar Flow. Train for a running event with a personal and adaptive training plan in Polar Flow. Choose from four different targets, 5K, 10K, half marathon and marathon, and get a training plan that fits you and your goals.

Polar M600

Track your speed, distance and route with the integrated GPS and GLONASS. Track your 24/7 activity, steps, distance, calories burned and sleep. Enjoy a 2-day battery life when connected to Android devices. Train smarter with unique and exclusive Polar Smart Coaching features designed for sports, fitness and health. See notifications and meetings, ask Google for help and respond to messages all on your wrist. Polar M600 features the proprietary Polar wrist-based heart rate measurement technology, optimised for Polar M600. Simply tighten the band and you're ready to train. Control music right from your watch. Go phoneless with Google Play Music and 4GB of onboard storage for music playback.

Polar M600 - Black	C	313771	362.73	399.00
Polar M600 - White	C1	313772	362.73	399.00
	D	574261	262.27	288.50

Garmin Forerunner 35 Black

Built-in HRM - monitors heart rate at the wrist, all day and night, using Garmin Elevate technology GPS - tracks how far, how fast and where you run Connected features - smart notifications, automatic uploads to Garmin Connect, live tracking and music controls All-day activity tracking - counts steps, calories and intensity minutes and reminds you when to move Automatic uploads to Garmin Connect - Garmin's free online fitness community where you can join challenges, receive insights and share your progress as you meet your goals

Pro

Polar V800 - with Heart Rate Monitor

Shows you how your training affects your body and helps you compare the load of different sessions. Monitor your load continuously to recognize your personal limits and adjust training intensity and duration accordingly. Train for a running event with a personal and adaptive training plan in Polar Flow. Choose from four different targets, 5K, 10K, half marathon and marathon, and get a training plan that fits you and your goals. Orthostatic Test is an easy and reliable test to determine your current condition. It shows how your heart rate responds to training and factors such as stress and illness. By repeating the test regularly, you'll learn what to expect with your heart rate and what can affect it. You can then adjust your training to allow your body to recover when it needs it.

Polar V800 with Heart Rate Monitor - Black	E	313773	635.45	699.00
Polar V800 with Heart Rate Monitor - Red	E1	313774	635.45	699.00
	F	574262	411.36	452.50

Garmin Forerunner 235 Black

GPS Running Watch with Wrist-based Heart Rate. Tracks distance, pace, time, heart rate and more. Activity tracking counts daily steps, distance, calories and sleep. Elevate heart rate technology measures heart rate at the wrist 24/7, giving you the option to run without a strap. Its colorful gauge identifies your heart rate zone and beats per minute in real time. A built-in accelerometer captures distance and pace data when you're running on an indoor track or treadmill, with no need for a separate foot pod accessory. Once you're done running, it doubles as an activity tracker, counting your steps and calories throughout the day. It also reminds you to move after sitting for more than an hour. Compatible with GPS and GLONASS satellites to locate your position quickly and precisely.

Sensors

Polar Pro Chest Strap Black

Polar Pro Strap works with all Polar heart rate sensors. With a soft textile material, slip-preventing silicone dots and a secure buckle, the strap is very comfortable to wear and stays in place even through your most intense workouts. The extra interference-preventing electrodes on the strap make it extremely sensitive to your heart's electrical signals, providing maximum precision for heart rate readings and eliminating interference.

Polar Pro Chest Strap Black - XS-S	3137796	44.55	49.00
Polar Pro Chest Strap Black - M-XXL	3137797	44.55	49.00
Polar Pro Chest Strap Black - XXXL	3137798	44.55	49.00



A2



B



C



C1



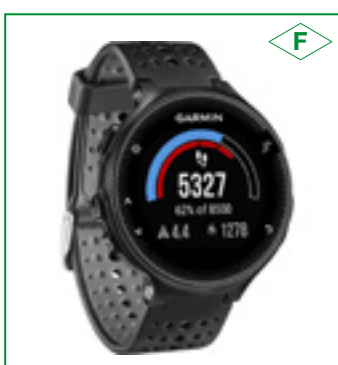
D



E



E1



F

	Ref	Code	Ex. GST	Inc. GST
Polar T31C Coded Transmitter	G	313801	62.73	69.00

The T31 Coded Transmitter is designed to transmit heart rate to your standard Polar watch. Slim and light the ECG accurate transmitter is fully water resistant and designed for all weather conditions. Built to last with up to 2500 hours of training usage, the coded transmission prevents cross-talk from other devices for accurate heart rate measurement. The T31C is preferred by swimmers it performs better in water environments than the Wearlink Transmitters. The T31 Coded Transmitter works with units that use a Coded 5khz transmission frequency.

Polar H1 Pro Heart Rate Sensor	3137799	80.91	89.00
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A streamlined heart rate sensor that connects to Polar heart rate monitors using 5 kHz transmission. Comes with Polar Pro Strap. Comfort is the key when training. That's why Polar created Polar H1, the slim heart rate sensor that comes with Polar Pro Strap, a comfortable textile chest strap with interference-blocking extra electrodes, slip-preventing silicone dots and a secure buckle that keeps the strap firmly in place. With Polar H1, you can focus on your workout, not on your gear. Easy-to-replace battery.

Polar OH1 Optical Heart Rate Sensor	3137795	108.18	119.00
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Polar OH1 tracks your heart rate with Polars high-quality 6-LED optical heart rate solution. You can use Polar OH1 to broadcast your heart rate to any Bluetooth-compatible Polar device, many fitness apps and Bluetooth-compatible gym equipment. Polar OH1 has a built-in memory that can store up to 200 hours of training data. You can sync your data to Polar Flow with both the Polar Flow app and web service. The Polar OH1 armband fits snugly, comfortably and discreetly around your arm. The band is made of a soft textile material and is machine-washable. Polar OH1 keeps on improving with over-the-air updates. With Polar OH1 you get up to 12 hours of training time on a single charge. You can charge the battery easily with the Polar OH1 USB adapter (included). Polar OH1 is waterproof up to 30m.

Polar H10 Heart Rate Sensor Black	3137801	117.27	129.00
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Strap on the comfortable heart rate sensor strap and connect your fitness app or training device. Monitor your real-time, accurate heart rate while you train, review and analyze it during or after workouts. Polar H10 works with leading fitness apps, compatible gym equipment and many other Bluetooth devices. Connect your heart rate to your favorite app or gym machine and optimise your training to reach your goals.

H10 Heart Rate Sensor 10 Kit (M-XXL)	3137800	1135.45	1249.00
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The Polar H10 heart rate sensor provides live heart rate the Polar Team app. The Polar H10 is a combo heart rate sensor that also connects many compatible Polar products as well as compatible gym equipment. The kit includes 10 sensors, a sensor folder for storing the sensors, a washing pouch, stickers for marking the sensors with players shirt number and 10 spare batteries. Polar H10 works with leading fitness apps, compatible gym equipment and many other Bluetooth devices. Connect your heart rate to your favorite app or gym machine and optimise your training to reach your goals.

Sports GPS

SPT2 Sports GPS	H	574220	272.68	299.95
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SPT is taking what is already a powerful device, to the next level. With an integrated 100Hz Inertial Movement Unit, SPT2 is a game-changer. Accelerometers, Gyroscopes, Magnetometers are functionalities that will help you to analyse your performance like you have never been able to before. GameTraka features Speed, Distance, Intensity, Work Rate, Intervals, Heat Maps Team Comparison and Management with printable reports. Sizes Small, Medium, Large, XLarge.

SPT Charging Dock	I	574221	727.23	799.95
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The SPT Charging Dock is an essential tool for any coach or team. With 15 micro-usb connection ports, you can now charge and download performance data from multiple units at the same time. This ensures your team's performance data is downloaded gives you more time to focus on analysing your data.

Racks and Rigs

Free Standing Rigs

Dual Cell	J	60002	4050.00	4455.00
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Features 4 x racking positions 12 x pull-up / suspension positions Tri gives 2 x pullup heights and attachment options Must be bolted down at each fixing point Optional Accessories 4 x pairs J-Hooks 4 x pairs Spotting Arms Dip bar Dimensions (L x W x H - mm's) 4065 x 1370 x 2550

Dual Cell - Monkey	K	60003	4530.00	4983.00
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Rack is capable of supporting four racking positions, eight pullup/suspension positions and monkey bar system. Assembly is required and rack must be fixed to floor. Optional accessories include 4 pairs x J-Hooks code 40019 4 pairs x Spotting Arms code 40020 and Dip bar code 40021 Assembled dimensions 4065mm (L) x 1370mm (W) x 2550mm (H)

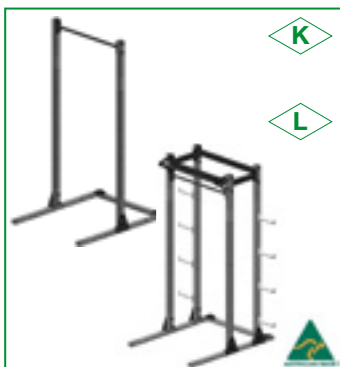
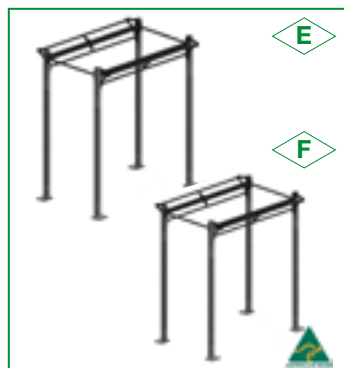
Dual Cell - Single Pipes	L	60004	3620.00	3982.00
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Free-standing dual cell rack joined with single pipes. Features 4 x racking positions 12 x pull-up / suspension positions More economical option than the tri-crossbeam but less functional Must be bolted down at each fixing position Optional Accessories 4 x pairs J-Hooks 4 x pairs Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 4065 x 1370 x 2550

Dual Cell - Height Extended	M	60012	4460.00	4906.00
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Free standing dual cell rack joined with height extended single pipes. Features 4 x racking positions 8 x pull-up / suspension positions Extensions for 2 x gymnastic ring / climbing rope positions Must be bolted down at each fixing position Optional Accessories 4 x pairs J-Hooks 4 x pairs Spotting Arms Dip bar Gymnastic rings Climbing rope Assembled Dimensions (L x W x H - mm's) 4065 x 1370 x 3690





Triple Cell

Rack freestanding triple cell. Features 6 x racking positions 20 x pull-up / suspension positions Tri gives 2 x pull-up heights and attachment options Must be bolted down at each fixing position Optional Accessories 6 x pairs J-Hooks 6 x pairs Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 7890 x 1370 x 2550

Triple Cell - Monkey

Rack freestanding triple cell with monkey bars. Features 6 x racking positions 14 x pull-up / suspension positions Monkey bars provide a novel training option Must be bolted down at each fixing position Optional Accessories 6 x pairs J-Hooks 6 x pairs Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 7890 x 1370 x 2550

Triple Cell - Single Pipes

Rack freestanding triple cell with single pipes. Features 6 x racking positions 20 x pull-up / suspension positions Not as functional as the tri-crossbeam but cost effective Must be bolted down at each fixing position Optional Accessories 6 x pairs J-Hooks 6 x pairs Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 7890 x 1370 x 2550

Triple Cell - Height Extended

Rack freestanding triple cell with single pipes and extensions. Features 6 x racking positions 12 x pull-up / suspension positions Extensions for 4 x gymnastic ring / climbing rope positions Must be bolted down at each fixing position Optional Accessories 6 x pairs J-Hooks 6 x pairs Spotting Arms Dip bar Gymnastic rings Climbing rope Assembled Dimensions (L x W x H - mm's) 7890 x 1370 x 3690

Long Cell

Rack freestanding long cell. Features 2 x racking positions 6 x pull-up / suspension positions Ideal for group classes with an emphasis on chin-ups or suspension training. Must be bolted down at each fixing position Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 2300 x 1370 x 2550

Long Cell - (x2)

Rack freestanding long cell joined x2. Features 3 x racking positions 11 x pull-up / suspension positions Ideal for group classes with an emphasis on chin-ups or suspension training. Must be bolted down at each fixing position Optional Accessories 3 x pairs J-Hooks 3 x pairs Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 4385 x 1370 x 2550

Long Cell - (x3)

Rack freestanding long cell joined x3. Features 4 x racking positions 16 x pull-up / suspension positions Ideal option when pull-up / suspension positions are valued over racking positions Must be bolted down at each fixing position Optional Accessories 4 x pairs J-Hooks 4 x pairs Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 6470 x 1370 x 2550

Long Cell - Monkey

Rack freestanding long cell with monkey bars. Features 2 x racking positions 4 x pull-up / suspension positions Ideal option when pull-up / suspension positions are valued over racking positions Monkey bars provide a novel training option Must be bolted down at each fixing position Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 2300 x 1370 x 2550

Long Cell - Monkey (x2)

Rack freestanding long cell with monkey bars x2. Features 3 x racking positions 3 x pull-up / suspension positions Ideal option when pull-up / suspension positions are valued over racking positions Monkey bars provide a novel training option Must be bolted down at each fixing position Optional Accessories 3 x pairs J-Hooks 3 x pairs Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 4385 x 1370 x 2550

Long Cell - Monkey (x3)

Rack freestanding long cell with monkey bars x3. Features 4 x racking positions 4 x pull-up / suspension positions Ideal option when pull-up / suspension positions are valued over racking positions Monkey bars provide a novel training option Must be bolted down at each fixing position Optional Accessories 4 x pairs J-Hooks 4 x pairs Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 6470 x 1370 x 2550

Free Standing Base

Freestanding Base

Features 1 x racking positions 1 x pull-up / suspension positions Good for small studios and home users Can be freestanding or bolted down for additional stability Optional Accessories 1 x pair J-Hooks 1 x pair Spotting Arms Dip bar Band load pegs Assembled Dimensions (L x W x H - mm's) 1585 x 1230 x 2600

Freestanding Base - Tri Crossbeam

Free standing half cage with base, storage and tri crossbeam. Features 1 x racking positions 1 x pull-up / suspension positions Good for small studios and home users Storage uprights for plate storage solution Can be freestanding or bolted down for additional stability Optional Accessories 1 x pair J-Hooks 1 x pair Spotting Arms Dip bar Band load pegs Assembled Dimensions (L x W x H - mm's) 1585 x 1820 x 2600

Freestanding Base - (x2)

Features 2 x racking positions 4 x pull-up / suspension positions Good for small studios and home users Can freestand or be bolted down for additional stability Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Dip bar Band load pegs Bolt down tabs Assembled Dimensions (L x W x H - mm's) 1585 x 4470 x 2600

Freestanding Base - Storage (x2)

Rack freestanding with base and storage joined x2. Features 2 x racking positions 4 x pull-up / suspension positions Good for small studios and home users Storage uprights for plate storage solution Can be freestanding or bolted down for additional stability Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Dip bar Band load pegs Bolt down tabs Assembled Dimensions (L x W x H - mm's) 1585 x 5060 x 2600

Ref	Code	Ex. GST	Inc. GST
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A	60039	6380.00	7018.00
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B	60040	6380.00	7018.00
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C	60041	5520.00	6072.00
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D	60042	6400.00	7040.00
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E	60058	1890.00	2079.00
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F	60059	3140.00	3454.00
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G	60060	4390.00	4829.00
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H	60061	2130.00	2343.00
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I	60062	3620.00	3982.00
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J	60063	5110.00	5621.00
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K	60015	940.00	1034.00
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L	60013	2050.00	2255.00
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M	60049	1970.00	2167.00
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N	60057	4100.00	4510.00
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Ref Code Ex. GST Inc. GST

Lifting Cages with Platform

Half Cage - 2.4x1.2m O 60019 2795.00 3074.50

Features 1 x racking positions 1 x pull-up / suspension positions Extra compact cage to suit very small spaces for a single lifter Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 1 x pair J-Hooks 1 x pair Spotting Arms Band load pegs Assembled Dimensions (L x W x H - mm's) 1964 x 2355 x 2590

Half Cage - 2.4x1.8m P 60020 3030.00 3333.00

Features 1 x racking positions 1 x pull-up / suspension positions Extra compact cage to suit very small spaces for a single lifter Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 1 x pair J-Hooks 1 x pair Spotting Arms Band load pegs Assembled Dimensions (L x W x H - mm's) 2549 x 2355 x 2590

Half Cage - 2.4x2.4m Q 60021 3265.00 3591.50

Features 1 x racking positions 1 x pull-up / suspension positions Extra compact cage to suit very small spaces for a single lifter Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 1 x pair J-Hooks 1 x pair Spotting Arms Band load pegs Assembled Dimensions (L x W x H - mm's) 3134 x 2355 x 2590

Half Cage - 2.4x1.2m (x2) R 60022 5985.00 6583.50

Features 2 x racking positions 3 x pull-up / suspension positions Extra compact cage to suit very small spaces for a single lifter Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Band load pegs Assembled Dimensions (L x W x H - mm's) 1964 x 5595 x 2590

Half Cage - 2.4x1.8m (x2) S 60023 6455.00 7100.50

Features 2 x racking positions 3 x pull-up / suspension positions Extra compact cage to suit very small spaces for a single lifter Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Band load pegs Assembled Dimensions (L x W x H - mm's) 2549 x 5595 x 2590

Half Cage - 2.4x2.4m (x2) T 60024 6925.00 7617.50

Features 2 x racking positions 3 x pull-up / suspension positions Extra compact cage to suit very small spaces for a single lifter Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Band load pegs Assembled Dimensions (L x W x H - mm's) 3134 x 5595 x 2590

Single Cage - 2.4x1.2m U 60025 3985.00 4383.50

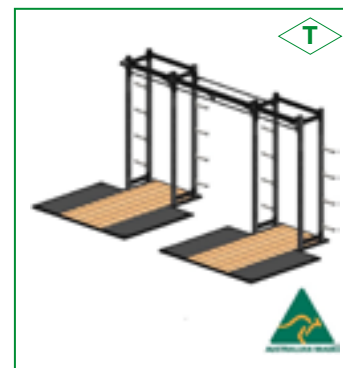
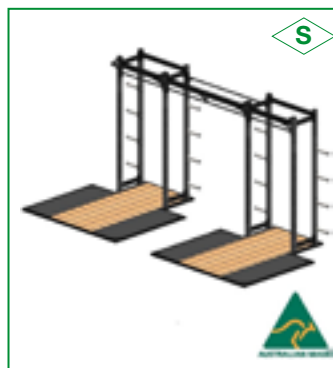
Features 2 x racking positions 2 x pull-up / suspension positions Full size cage for band loading / deloading inside cage Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 1-2 x pairs J-Hooks 1-2 x pairs Spotting Arms Band load pegs Safety slings Safety rail Assembled Dimensions (L x W x H - mm's) 3134 x 2355 x 2590

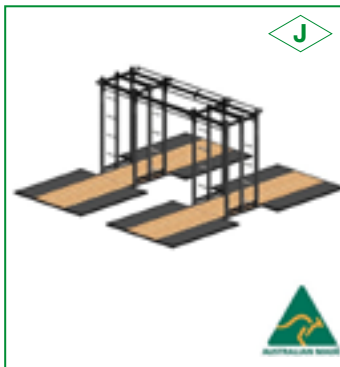
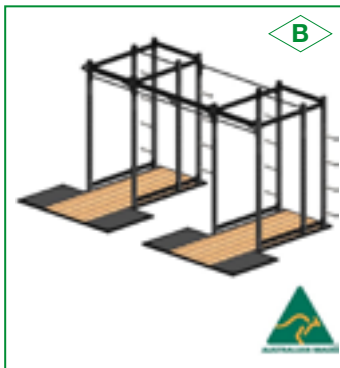
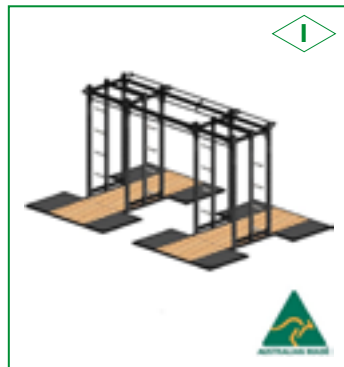
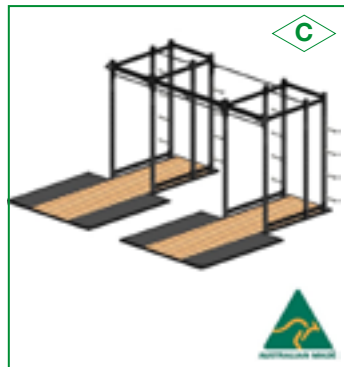
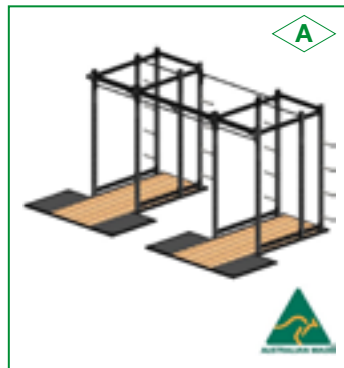
Single Cage - 2.4x1.8m W 60026 4220.00 4642.00

Features 2 x racking positions 2 x pull-up / suspension positions Full size cage for band loading / deloading inside cage Platform allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 1-2 x pairs J-Hooks 1-2 x pairs Spotting Arms Band load pegs Safety slings Safety rail Assembled Dimensions (L x W x H - mm's) 3719 x 2355 x 2590

Single Cage - 2.4x2.4m X 60027 4455.00 4900.50

Features 2 x racking positions 2 x pull-up / suspension positions Full size cage for band loading / deloading inside cage Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 1-2 x pairs J-Hooks 1-2 x pairs Spotting Arms Band load pegs Safety slings Safety rail Assembled Dimensions (L x W x H - mm's) 4304 x 2355 x 2590





Single Cage - 2.4x1.2m (x2)

Features 4 x racking positions 5 x pull-up / suspension positions Full size cage for band loading / deloading inside cage Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2-4 x pairs J-Hooks 2-4 x pairs Spotting Arms Band load pegs Safety slings Safety rail Assembled Dimensions (L x W x H - mm's) 3134 x 5595 x 2590

Single Cage - 2.4x1.8m (x2)

Features 4 x racking positions 5 x pull-up / suspension positions Full size cage for band loading / deloading inside cage Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2-4 x pairs J-Hooks 2-4 x pairs Spotting Arms Band load pegs Safety slings Safety rail Assembled Dimensions (L x W x H - mm's) 3719 x 5595 x 2590

Single Cage - 2.4x2.4m (x2)

Features 4 x racking positions 5 x pull-up / suspension positions Full size cage for band loading / deloading inside cage Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2-4 x pairs J-Hooks 2-4 x pairs Spotting Arms Band load pegs Safety slings Safety rail Assembled Dimensions (L x W x H - mm's) 4304 x 5595 x 2590

Double Half - 2.4x1.2m

Features 2 x racking positions 2 x pull-up / suspension positions Compact cage with 4 dedicated lifting areas Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Band load pegs Assembled Dimensions (L x W x H - mm's) 3719 x 2355 x 2590

Double Half Cage - 2.4x1.8m

Features 2 x racking positions 2 x pull-up / suspension positions Compact cage with 4 dedicated lifting areas Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Band load pegs Assembled Dimensions (L x W x H - mm's) 4889 x 2355 x 2590

Double Half Cage - 2.4x2.4m

Features 2 x racking positions 2 x pull-up / suspension positions Compact cage with 4 dedicated lifting areas Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Band load pegs Assembled Dimensions (L x W x H - mm's) 6059 x 2355 x 2590

Double Half Cage - 2.4x1.2m/2.4x1.2m

Features 2 x racking positions 2 x pull-up / suspension positions Compact cage with 4 dedicated lifting areas Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Band load pegs Assembled Dimensions (L x W x H - mm's) 4889 x 2355 x 2590

Double Half Cage - 2.4x1.2m (x2)

Features 4 x racking positions 6 x pull-up / suspension positions Compact cage with 4 dedicated lifting areas Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 4 x pair J-Hooks 4 x pair Spotting Arms Band load pegs Assembled Dimensions (L x W x H - mm's) 3719 x 5595 x 2590

Double Half Cage - 2.4x1.8m (x2)

Features 4 x racking positions 6 x pull-up / suspension positions Compact cage with 4 dedicated lifting areas Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 4 x pair J-Hooks 4 x pair Spotting Arms Band load pegs Assembled Dimensions (L x W x H - mm's) 4889 x 5595 x 2590

Double Half Cage - 2.4x2.4m (x2)

Features 4 x racking positions 6 x pull-up / suspension positions Compact cage with 4 dedicated lifting areas Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 4 x pair J-Hooks 4 x pair Spotting Arms Band load pegs Assembled Dimensions (L x W x H - mm's) 6059 x 5595 x 2590

Ref	Code	Ex. GST	Inc. GST
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A	60028	8365.00	9201.50
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B	60029	8835.00	9718.50
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C	60030	9305.00	10235.50
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D	60031	4535.00	4988.50
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E	60032	5005.00	5505.50
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F	60033	5475.00	6022.50
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G	60034	5005.00	5505.50
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H	60035	9680.00	10648.00
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I	60036	10620.00	11682.00
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J	60037	11560.00	12716.00
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Ref Code Ex. GST Inc. GST

Double Half Cage - 2.4x2.4m/2.4x1.2m (x2) K 60038 10620.00 11682.00

Features 4 x racking positions 6 x pull-up / suspension positions Compact cage with 4 dedicated lifting areas Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 4 x pair J-Hooks 4 x pair Spotting Arms Band load pegs Assembled Dimensions (L x W x H - mm's) 4889 x 5595 x 2590

Half Cage Extension - 2.4x1.2m (x2) L 60067 5990.00 6589.00

Features 2 x racking positions 2 x pull-up / suspension positions 1 x ring / climbing rope position Extra compact cage to suit very small spaces for a single lifter Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Band load pegs Assembled Dimensions (L x W x H - mm's) 1964 x 5595 x 3730

Half Cage Extension - 2.4x1.8m (x2) M 60068 6460.00 7106.00

Features 2 x racking positions 2 x pull-up / suspension positions 1 x ring / climbing rope position Extra compact cage to suit very small spaces for a single lifter Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Band load pegs Assembled Dimensions (L x W x H - mm's) 2549 x 5595 x 3730

Half Cage Extension - 2.4x2.4m (x2) N 60069 6930.00 7623.00

Features 2 x racking positions 2 x pull-up / suspension positions 1 x ring / climbing rope position Extra compact cage to suit very small spaces for a single lifter Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Band load/ utility pegs Assembled Dimensions (L x W x H - mm's) 3134 x 5595 x 3730

Single Cage Extension - 2.4x1.2m (x2) O 60070 8370.00 9207.00

Features 4 x racking positions 4 x pull-up / suspension positions 1 x gymnastic ring / climbing rope position Full size cage for band loading / deloading inside cage Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2-4 x pairs J-Hooks 2-4 x pairs Spotting Arms Band load pegs Safety slings Safety rail Gymnastic rings 3134 x 5595 x 3730H - mm's)

Single Cage Extension - 2.4x1.8m (x2) P 60071 8840.00 9724.00

Features 4 x racking positions 4 x pull-up / suspension positions 1 x gymnastic ring / climbing rope position Full size cage for band loading / deloading inside cage Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2-4 x pairs J-Hooks 2-4 x pairs Spotting Arms Band load pegs Safety slings Safety rail Gymnastic rings 3719 x 5595 x 3730H - mm's)

Single Cage Extension - 2.4x2.4m (x2) Q 60072 9310.00 10241.00

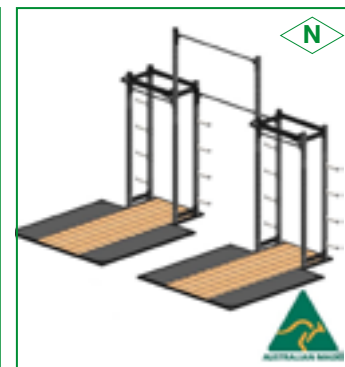
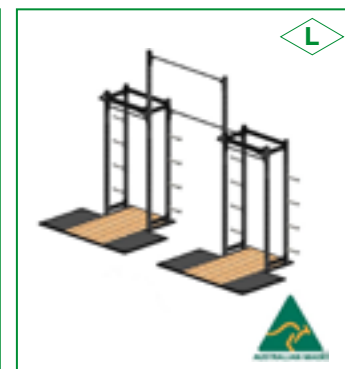
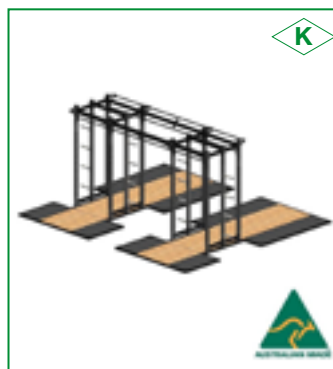
Features 4 x racking positions 4 x pull-up / suspension positions 1 x gymnastic ring / climbing rope position Full size cage for band loading / deloading inside cage Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2-4 x pairs J-Hooks 2-4 x pairs Spotting Arms Band load pegs Safety slings Safety rail Gymnastic rings 4304 x 5595 x 3730H - mm's)

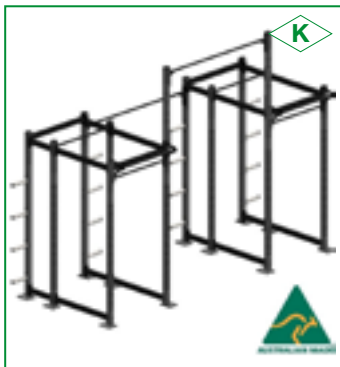
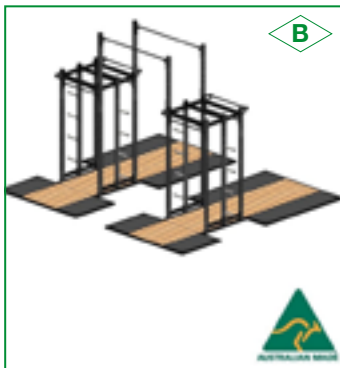
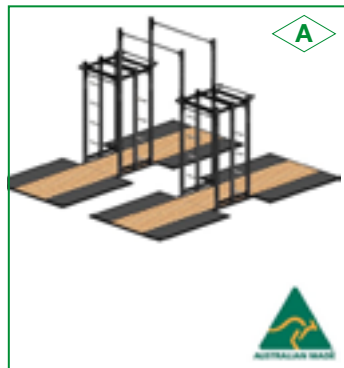
Double Half Cage Extensions - 2.4x1.2m (x2) R 60073 9690.00 10659.00

Features 2 x racking positions 2 x pull-up / suspension positions 2 x gymnastic rings / climbing rope positions Compact cage with 4 dedicated lifting areas Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Band load pegs Gymnastic rings Climbing rope Assembled Dimensions (L x W x H - mm's) 3719 x 5595 x 3730

Double Half Cage Extensions - 2.4x1.8m (x2) S 60074 10630.00 11693.00

Features 2 x racking positions 2 x pull-up / suspension positions 2 x gymnastic rings / climbing rope positions Compact cage with 4 dedicated lifting areas Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Band load pegs Gymnastic rings Climbing rope Assembled Dimensions (L x W x H - mm's) 4889 x 5595 x 3730





Double Half Cage Extensions - 2.4x2.4m (x2)

Features 2 x racking positions 2 x pull-up / suspension positions 2 x gymnastic rings / climbing rope positions Compact cage with 4 dedicated lifting areas Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Band load pegs Gymnastic rings Climbing rope Assembled Dimensions (L x W x H - mm's) 6059 x 5595 x 3730

Double Half Cage Extensions - 2.4x2.4m/2.4x1.2m (x2)

Features 2 x racking positions 2 x pull-up / suspension positions 2 x gymnastic rings / climbing rope positions Compact cage with 4 dedicated lifting areas Allows for Olympic lifting in front of the cage as well as a solid base for powerlifting Helps to better define the lifting area in a commercial / professional sports setting Storage uprights for plate storage solution Rack can be freestanding in special circumstances. This must be determined and assembled to order on a case-by-case basis Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Band load pegs Gymnastic rings Climbing rope Assembled Dimensions (L x W x H - mm's) 4889 x 5595 x 3730

Lifting Cages

Power Cage - Single

Features 2 x racking positions 1 x pull-up / suspension positions Allows for working inside cage with options for band loading, deloading and safety rails Must be bolted down at each fixing position Optional Accessories 1-2 x pairs J-Hooks 1-2 x pairs Spotting Arms Dip bar Safety slings Safety rail Band load / utility pegs Assembled Dimensions (L x W x H - mm's) 1410 x 1370 x 2550

Power Cage - Single with Storage

Features 2 x racking positions 2 x pull-up / suspension positions Allows for working inside cage with options for band loading, deloading and safety rails Storage uprights for plate storage solution Can freestanding in special circumstances with purchase of additional parts but best installation is bolted down Optional Accessories 1-2 x pairs J-Hooks, 1-2 x pairs Spotting Arms Dip bar Safety slings Safety rail Band load/ utility pegs Assembled Dimensions (L x W x H - mm's) 1410 x 1895 x 2550

Power Cage - Half Cage

Half power cage. Features 1 x racking positions 1 x pull-up / suspension positions Extra compact cage good for very small spaces Designed for a single lifter Storage uprights for plate storage solution Must be bolted down at each fixing position Optional Accessories 1 x pair J-Hooks 1 x pair Spotting Arms Dip bar Band load/ utility pegs Assembled Dimensions (L x W x H - mm's) 1410 x 740 x 2550

Power Cage - Half Cage Double

Rack cage power half double. Features 2 x racking positions 2 x pull-up / suspension positions Compact cage for 2 dedicated lifting areas Storage uprights for plate storage solution Must be bolted down at each fixing position Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Dip bar Band load pegs Assembled Dimensions (L x W x H - mm's) 1410 x 1265 x 2550

Power Cage - Single with Storage (x2)

Rack cage power single with storage joined x2. Features 4 x racking positions 6 x pull-up / suspension positions Allows for working inside cage with options for band loading / deloading and safety rails Storage uprights for plate storage solution Can freestanding in special circumstances with additional parts but aim to bolt down Optional Accessories 2-4 x pairs J-Hooks 2-4 x pairs Spotting Arms Dip bar Safety slings Safety rail Band load pegs Assembled Dimensions (L x W x H - mm's) 4650 x 1895 x 2550

Power Cage - Single (x2)

Rack cage power single joined x2. Features 2 x racking positions 1 x pull-up / suspension positions Allows for working inside cage with options for band loading / deloading and safety rails Must be bolted down at each fixing position Optional Accessories 1-2 x pairs J-Hooks 1-2 x pairs Spotting Arms Dip bar Safety slings Safety rail Band load pegs Assembled Dimensions (L x W x H - mm's) 4065 x 1370 x 2550

Power Cage - Half Cage (x2)

Rack cage power half joined x2. Features 2 x racking positions 4 x pull-up / suspension positions Extra compact cage to suit very small spaces for a single lifter Storage uprights for plate storage solution Must be bolted down at each fixing position Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Dip bar Band load pegs Assembled Dimensions (L x W x H - mm's) 4650 x 740 x 2550

Power Cage - Half Cage Double (x2)

Rack cage double half joined x2. Features 4 x racking positions 8 x pull-up / suspension positions Compact cage for 4 dedicated lifting areas Storage uprights for plate storage solution Must be bolted down at each fixing position Optional Accessories 4 x pair J-Hooks 4 x pair Spotting Arms Dip bar Band load pegs Assembled Dimensions (L x W x H - mm's) 4650 x 1265 x 2550

Power Cage - Single Storage Extensions (x2)

Rack cage power single with storage joined x2 with extensions. Features 4 x racking positions 4 x pull-up / suspension positions 2 x ring / rope positions Allows for working inside cage with options for band loading / deloading and safety rails Storage uprights for plate storage solution Can freestanding in special circumstances with additional parts but aim to bolt down Optional Accessories 2-4 x pairs J-Hooks 2-4 x pairs Spotting Arms Dip bar Safety slings Safety rail Band load pegs Climbing rope Gymnastics rings Assembled Dimensions (L x W x H - mm's) 4650 x 1895 x 3690

Ref Code Ex. GST Inc. GST

A 60075 11570.00 12727.00

B 60076 10630.00 11693.00

C 60008 1904.55 2095.00

D 60009 2885.00 3173.50

E 60010 1825.00 2007.50

F 60011 2465.00 2711.50

G 60045 6165.00 6781.50

H 60046 4205.00 4625.50

I 60047 4045.00 4449.50

J 60048 6340.00 6974.00

K 60064 6170.00 6787.00

	Ref	Code	Ex. GST	Inc. GST
Power Cage - Half Cage Extensions (x2)	L	60065	4050.00	4455.00

Rack cage half joined x2 with extensions. Features 2 x racking positions 4 x pull-up / suspension positions 2 x ring / climbing rope positions Extra compact cage to suit very small spaces for a single lifter Storage uprights for plate storage solution Must be bolted down at each fixing position Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Dip bar Band load pegs Climbing rope Gymnastics rings Assembled Dimensions (L x W x H - mm's) 4650 x 740 x 3690

Power Cage - Half Cage Double Extensions (x2)	M	60066	6130.00	6743.00
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Rack cage double half joined x2 with extensions. Features 4 x racking positions 4 x pull-up / suspension positions 4 x ring / climbing rope positions Compact cage for 4 dedicated lifting areas Storage uprights for plate storage solution Must be bolted down at each fixing position Optional Accessories 4 x pair J-Hooks 4 x pair Spotting Arms Dip bar Band load pegs Gymnastics rings Climbing rope Assembled Dimensions (L x W x H - mm's) 4650 x 1265 x 3690

Platforms

Cage Platform - 2.4x1.2m	N	60016	850.00	935.00
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Platform 2.4 x 1.2m. Features Dedicated lifting area 40mm thick with 2 x 20mm thick rubber drop zones For powerlifting and Olympic lifting Compact sized platform - still large enough for all Olympic lifts excluding the split jerk Assembled Dimensions (L x W x H - mm's) 1184 x 2355 x 43

Cage Platform - 2.4x1.8m	O	60017	950.00	1045.00
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Platform 2.4 x 1.8m. Features Dedicated lifting area 40mm thick with 2 x 20mm thick rubber drop zones Suitable for powerlifting and Olympic lifting Good balance between lifting area and floor space Assembled Dimensions (L x W x H - mm's) 1769 x 2355 x 43

Cage Platform - 2.4x2.4m	P	60018	1200.00	1320.00
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Platform 2.4 x 2.4m. Features Dedicated lifting area 40mm thick with 2 x 20mm thick rubber drop zones For powerlifting and Olympic lifting Full competition size lifting platform Assembled Dimensions (L x W x H - mm's) 2354 x 2355 x 43

Rack Attachments

Rack Attachment - J Hook	Q	40019	200.00	220.00
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Standard JHooks for racks and Rigs. Repalceable HDPE protects barbell knurl and the JHook. 130mm high back on the JHook allows for easy re-racking. J can cater for Olympic barbells to 50mm. Measure 195mm (L) x 80mm (W) x 195mm (H).

Rack Attachment - Spotting Arm	R	40020	270.00	297.00
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Spotting arms act as lifting safeties to protect you at the bottom of a squat/ bench press They can also be used as an adjustable starting point for rack pulls and other more advanced movements HDPE (high density polyethelene) protects barbell knurl and uprights. 500mm catching area. Measures 602mm (L) x 83mm (W) x 300mm (H).

Rack Attachment - Dip Bar	S	40021	240.00	264.00
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Removable dip bar can be attached to any upright at any height Tapers from 550mm to 340mm to suit all sizes Measures 780mm (l) x 540mm (W) x 300mm (H).

Rack Attachment - Weight Pin		40022	50.00	55.00
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Stainless steel weight storage pin attaches to uprights 290mm long.

Wall Mounted Chinup Bars

Chin Up Bar - Standard	T	60050	260.00	286.00
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Wall mounted standard chin up bar. Features Ideal for additional chinning spaces without taking up floorspace Works well in any type of gym 1080mm wide chin up bar for 1 user Assembled Dimensions (L x W x H - mm's) 1200 x 985 x 450

Chin Up Bar - Standard Extension	U	60051	160.00	176.00
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Wall mounted chin up bar standard extension. Features Standard length add-on wall mounted chin up bar Ideal for additional chinning spaces without taking up floorspace Works well in any type of gym 1080mm wide chin up bar for 1 user Assembled Dimensions (L x W x H - mm's) 1140 x 985 x 450

Chin Up Bar - Standard (x2)	V	60052	420.00	462.00
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Wall mounted chin up bar standard joined x2. Features 2 x joined standard length wall mounted chin up bar Ideal for additional chinning spaces without taking up floorspace Works well in any type of gym 2 x 1080mm wide chin up bar for 2 users Assembled Dimensions (L x W x H - mm's) 2230 x 985 x 450

Chin Up Bar - Long	W	60053	290.00	319.00
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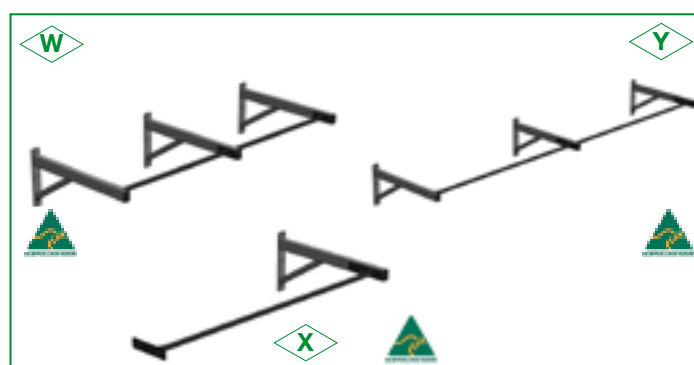
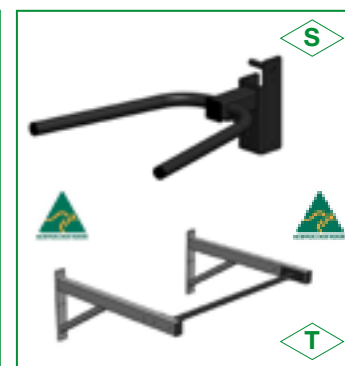
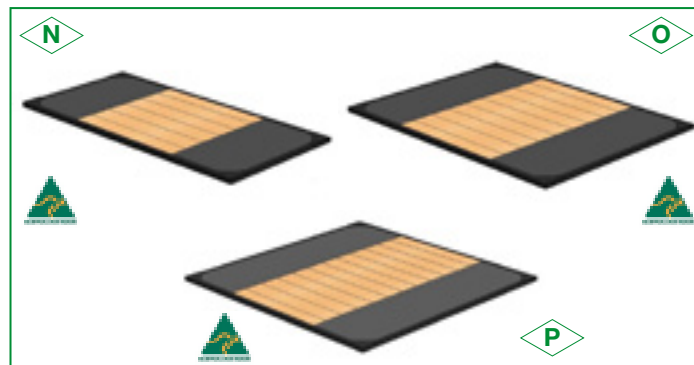
Wall mounted chin up bar long. Features Long length wall mounted chin up bar Ideal for additional chinning spaces without taking up floorspace Works well in any type of gym 2070mm wide chin up bar for 2 users Assembled Dimensions (L x W x H - mm's) 2130 x 985 x 450

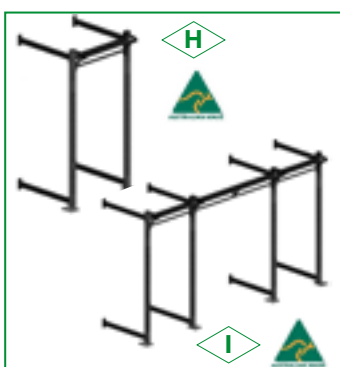
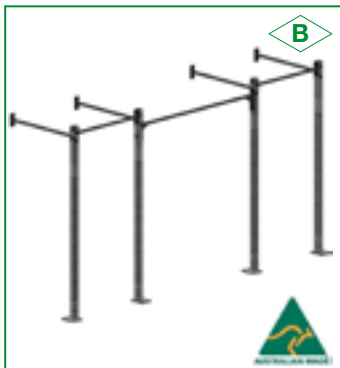
Chin Up Bar - Long Extension	X	60054	190.00	209.00
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Wall mounted chin up bar long extension. Features Long length add-on wall mounted chin up bar Ideal for additional chinning spaces without taking up floorspace Works well in any type of gym 2 x 2070mm wide chin up bar for 4 users Assembled Dimensions (L x W x H - mm's) 20700 x 985 x 450

Chin Up Bar - Long (x2)	Y	60055	480.00	528.00
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Wall mounted chin up bar long joined x2. Features 2 x joined long length wall mounted chin up bar Ideal for additional chinning spaces without taking up floorspace Works well in any type of gym 2 x 2070mm wide chin up bar for 4 users Assembled Dimensions (L x W x H - mm's) 4190 x 985 x 450





Wall Mounted Rigs

Wall Mounted Rig - Single Cell

A 60005 760.00 836.00

Features 1 x racking positions 3 x pull-up / suspension positions More space efficient but less functional than the comparative free standing option Must be bolted down at each fixing position and into brick / slab wall Optional Accessories 1 x pair J-Hooks 1 x pair Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 1410 x 1225 x 2550

Wall Mounted Rig - Dual Cell

B 60006 1610.00 1771.00

Wall mounted dual cell rig. Features 2 x racking positions 8 x pull-up / suspension positions More space efficient but less functional than the comparative free standing option Must be bolted down at each fixing position and into brick / slab wall Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 4065 x 1225 x 2550

Wall Mounted Rig - Dual Cell Monkey

C 60007 2625.00 2887.50

Wall mounted dual cell with monkey bars. Features 2 x racking positions 4 x pull-up / suspension positions Wall mounted is more space efficient but less functional than the comparative free standing option Monkey bars provide a novel training option Must be bolted down at each fixing position and into brick / slab wall Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 4065 x 1225 x 2550

Wall Mounted Rig - Triple Cell

D 60043 2460.00 2706.00

Rack wall mounted triple cell. Features 3 x racking positions 13 x pull-up / suspension positions More space efficient but less functional than the comparative free standing option Must be bolted down at each fixing position and into brick / slab wall Optional Accessories 3 x pairs J-Hooks 3 x pairs Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 7890 x 1225 x 2550

Wall Mounted Rig - Triple Cell Monkey

E 60044 4210.00 4631.00

Rack wall mounted triple cell monkey. Features 3 x racking positions 7x pull-up / suspension positions More space efficient but less functional than the comparative free standing option Monkey bars provide a novel training option Must be bolted down at each fixing position and into brick / slab wall Optional Accessories 3 x pairs J-Hooks 3 x pairs Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 7890 x 1225 x 2550

Wall Mounted Rig - Power Cage Half

F 60077 1040.00 1144.00

Rack wall mounted Power Cage half. Features 1 x racking positions 1 x pull-up / suspension positions Extra compact wall mount good for very small spaces Must be bolted down at each fixing position and into brick / slab wall Optional Accessories 1 x pair J-Hooks 1 x pair Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 1410 x 595 x 2550

Wall Mounted Rig - Power Cage Half (x2)

G 60078 2385.00 2623.50

Rack wall mounted Power Cage half joined x2. Features 2 x racking positions 4 x pull-up / suspension positions Extra compact wall mount good for very small spaces Must be bolted down at each fixing position and into brick / slab wall Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 4065 x 595 x 2550

Wall Mounted Rig - Power Cage

H 60079 1220.00 1342.00

Rack wall mounted Power Cage. Features 1 x racking positions 1 x pull-up / suspension positions More space efficient but less functional than the comparative free standing option Added functionality for band loading / deloading Must be bolted down at each fixing position and into brick / slab wall Optional Accessories 1 x pair J-Hooks 1 x pair Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 1410 x 1225 x 2550

Wall Mounted Rig - Power Cage (x2)

I 60080 2745.00 3019.50

Rack wall mounted Power Cage joined x2. Features 2 x racking positions 4 x pull-up / suspension positions More space efficient but less functional than the comparative free standing option Added functionality for band loading / deloading Must be bolted down at each fixing position and into brick / slab wall Optional Accessories 2 x pairs J-Hooks 2 x pairs Spotting Arms Dip bar Assembled Dimensions (L x W x H - mm's) 4065 x 1225 x 2550

CPR Manikins

Actar Manikins

Actar 911 Trooper

314410 216.95 238.65

Unit includes: 1 torso manikin- 5 disposable lungs- instruction card and carry case.

Actar 911 Patrol

J 314411 782.00 860.20

5 Torso manikins- 100 disposable lungs instruction card- training video and nylon carry/ storage bag.

Actar 911 Squadron

314421 1229.00 1351.90

10 Torso manikins- 100 disposable lungs instruction card- training video and nylon carry/ storage bag.

Ambu Manikins

Ambu CPR Pal

K 314440 335.00 368.50

The low priced Ambu CPR Pal is simple but effective training manikin. Patented hygienic system protects the student and makes internal cleaning entirely unnecessary. Ventilation can be seen and exhalation through nose and mouth can be felt and heard.

Ambu Man C

314442 2388.00 2626.80

The Ambu Man is an adult-sized training manikin that provides an exceptionally lifelike representation of the human anatomy, particularly those features important to training in modern resuscitation techniques.

Ref Code Ex. GST Inc. GST

Laerdal Manikins

Resusci Anne - Torso Basic

L 314474 1059.00 1164.90

Resusci Anne First Aid manikin (torso model, no arms or legs) in carry bag with clothing and accessories. Includes: Torso Manikin, 3 Decorated Resusci Manikin Faces, 2 Disposable Airways, Semi rigid Carry Bag with integrated kneel mat, Jacket, 50 Resusci Manikin Wipes, User Guide, Important Product Information.

Resusci Anne - QCPR Torso

M 314484 1935.00 2128.50

Resusci Anne QCPR is an adult CPR training manikin now improved for multiple feedback options that provide opportunity to focus on learner competency. Measurement, assessment and quality feedback are key factors in developing competency.

Resusci Anne - QCPR Full Body

3144841 2515.00 2766.50

Full body manikin with trolley suitcase. Includes: Full Body Manikin, 3 Decorated Resusci Manikin Faces, 2 Disposable Airways, 2 Extra Compression Springs (Hard and Soft), Kneel mat, Jacket, Pants, 50 Resusci Manikin Wipes, USB cable (for use with any USB power supply), User Guide, Important Product Information. Note: Feedback tool (SkillGuide) not included, has to be ordered separate.

Baby Anne

N 314488 198.00 217.80

The Baby Anne manikin was developed to provide effective infant CPR training without compromising realism or quality. Sold as an individual unit.

Little Anne Manikin

O 314489 284.00 312.40

The Little Anne Manikin has been developed to provide effective adult CPR training without compromising realism or quality. Its durable and convenient design makes hands-on practice affordable for every student.

Little Anne Manikin - QCPR

314489Q 326.00 358.60

The Little Anne Manikin has been developed to provide effective adult CPR training without compromising realism or quality. Its durable and convenient design makes hands-on practice affordable for every student. Includes: Manikin, 2 manikin faces, 2 airways, 6 manikin wipes, Jacket for manikin, Soft pack carrying case/training mat.

Little Junior - QCPR

P 314500 320.00 352.00

Now with QCPR feedback technology, to help instructors improve CPR training quality, efficiency, and learner engagement. Little Anne QCPR allows an instructor to monitor up to six learners at the same time from the palm of their hand. The Instructor App provides an easy to view performance summary that highlights which students may require further guidance. At a glance you can pick up who is not compressing deeply enough, who is not compressing at the correct rate and who is overventilating. Includes: Manikin, 2 manikin faces, 2 airways, 6 manikin wipes, Jacket for manikin, Soft pack carrying case/training mat.

Little Junior - QCPR (4-Pack)

Q 314501 1114.00 1225.40

Now with QCPR feedback technology, to help instructors improve CPR training quality, efficiency, and learner engagement. Little Anne QCPR allows an instructor to monitor up to six learners at the same time from the palm of their hand. The Instructor App provides an easy to view performance summary that highlights which students may require further guidance. At a glance you can pick up who is not compressing deeply enough, who is not compressing at the correct rate and who is overventilating.

Little Junior - QCPR Upgrade Kit

314502 120.00 132.00

Upgrade your Little Anne to include QCPR feedback with this upgrade kit.

SkillGuide with extension cable

314503 96.91 106.60

The SkillGuide for QCPR manikins enhances the ability to Measure, Track, and Improve your CPR skills. Small, portable, and lightweight, it is compatible with Resusci Anne QCPR, Resusci Baby QCPR, and Little Anne QCPR. Three modes for use: Feedback, Blind and Debriefing. Real Time Feedback: Compression Depth, Compression Rate, Incomplete Release, Incorrect Hand position (not available on Little Anne QCPR), Ventilation volume, Compression and Ventilation counter. Summative Feedback: Compression score xx%, Ventilation score xx%, Most severe errors on ventilations and compressions, CPR duration mm.ss., Flow fraction xx%.

Basic Buddy Manikins

Basic Buddy CPR Manikin

R 314405 197.00 216.70

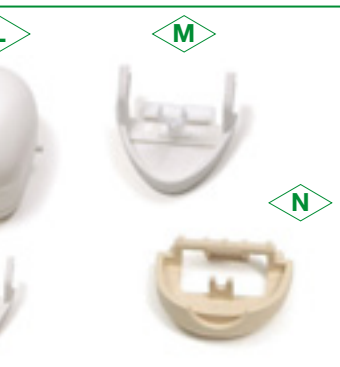
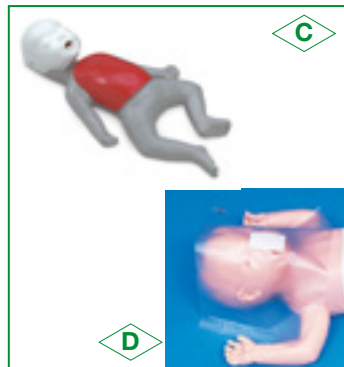
An affordable manikin that you don't have to clean. The Basic Buddy CPR Manikin is a dramatic, inexpensive and state of the art manikin designed for teaching individuals and groups the life saving techniques of CPR. The one piece disposable lung/mouth protection system makes this manikin completely sanitary --- with no risk of cross contamination and no need to sanitise the manikins after use. The airway opens using the head tilt/chin lift method, with a visible chest rise when ventilated. The xiphoid process provides an anatomical reference point for hand placement and compressions.

Basic Buddy CPR Manikin Set of 10

S 31440510 1650.77 1815.85

An affordable manikin that you don't have to clean. The Basic Buddy CPR Manikin is a dramatic, inexpensive and state of the art manikin designed for teaching individuals and groups the life saving techniques of CPR. The one piece disposable lung/mouth protection system makes this manikin completely sanitary --- with no risk of cross contamination and no need to sanitise the manikins after use. The airway opens using the head tilt/chin lift method, with a visible chest rise when ventilated. The xiphoid process provides an anatomical reference point for hand placement and compressions. Set of 10 with bags that allow packing of assembled manikins.





Basic Buddy CPR Manikin Set of 5

An affordable manikin that you don't have to clean. The Basic Buddy CPR Manikin is a dramatic, inexpensive and state of the art manikin designed for teaching individuals and groups the life saving techniques of CPR. The one piece disposable lung/mouth protection system makes this manikin completely sanitary --- with no risk of cross contamination and no need to sanitise the manikins after use. The airway opens using the head tilt/chin lift method, with a visible chest rise when ventilated. The xiphoid process provides an anatomical reference point for hand placement and compressions. Set of 5 with bag that allows packing of assembled manikins.

Baby Buddy CPR Manikin Set of 5

An affordable manikin that you don't have to clean. The Baby Buddy CPR Manikin is a dramatic, inexpensive and state of the art manikin designed for teaching individuals and groups the life saving techniques of CPR. The one piece disposable lung/mouth protection system makes this manikin completely sanitary --- with no risk of cross contamination and no need to sanitise the manikins after use. The airway opens using the head tilt/chin lift method, with a visible chest rise when ventilated. The xiphoid process provides an anatomical reference point for hand placement and compressions. Set of 5 with bag that allows packing of assembled manikins.

Baby Buddy CPR Manikin

Full-Body Infant Manikin with Proper Landmarks to Realistically Practice CPR Techniques

Actar Manikin - Consumables

Resusci Face Shields (x36)

Face Shields to suit Resusci Range and Actar 911 range.

Actar Lung Bags (x100)

Pack of 100 replacement lung bags for Actar mannikins. Includes 10 spare rubber bands.

Actar 911 Airways (x10)

Replacement airways for Actar 911 range of manikins.

Manikin Ambu - Consumables

Ambu CPR Pal Headbags (Pack of 100)

Spare headbags for use with Ambu CPR Pal. Sold in pack of 100.

Ambu Man Headbags (Pack of 100)

Spare headbags for use with Ambu Man. Sold in a pack of 100.

Ambu Mouth/Nose Piece for CPR Pal

Spare face pieces for use with Ambu CPR Pal.

Ambu Face Pieces CPR Pal (Pack of 25)

Spare face pieces for use with Ambu CPR Pal. Sold in a pack of 25.

Laerdal Manikin - Consumables

Little Anne Mask Couplings (x10)

Little Anne mask coupling ring, sold in a pack of 10.

Little Anne Airway Complete (x24)

Replacement airways for use with Little Anne manikins. Sold as a pack of 24.

Resusci Manikin Wipes

Disinfectant wipes for use with manikins. Soaked in 70% ethyl alcohol

Resusci Manikin Wipes (x50)

Resusci Manikin Wipes (x1200)

Little Anne Face Skins

Replacement face skins for Little Anne manikins. Sold as a pack of six.

Little Anne Face Skins (x6)

Little Anne Dark Face Skins (x6)

Head Complete for Little Anne Manikin

Complete replacement head for Little Anne Manikin.

Jaw Assembly for Little Anne

Replacement jaw assembly for Little Anne Manikin.

Jaw Assembly for Baby Anne

Replacement jaw assembly for Baby Anne Manikin.

Little Anne Manikin Storage Bag

Replacement bag for Little Anne Manikin.

Basic Buddy Manikin - Consumables

Basic Buddy Lung/Mouth Pack of 100

Lung/mouth piece for use with Basic Buddy CPR manikin. Pack of 100. Use with 314405 or 3144055.

Baby Buddy Lung/Mouth Pack of 100

Lung/mouth piece for use with Baby Buddy CPR manikin. Pack of 100.

Manikin Consumables

5ltr Viraclean

For cleaning CPR manikins or disinfecting areas.

500ml Viraclean - Pump Pack

For cleaning CPR manikins or disinfecting areas. Supplied in a convenient 500ml pump pack.

1ltr Spray Bottle

Handy spray pack for use with viraclean in disinfecting manikins.

Ref	Code	Ex. GST	Inc. GST
A	3144055	915.23	1006.75
B	3144055B	915.23	1006.75
C	314405B	197.00	216.70
D	314426	36.64	40.30
E	314432	66.00	72.60
F	314433	50.00	55.00
G	314441	28.14	30.95
	314453	46.91	51.60
	314462	28.14	30.95
H	314463	536.00	589.60
	314491	27.91	30.70
I	314492	115.05	126.55
J	314493	21.73	23.90
	3144931	521.64	573.80
K	314494	140.09	154.10
	3144931	140.09	154.10
L	314495	33.68	37.05
M	314495J	25.55	28.10
N	314496J	12.23	13.45
	314490B	111.00	122.10
O	3144055L	94.45	103.90
	3144055LB	89.05	97.95
P	314497	40.18	44.20
	314498	13.68	15.05
Q	314499	3.55	3.90

Ref Code Ex. GST Inc. GST

Anatomical Models

Anatomical Model Skeleton - 85cm Tall R 314609 136.68 150.35

An economical teaching skeleton with full natural movement and a user-friendly personality that will encourage children to learn the names of the bones, with details to satisfy students, doctors or anyone interested in the human skeleton. This skeleton contains 200 bones of an adult human. The skull features movable jaw, removable calvarium, arms are movable and legs are removable.

Standard Skeleton 314610 495.00 544.50

This economical, life-size articulated adult plastic skeleton is ideal for the basics of human anatomy. The arms and the legs are removable for study. Features nerve branches, vertebral artery and herniated lumbar disc. The skull includes movable jaw, cut calvarium, suture lines and 3 removable lower teeth. Mounted on a sturdy 16" wide metal base. Made of washable and unbreakable PVC plastic. Height: 170cm

Foot Skeleton S 314620 197.77 217.55

The functional ankle model is natural size, includes flexible ligaments for full movement of the joint. The functional hand and wrist model is natural size, includes flexible ligaments for full movement including; flexion and extension, abduction and adduction, dorsal and palmar flexion, radial abduction and ulnar abduction.

Hand Skeleton T 314621 206.23 226.85

The functional hand and wrist model is natural size, includes flexible ligaments for full movement including; flexion and extension, abduction and adduction, dorsal and palmar flexion, radial abduction and ulnar abduction.

Flexible Spine Model - Column Only U 314622 282.23 310.45

The Flexible Spinal Column with Pelvis is 74cm tall and accurately displays the: Occipital plate, Vertebral artery, Spinal nerve, Prolapse disc between 3rd and 4th lumbar vertebrae.

Flexible Spine Model - Stand Only V 314623 57.91 63.70

Stand only for 314622.

Functional Shoulder Joint W 314624 209.86 230.85

This high quality life-size functional shoulder joint model shows the anatomy and mechanics of the shoulder joint. Consisting of the scapula, clavical, portion of humerus and joint ligaments, this fully flexible shoulder joint model clearly demonstrates abduction, anteversion, retroversion and internal/external rotation. The Functional shoulder joint model comes on a stand for easy study and display.

Functional Hip Joint X 314625 255.68 281.25

This life size functional hip joint model clearly shows the anatomy and mechanics of the human hip joint. This fully flexible hip joint demonstrates abduction, anteversion, retroversion and internal/external rotation. This high quality functional joint consists of portion of femur, hip bone and joint ligaments. Comes on a stand for easy display in the classroom or doctors office.

Functional Knee Joint Y 314626 199.00 218.90

This high quality, life-size functional knee joint model clearly shows the anatomy and mechanics of the knee joint. This fully flexible knee joint model demonstrates abduction, anteversion, retroversion and internal/external rotation. Model consists of portion of femur, tibia and portion of fibula; also includes meniscus, patella with quadriceps tendon and joint ligaments, including the ACL and PCL. Delivered on removable stand for easy study or display.

Functional Elbow Joint Z 314627 190.55 209.60

This high quality, life-size functional elbow joint model provides a graphic demonstration of the anatomy and mechanics of the human elbow joint. Use this fully flexible model to demonstrate abduction, anteversion, retroversion and internal/external rotation. Elbow joint consists of portion of the humerus, complete ulna and radius as well as joint ligaments. Comes on removable stand for easy study or display.

Articulating Rotator Cuff Model A1 314628 343.73 378.10

Full size normal right shoulder includes: infraspinatus, subscapularis, supraspinatus, and teres major and minor muscles; acromion, clavicle, humerus and scapula bones; plus eight ligaments and tendons. Model size: 5.5 x 6 x 6" Base: 6.5 x 5".

Musclad Hip with Sciatic Nerve B1 314629 419.68 461.65

Full size normal right hip with proximal femur and lower lumbar vertebrae including: sciatic nerve, gluteus medius, gluteus minimus, iliopsoas, inferior and superior gemelli, obturator internus, piriformis and psoas muscles, articular capsule ligaments, L4-L5 with sacrum. Model size: 7.25 x 4.75 x 10" Base: 8 7/8 x 6.25".

Mini Musclad Joint Set C1 314630 246.05 270.65

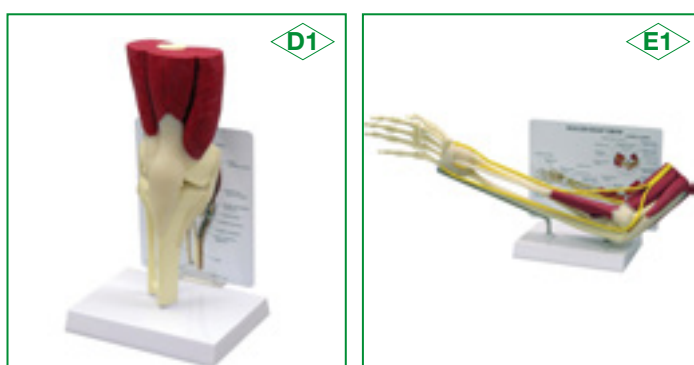
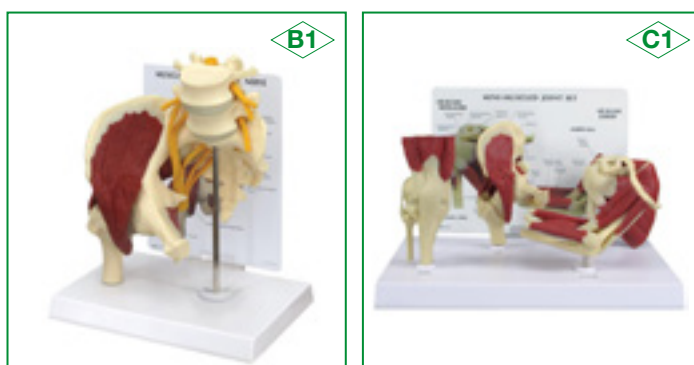
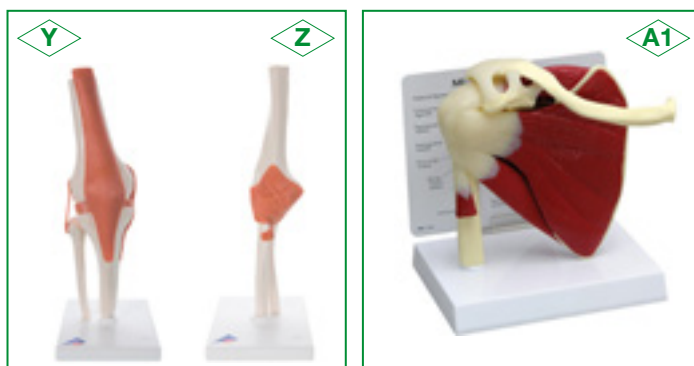
Set of four, reduced size (approximately 50% of stock models), joint models of the hip, elbow, shoulder and knee. (does not contain the structures of the hand and wrist). Hip Model : 2.5 x 2.75 x 5" Shoulder Model : 3 x 3 x 3.75" Knee Model: 1.5 x 1.75 x 4.5" Elbow Model: 1.5 x 5.25 x 3".

Musclad Knee Model D1 314631 340.09 374.10

Full size normal musclad right knee model includes: rectus femoris, vastus lateralis and vastus medialis muscles; femur, fibula, patella and tibia bones; anterior cruciate ligament, quadriceps femoris tendon plus six more ligaments and tendons. Model size: 3.5 x 3 x 10" Base: 6.5 x 5".

Musclad Elbow Model E1 314632 387.14 425.85

The Musclad Elbow Model is a full size normal right elbow (humerus to hand) includes: biceps brachii, brachialis, pronator teres and supinator muscles; distal, middle and proximal phalanges, humerus, metacarpal, thumb distal phalanx, radius and ulna bones; extensor carpi radialis brevis, extensor carpi radialis longus, flexor carpi radialis, flexor retinaculum and palmar carpal ligaments; radial, median and ulnar nerves. Model size: 19 x 3 x 6" Base: 6.5 x 5".





Elbow Model

Full size normal right elbow bone model includes: humerus, radius and ulna bones; joint capsule; annular ligament of radius, oblique cord, radial collateral and ulnar collateral ligaments. Model size: 8.5 x 2.25 x 4" Base: 6.5 x 5".

Life Size Human Skull Anatomical Model

This model is designed as a visual aid for teaching physiology and hygiene courses. It helps the students to understand the morphology and the construction of the skull. Composed of 22 pieces of bone with serrated suture lines marked out. Calvarium is transversely cut to show the interior structures of the skull. The mandible is movable and 3 lower teeth, incisor, cuspid and molar are removable.

Flexible Vertebral Column with Pelvis

This highly detailed life-size model shows all significant features of each vertebra, including spine, nerve roots, the vertebral artery, a herniated disc and vertebral notch etc. Ideal teaching model for students, patient education of chiropractors, orthopaedic surgeons and other medical professionals. Special features include: flexible 29" tall vertebral column complete with pelvis, sacrum, occipital bone, vertebral artery, all nerve branches and herniated lumbar disc. Deluxe chrome stand 34" high. Helps students to understand the relationship between human vertebral column and pelvis. It can also be used for studying the morphology of vertebral column and the construction of joints.

Human Shoulder Joint Model

Anatomical Life Size Human Shoulder Joint With Artificial Ligaments is an instructional model to illustrate abduction, adduction, anteversion, retroversion and internal/external rotation. Includes flexible, artificial ligaments. Size: 17.5cm x 11.5cm x 20cm.

Foot Joint With Ligaments Model

Anatomical Life Size Foot Joint With Flexible Artificial Ligament demonstrates all of the foot functionality and the external anatomical structures.

Human Hand Joint With Ligaments Model

Anatomical Human Hand Joint With Ligaments demonstrates all of the hand functionality and the external anatomical structures. Flexible Hand Joint with Flexible Artificial Ligaments. Demonstrates all of the hand functionality and the external anatomical structures. Including flexible, artificial ligaments.

Adult Female Pelvis Model

Adult Female Pelvis Anatomical Model is life sized and presented on a stand.

Flexible Vertebral Column With Pelvis & Femur Heads

This highly detailed life-size model shows all significant features of each vertebra, including spinal cord, nerve roots, the vertebral artery, a herniated disc and vertebral notch etc. Ideal teaching model for students, patient education of chiropractors, orthopaedic surgeons and other medical professionals. Special features include 29" tall vertebral column complete with pelvis, sacrum, occipital bone, vertebral artery, all nerve branches and herniated lumbar disc. Femur ends are articulated to give natural movement. Deluxe chrome stand 34" high. Helps students to understand the relationship between human vertebral column and pelvis. It can also be used for studying the morphology of vertebral column and the construction of joints.

Blood Pressure

Classroom Blood Pressure Set - PE02

This aneroid sphygmomanometer, complete with stethoscope, is attached to a hook cuff and is calibrated to 300mm Hg. Comes complete with vinyl case.

Omron 7130 Deluxe Blood Pressure Monitor

The Omron Deluxe blood pressure monitor provides simple, reliable and accurate blood pressure measurement at the touch of a button. The Deluxe blood pressure monitor also incorporates a 60 reading memory with date and time.

Manual Blood Pressure Set - PE01

This aneroid sphygmomanometer is attached to a hook cuff and is calibrated to 300mm Hg. Comes complete with vinyl case.

Heart Sure A320 Pulse Oximeter

Measures: - Oxygen Saturation (SpO2) - Pulse Rate. Dual Colour OLED Display. Large Font Display. Display Modes. Alarm Function. Multidirectional Display. Portable & Convenient. Anti-Shaking. IPX4 Water Splash Proof. Low Perfusion: 0.2%.

Omron 7322 Auto Blood Pressure Monitor

The Omron Premium home blood pressure monitor has advanced features, providing users with detailed blood pressure information. The Omron Premium blood pressure monitor is Australia's best selling home blood pressure monitoring device. This device reassures the user that an accurate reading is being recorded utilising the Enhances Intellisense system and the Cuff Wrapping Guide.

Omron 6221 Auto Blood Pressure Monitor

The Omron Premium Wrist monitor is slim and more discrete for readings anywhere, any time. The device employs a smart Measurement Posture Guide, which is automatically activated the moment a user's wrist is at heart level, ensuring an accurate reading every time.

Blood Fat Measurement

Slim Guide Skinfold Caliper

Plastic- convenient trigger operation with pistol grip handle. Direct reading scale measures from 0 to 85mm and is accurate to .5mm. Complete instructions included.

Ref	Code	Ex. GST	Inc. GST
A	314633	182.09	200.30
B	314634	56.27	61.90
C	314635	105.86	116.45
D	314636	44.23	48.65
E	314637	44.23	48.65
F	314638	40.18	44.20
G	314639	57.64	63.40
H	314640	130.00	143.00
I			
J	314730	166.45	183.10
K	314747	46.82	51.50
L	314751	73.82	81.20
M	314755	199.50	219.45
N	314757	199.50	219.45
O	314862	38.41	42.25

Harpenden Skinfold Caliper

Measurement of subcutaneous fat. Designed to exert a constant pressure of 10gm/mm with each division on the scale being .2mm. Sturdy metal construction.

Steel Body Measurement Tape

This steel tape will not stretch when placed under tension during measurements, allowing for accurate and repeatable results. The tape is 200cm long, thin, flexible and calibrated in cm.

Flexible Body Measurement Tape

Cloth tape which locks in place and releases by pressure on central button. Extends to 200cm.

Tanita Segmental Body Composition Monitor

Body composition measurements are an essential tool for monitoring your body's inner health. The Innerscan BC-545N from Tanita can provide accurate measurements of body fat, body water, visceral fat, muscle mass, bone mass, basal metabolic rate and total weight. Data can then be monitored and displayed on the Innerscan's LCD display. Even taking into account metabolic age, the Innerscan can then provide a physique rating to give you a quick summary of your efforts when building the new you. Basal Metabolic Rate (BMR) Helps you determine your minimum caloric needs. Percentage of body fat in the body including healthy adult range indicators. Amount of fluid in the body as percentage of total weight. Displays the weight of muscle & bone in the body. Provides an indicator of your body's visceral fat composition. Batteries (4x AA)

Tanita BC587 Body Composition Monitor

Body composition measurements are an essential tool for monitoring your body's inner health. The Innerscan BC-587 from Tanita can provide accurate measurements of body fat, body water, visceral fat, muscle mass, bone mass, basal metabolic rate and total weight. Data can then be monitored and displayed on the Innerscan's LCD display. Even taking into account metabolic age, the Innerscan can then provide a physique rating to give you a quick summary of your efforts when building the new you. Incorporates mode settings for each age/activity group, with 4 individual memory settings. Wide, toughened safety glass frame supports a body mass of up to 200kg, with measurements in 0.1 kg increments. Basal Metabolic Rate, Amount of energy expended at rest. Percentage of body fat up to 75%. Batteries (4x AA)

Tanita Fitness Body Composition Monitor

The ideal fitness partner for both athletes and families. Measures weight, body fat %, metabolism, muscle mass, hydration and gives a physique rating. Also measures bone mass + visceral fat, 150kg capacity, measures in increments of 0.1kg for weight and 0.1% for body fat and hydration.

Tanita Innerscan Segmental Body Composition Monitor

V BC-601. Body composition measurements are an essential tool for monitoring your body's inner health. The Innerscan V BC-601 from Tanita can provide accurate measurements of body fat, body water, visceral fat, muscle mass, bone mass, basal metabolic rate and total weight. Data can be displayed on the Innerscan's hand-held retractable LCD display. It can even be stored on an SD card and transferred to your computer. Passes a safe, low-voltage current through the user to accurately determine body measurements. Can switch between normal and athletic mode - athletic mode is specially calibrated for people involved in intense aerobic exercise of more than 10 hours per week, with a resting heart rate of less than 60 beats per minute. 4-profile settings (not counting the included guest mode) for data and history.

Tanita Body Fat/Hydration Monitor

Adult and child mode Measures body fat percentage and weight 1-line LCD readout Auto zero / Auto turn off 150 kg weight capacity 0.1 kg weight increments 0.1% body fat increments BIA technology 4-memory setting Guest mode feature Hydration feature measures total body water percentage Healthy range indicator Weight only button 3 year warranty Uses 4 x 'AA' batteries included.

Maltron 900 Body Composition Analyser

Maltron Analyser uses the scientific tetrapolar method of four electrodes which are applied to the right side of the body on the hand, wrist, foot and ankle. On entering all the parameters and resting in supine position with hands and legs slightly apart, Maltron BF-900 is activated. The processing power of the BF-900 analyses the data and displays the statistics within seconds.

Maltron 906 Body Composition Analyser

Maltron Analyser uses the scientific tetrapolar method of four electrodes which are applied to the right side of the body on the hand, wrist, foot and ankle. On entering all the parameters and resting in supine position with hands and legs slightly apart, Maltron BF-906 is activated. The processing power of the BF-906 analyses the data and displays the statistics within seconds.

Maltron 916 Body Composition Analyser

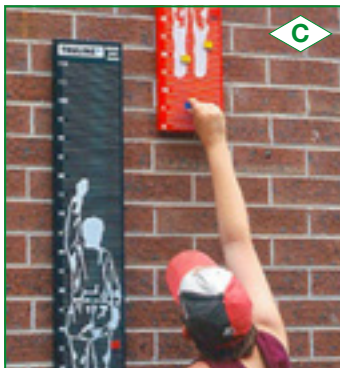
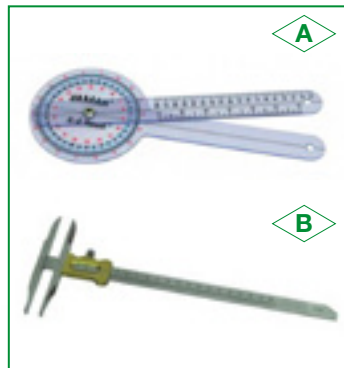
BioScan 916S combines the state of art capabilities of the 916 and is calibrated to include the general population, Sports and Athletes including clinical patients. BioScan a practical, non-invasive, non-intrusive, highly accurate portable diagnostic monitoring system for assessing Body Composition, Nutritional, Fluid monitoring in both health and clinical patients.

Flexibility and Testing

WOS Trunk Flexibility Tester

Sit and reach box with calibrated scale to assist with measurement and testing of flexibility. Initial assembly required.





Plastic Goniometer

The plastic 360 degree scale ISOM goniometers have a head with three scales calibrated. The clear plastic permits for use with the ISOM system. observation of the joint's axis of motion and range of motion.

Bone Calipers

Extra large jaws with blunt ends make it ideal for measuring bone parts. This user friendly instrument has a fixing screw for retaining vernier measurements for ease of recording. Scale measures from 0 - 200mm.

Height Jump Tester Wall Mount Black

Measures vertices jump from 0-1.1m Made from treated steel with powder coated black (optional red) finish Measurements are printed on directly and permanently for long life use Easy to use - place first magnet as high as you can reach, now jump as high as possible to place the second magnet The difference between the two is your jumping score This score now needs to be improved, creates a challenge Great motivator. Easy to install universal wall mount to any wall All hardware is included complete with 10 magnets Suggested mounting heights: Junior lowest 1.2m highest 2.3m Senior lowest 2m Highest 3.1m

Swift Vertical Jump Yardstick

Relative mode gives a differential reading between the athletes maximum reach while standing flat on the ground and the maximum height obtained in the jump. Adjust the target head so the tip of the subjects upstretched hand is level with the Yardsticks bottom finger. The subjects vertical displacement can then be read directly from the uppermost dislodged target finger, after the jump. (Vertical displacement = maximum height - maximum reach). Metric Measurements.

Height Scales

Handy Height Scale

Ideal for taking consistent height measurements. Fix the top portion of the unit to a wall 2 metres above the floor, then lower the bottom portion to the student's head and read the measurement. Range, 0-2000mm.

Portable Height Scale

The Portable Height Scale is a portable metal height scale that utilises the Handy Height Scale. It can be carried easily from room to room, or inside a car. The height scale comes in two parts for ease of transport. Measuring range from 0-2000mm.

Pedometers and Accelerometers

Yamax SW-200 Pedometer

Compact pedometer, counts steps only. Flip case prevents accidental reset. Rated the most accurate pedometer in the world.

Yamax SW-700 Pedometer

Compact pedometer, counts steps, distance and calories. Easy to set. Flip top case prevents reset. Replacement batteries are available.

Yamax EX210 Power Walker

The New EX210 provides the same top of the market 3D Technology as its older brother (EX510) but with slightly less features; making it an extremely easy to use and the most cost effective accelerometer to date. It is ideal for anyone who wants to record their daily steps without having the hassle of wearing it on their waist. 3D Accelerometer Sensor, Step Counter: Counts the number of steps taken while walking or jogging up to 99 999 Steps, 7 Days Memory: Records the number of steps and calorie consumption up to 7 days ago. Clock: 24 Hour System Clock, LCD Display, 6 Digit: Display up to 1 Million Steps, 12 Months Manufacturers Warranty, 2+ Years Battery Life, Free Safety Strap.

Yamax EX510 Power Walker

The EX510 is the top of the range in Accelerometers (3D Pedometers). With inbuilt 3D technology and the New Fat Burnt feature it is ideal for serious weight loss and health programs. 3D Accelerometer Sensor, Step Counter, Distance, Calorie Expenditure, Fat Burnt, Activity Time, 30 Days Memory, 30 Months Memory, Clock, Dual Display, 6 Digit up to 1 Million Steps, 12 Months Manufacturers Warranty, 2+ Years Battery Life.

School Pedometer Kit SW200 (15 units)

Kit includes 15 SW-200 pedometers with compartmented carry case and Pedometer Power book covering lesson plans from K - 12.

School Pedometer Kit SW700 (15 units)

Kit includes 15 SW-700 pedometers with compartmented carry case and Pedometer Power book covering lesson plans from K - 12.

School Pedometer Kit SW200 (30 units)

Kit includes 30 SW-200 pedometers with compartmented carry case and Pedometer Power book covering lesson plans from K - 12.

School Pedometer Kit SW700 (30 units)

Kit includes 30 SW-700 pedometers with compartmented carry case and Pedometer Power book covering lesson plans from K - 12.

Pedometer Kit Case

Plastic storage case with compartments, suitable for storing up to 15 Yamax pedometers.

Respiratory Equipment

Portable Dry Spirometer

Measures vital capacity from which tidal volume and expiratory reserve volume can be calculated. Needle is reset after each reading by rotating dial. Includes 50 disposable mouthpieces.

Portable Dry Spirometer Mouthpieces (50)

Replacement mouthpieces for portable dry spirometer, see product code 318246.

Ref	Code	Ex. GST	Inc. GST
A	314894G	35.09	38.60
B	314895	325.00	357.50
C	61732	262.64	288.90
D	316596	1153.73	1269.10
E	317006	32.18	35.40
F	317005	197.64	217.40
G	555044	24.14	26.55
H	555045	33.18	36.50
I	555035	33.50	36.85
J	555030	60.32	66.35
J	5550101	381.18	419.30
	555010	510.05	561.05
	5550111	737.64	811.40
	555011	995.41	1094.95
	555012	13.41	14.75
K	318246	209.05	229.95
L	318291	17.55	19.30

Ref Code Ex. GST Inc. GST

Scales and Body Strength

Scales

Proport Nova Digital Scales

M 318690 36.32 39.95

Large 93 x 55mm LCD backlit display. Silver tempered glass platform, slim profile (6mm). Displays in kgs, stones/pounds. Step on start and auto off. Overload and low battery indicator. Requires 4 x AAA batteries not included.

Tanita Digital Bathroom Scale

N 318693B 52.09 57.30

Total weight in increments of 0.1kg, 180kg weight capacity, Kilo / pound / stone switch, Automatic shut-off, Luxurious reinforced tough safety glass platform, 2 x long life batteries, 5 Year warranty.

Platform Medical Scale

O 318691 321.82 354.00

Accurate clinical scale featuring robust all steel construction with durable baked enamel finish. Large easy to read dial is graduated in metric & English units; weighs up to 150kg with 500g divisions. Non slip platform cover gives added safety. Stores easily when not in use.

Dynamometers

Hand Dynamometer

P 318645 257.82 283.60

The frame is stronger and sturdier with the hand grip and general operation being smoother and more user friendly. Comes complete with sturdy case and instructions. Measures a grip strength of up to 100kg.

Jamar Digital Hand Dynamometer

Q 318650 552.09 607.30

The readout displays isometric grip force from 0-90kg (200 lbs) and its easy-to-read LCD display can be set to display either kilograms or pounds. The dynamometer also features digital load cell technology, Rapid Exchange Testing with audible signals, and automatically calculates the Average, Standard Deviation, and Coefficient of Variation. The two minute auto-off feature helps conserve battery power and the battery low life indicator provides adequate time for replacement. It uses a sturdy aluminium body construction with a scratch resistant UV coating for a long and useful life. It requires two AAA batteries (included) and comes complete in a reusable storage container.

Back Dynamometer

R 318623 586.50 645.15

For evaluating strength of back and leg muscles. Measures up to 300kg.

Shoulder & Arm Dynamometer

S 318668 640.45 704.50

For evaluating both the pressure and pulling power of the shoulder and arm. Measures up to 100kg.

MicroFET, ErgoFET and DigitFET

microFET2 Muscle Tester

T 318600 1672.86 1840.15

The microFET 2 muscle tester is the industry standard in muscle testing. The ergonomically designed microFET 2 accurately and objectively measures force in multiple planes. Versatile attachments ensure proper muscle isolation for increased testing validity. Easy to read LCD display located directly on gauge shows peak force and duration. Can be used as stand alone testing unit or combined with data capture software (see product 318600S) for transfer of test data to computer.

microFET2 Muscle Tester with Software

U 318600S 2437.14 2680.85

The microFET 2 muscle tester is the industry standard in muscle testing. The ergonomically designed microFET 2 accurately and objectively measures force in multiple planes. Versatile attachments ensure proper muscle isolation for increased testing validity. Easy to read LCD display located directly on gauge shows peak force and duration. Includes data capture software for downloading test data to computer.

microFET3 Dual Function Muscle Tester

V 318601 2131.45 2344.60

microFET 3 MT and ROM combines the proven methods of muscle testing and range of motion in one convenient tool. Easy to use, patented technology and design put the power in your hand for simple yet comprehensive MT and ROM. microFET 3 MT and ROM uses highly trusted angle inclinometry, which eliminates the need for a secondary unit, freeing up one hand to stabilize or assist the patient through range of motion. microFET 3 is a highly versatile, cost effective tool for anyone involved in Muscle Testing and Range of Motion. Easy to read LCD display for both force and angle measurements. Can be used as stand alone testing unit or combined with data capture software (see product 318601S) for transfer of test data to computer.

microFET3 Muscle Tester with Software

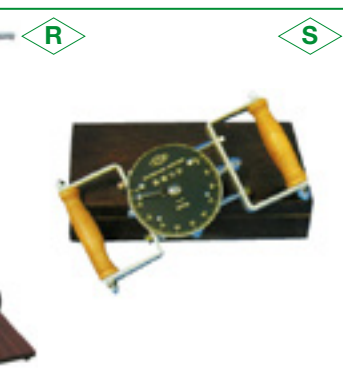
W 318601S 2895.68 3185.25

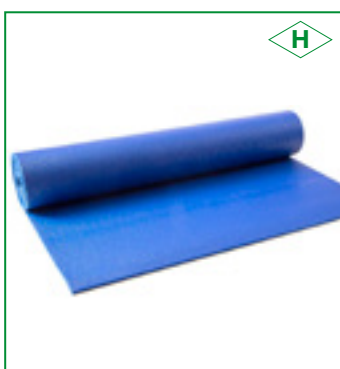
microFET 3 MT and ROM combines the proven methods of muscle testing and range of motion in one convenient tool. Easy to use, patented technology and design put the power in your hand for simple yet comprehensive MT and ROM. microFET 3 MT and ROM uses highly trusted single inclinometry, which eliminates the need for a secondary unit, freeing up one hand to stabilize or assist the patient through range of motion. microFET 3 is a highly versatile, cost effective tool for anyone involved in Muscle Testing and Range of Motion. Easy to read LCD display for both force and angle measurements. Includes data capture software for downloading test data to computer.

microFET4 Pinch & Grip

X 318602 2035.00 2238.50

The innovative microFET4 Pinch & Grip is the only combination hand grip and pinch gauge in a single device. Designed in compliance with all major published research in grip and pinch protocols, the microFET4 is a highly versatile, cost effective tool for anyone involved in hand rehab, upper extremity testing or geriatric care. The microFET4 Pinch & Grip provides accurate, objective and quantifiable results by identifying areas of weakness in the wrists, hands or fingers due to injury or disease. Can be used as stand alone testing unit or combined with data capture software (see product 318602S) for transfer of test data to computer.





microFET4 Pinch & Grip with Software

The innovative microFET4 Pinch & Grip is the only combination hand grip and pinch gauge in a single device. Designed in compliance with all major published research in grip and pinch protocols, the microFET4 is a highly versatile, cost effective tool for anyone involved in hand rehab, upper extremity testing or geriatric care. The microFET4 Pinch & Grip provides accurate, objective and quantifiable results by identifying areas of weakness in the wrists, hands or fingers due to injury or disease. Includes data capture software for downloading test data to computer.

microFET5 Intelligent Inclinator

The microFET5 Intelligent Inclinator is an easy to use, self contained, pre-programmed inclinometer for spinal range of motion. The microFET5 Intelligent Inclinator combines the accuracy and patient convenience of single inclinometry with the speed and simplicity of automatic calculation. The microFET5 is programmed to prompt the user through all spinal range of motion tests. It can also be used in simple mode for extremity range of motion testing, or combined with optional software for data collection and report generation. Can be used as stand alone testing unit or combined with data capture software (see product 318603S) for transfer of test data to computer.

microFET6 with Software

microFET6 is an accurate, portable Range of Motion testing system that can be used as either a single or dual inclinometer. The lightweight ergonomic unit is designed for ease of use, accuracy and reliability. microFET6 provides accurate, objective, quantifiable data for Range of Motion testing in the diagnosis, prognosis and treatment protocols for neuromuscular and musculoskeletal disorders.

ergoFET300 Push Pull Force Gauge

The unique ergoFET hand held push/pull force gauge is functional, portable and to use. It's patented compact design fits comfortably in your hand for either push or pull force testing. Many industries including automotive, computer, aviation and electronics are now applying ergoFET's proven design for their own testing and research applications. ergoFET's unique technology is the heart of a growing family of Hoggan Health pioneering measurement products for industrial/human factors, job analysis and ergonomic applications. Can be used as stand alone testing unit or combined with data capture software (see product 318608S) for transfer of test data to computer. Maximum load cell capacity 300lbs.

ergoFET300 Force Gauge with Software

The unique ergoFET hand held push/pull force gauge is functional, portable and to use. It's patented compact design fits comfortably in your hand for either push or pull force testing. Many industries including automotive, computer, aviation and electronics are now applying ergoFET's proven design for their own testing and research applications. ergoFET's unique technology is the heart of a growing family of Hoggan Health pioneering measurement products for industrial/human factors, job analysis and ergonomic applications. Includes data capture software for transfer of test data to computer. Maximum load cell capacity 300lbs.

ergoFET500 Force Gauge

The ergoFET500 force gauge is a cost effective, durable and easy to use push pull force gauge designed for a wide variety of force measurement applications where peak force, untimed average force or timed 3 second average force is required. ergoFET500 is excellent for jobsite and ergonomic analysis NIOSH whole body or job specific static strength testing, or for any force measurement at the jobsite or in the clinic. With two operating test modes, four selectable threshold settings, and force readings in pounds, kilograms or Newtons. ergoFET500 is a highly versatile force gauge for any industrial measurement application.

digitFET Miniature Push & Pinch Gauge

The digitFET miniature push and pinch gauge for hand and finger measurements fills a void in the ergonomic field. Designed with input from top ergonomic and industrial/human factors specialists. digitFET is ideal for force measurements for job analysis and hand finger exertion, and for hard to reach areas, such as electrical wiring connectors, door panel pops as well as a variety of assembly processes, quality control/compliance and lab/bench testing.

Stethoscopes

Nurse's Stethoscope

Lightweight, streamlined, excellent acoustics.

Yoga and Pilates

Yoga Mat - 4mm

Standard yoga mat, 173cm x 60cm, 4mm thick.

Yoga Mat - 6mm

These mats are tough wearing, lightweight and easy to clean. Portable and versatile. The closed-foam construction enables them to provide a comfortable training environment even on most hard surfaces. 170cm x 60cm, 6mm thick for added comfort.

Yoga Strap

Made of a strong cotton blend with a PVC buckle. Yoga straps are ideal for assisting users in to correct postures and increasing flexibility. Length: 180cm Width: 38mm

Yoga Block

Yoga Block is sturdy, lightweight and durable. It has bevelled edges to reduce wear and tear and keep them looking good in your clinic or home. Yoga Blocks lend support and extension for many yoga postures, pilates exercises and stretching routines. Hardness: 50 (Shore C) Color: Blue Size: 22.5cmx7.5cmx15cm Material: EVA (Ethylene Vinyl Acetate)

Ref	Code	Ex. GST	Inc. GST
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A	318602S	2667.50	2934.25
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B	318603	2035.00	2238.50
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C	318604S	2437.14	2680.85
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D	318608	2131.41	2344.55
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	318608S	2895.68	3185.25
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E	318611	2131.50	2344.65
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F	318609	3921.50	4313.65
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G	319044	11.36	12.50
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H	394628F	13.09	14.40
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	394628	25.00	27.50
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	394628S	5.91	6.50
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	394628B	12.00	13.20
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Pilates Ring

Enhance your pilates workout. These flexible pilates rings have a soft foam cover and handles offer different resistances for isometric exercises, which will firm muscles of the upper arms and inner thighs. Three different resistances available.

Pilates Ring - Light	319100	19.59	21.55
Pilates Ring - Medium	319101	19.59	21.55
Pilates Ring - Heavy	319102	19.59	21.55

Pilates Reflex Ball

Ideal to help promote blood circulation and for the stimulation and relaxation of muscles. Can be used on any part of the body.

Pilates Reflex Ball - 6cm	319111	8.05	8.85
Pilates Reflex Ball - 7cm	319112	8.05	8.85
Pilates Reflex Ball - 8cm	319113	8.05	8.85
Pilates Reflex Ball - 9cm	319114	9.36	10.30
Pilates Reflex Ball - 10cm	319115	9.36	10.30

FOOTBALL

Australian Rules Balls

Sherrin Soft Touch

Sherrin Soft Touch

Soft touch synthetic Australian rules football. Shaped and branded like the real thing but with soft finish. Excellent for preparatory aged children for basic skill acquisition.

Sherrin Soft Touch - Mini (20cm) Red	340411	10.55	11.60
Sherrin Soft Touch - Mini (20cm) Pink	340411P	10.55	11.60
Sherrin Soft Touch - Mini (20cm) Yellow	340411Y	10.55	11.60
Sherrin Soft Touch - Junior (22cm) Red	K 340412	14.18	15.60
Sherrin Soft Touch - Junior (22cm) Pink	K1 340412P	14.18	15.60
Sherrin Soft Touch - Junior (22cm) Yellow	K2 340412Y	14.18	15.60
Sherrin Soft Touch - Youth (25cm) Red	340419	15.64	17.20
Sherrin Soft Touch - Youth (25cm) Pink	340419P	15.64	17.20
Sherrin Soft Touch - Youth (25cm) Yellow	340419Y	15.64	17.20

World of Sport Synthetic

WOS Hyper-Lite Cellular Football #2

Cellular rubber football with super soft feel. Butyl bladder for high air retention. Bright yellow colour for ease of visual tracking.

WOS Aussie Rules Ball

Traditional shaped synthetic Australian Rules ball. Three ply construction with embossed finish for excellent grip. Red synthetic finish.

WOS Aussie Rules Ball - #1	340420	10.86	11.95
WOS Aussie Rules Ball - #2	340421	10.86	11.95
WOS Aussie Rules Ball - #3	340422	10.86	11.95
WOS Aussie Rules Ball - #4	340423	10.86	11.95
WOS Aussie Rules Ball - #5	340424	10.86	11.95

Sherrin/WOS School Rules Football

Synthetic Australian Rules training ball from Sherrin. Distinctively branded with Sherrin and World of Sport logos as well as School Property markings.

Sherrin/WOS School Rules Football - #3	340425	15.68	17.25
Sherrin/WOS School Rules Football - #4	340428	15.68	17.25
Sherrin/WOS School Rules Football - #5	340431	16.82	18.50

Burley Synthetic

Burley Attack - Red

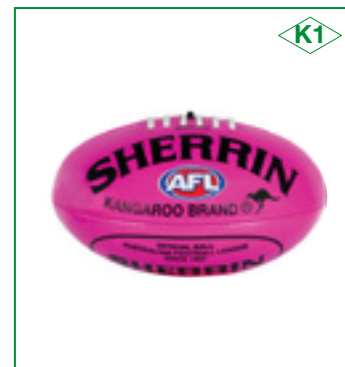
The attack is made from waterproof, synthetic material, and features an embossed, pebbled surface for better grip and easier marking. Perfect for schools and beginners learning the basics of the game.

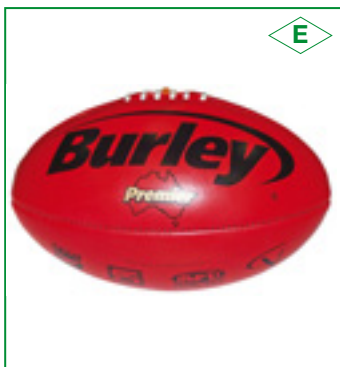
Burley Attack - #2 Red	340451R2	11.45	12.60
Burley Attack - #3 Red	340451R3	12.73	14.00
Burley Attack - #4 Red	340451R4	12.73	14.00
Burley Attack - #5 Red	340451R5	13.36	14.70

Burley Attack - Yellow

The attack is made from waterproof, synthetic material, and features an embossed, pebbled surface for better grip and easier marking. Perfect for schools and beginners learning the basics of the game. Yellow finish for twilight and night training.

Burley Attack - #3 Yellow	340451Y3	12.73	14.00
Burley Attack - #4 Yellow	340451Y4	12.73	14.00
Burley Attack - #5 Yellow	340451Y5	13.36	14.70



**Sherrin Synthetic****Sherrin Synthetic - Red**

All weather rubber synthetic training football.

Sherrin A/R Synthetic - #1 Red	340455T	15.09	16.60
Sherrin A/R Synthetic - #2 Red	340456	15.68	17.25
Sherrin A/R Synthetic - #3 Red	340462	18.09	19.90
Sherrin A/R Synthetic - #4 Red	340468	18.09	19.90
Sherrin A/R Synthetic - #5 Red	340474	19.32	21.25

Sherrin Synthetic - Yellow

All weather rubber synthetic training football. Yellow finish for twilight and night training.

Sherrin A/R Synthetic - #1 Yellow	340455Y	15.09	16.60
Sherrin A/R Synthetic - #2 Yellow	340456Y	15.68	17.25
Sherrin A/R Synthetic - #3 Yellow	340462Y	18.09	19.90
Sherrin A/R Synthetic - #4 Yellow	340468Y	18.09	19.90
Sherrin A/R Synthetic - #5 Yellow	340474Y	19.32	21.25

Burley Leather**Burley Match - Red**

Made from fine Indian pre-stretched leather, the Match football offers a quality football suitable for all ages.

Burley Match - #3 Red	340452R3	36.91	40.60
Burley Match - #4 Red	340452R4	36.91	40.60
Burley Match - #5 Red	340452R5	36.91	40.60

Burley Match - Yellow

Made from fine Indian pre-stretched leather, the Match football offers a quality football suitable for all ages. Yellow finish for twilight and night training.

Burley Match - #4 Yellow	340452Y4	36.91	40.60
Burley Match - #5 Yellow	340452Y5	36.91	40.60

Burley Premier #5

Burley flagship football - specifically designed for use by the top grade. This special ball is made from premium leather hides, selected through years of experience in hand crafting footballs. To make the 'premier' grade, all four panels must be completely pristine.

Sherrin Leather**Sherrin Lyrebird Leather - Red**

Imported leather ball from Sherrin.

Sherrin Lyrebird Leather - #4 Red	3404944	36.18	39.80
Sherrin Lyrebird Leather - #5 Red	340494	36.18	39.80

Sherrin Lyrebird Leather - Yellow

Imported leather ball from Sherrin. For twilight and night matches.

Sherrin Lyrebird Leather - #4 Yellow	3404944Y	36.18	39.80
Sherrin Lyrebird Leather - #5 Yellow	340494Y	36.18	39.80

Sherrin Match Leather - Red

Genuine leather. Suitable for first grade games. Double stitching. Laced for bladder replacement.

Sherrin Match Leather - #3 Red	340480	80.82	88.90
Sherrin Match Leather - #4 Red	340487	87.45	96.20
Sherrin Match Leather - #5 Red	340493	87.45	96.20

Sherrin Match Leather - Yellow

Genuine leather. Suitable for first grade games. Double stitching. Laced for bladder replacement. For twilight and night matches.

Sherrin Match Leather - #3 Yellow	340480Y	85.00	93.50
Sherrin Match Leather - #4 Yellow	340487Y	87.45	96.20
Sherrin Match Leather - #5 Yellow	340493Y	85.59	94.15

Sherrin KB Red #5

Made from genuine, high grade leather, official game ball of the AFL. Suitable for ages 16 years and above. Australian made.

Sherrin KB Red #5	340499	118.18	130.00
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Sherrin KB Yellow Poly #5

Made from genuine, high grade leather, official game ball of the AFL. Suitable for ages 16 years and above. Polyurethane coating. For twilight and night matches. Australian made.

Sherrin KB Yellow Poly #5	340498Y	103.73	114.10
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Sherrin KB Yellow Veg Tan #5

Made from genuine, high grade leather, official game ball of the AFL. Suitable for ages 16 years and above. For twilight and night matches. Australian made.

Sherrin KB Yellow Veg Tan #5	340499Y	118.18	130.00
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Special Make Up**Special Logo Aussie Rules Ball**

Traditional shaped synthetic Australian Rules ball. Please contact World of Sport, minimum quantity of 20 to be ordered.

AFL Kits**World of Sport AFL Kit**

Coach kit comprising 10 x Sherrin AFL balls, 20 mock mesh training bibs, 15 x aerodomes, hand pump and mesh carry bag.

Ref Code Ex. GST Inc. GST

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Ref	Code	Ex. GST	Inc. GST
	3499912	245.00	269.50
	3499913	245.00	269.50
	3499914	259.55	285.50
	3499915	261.36	287.50
	3499916	335.45	369.00

Australian Football Kit

Kit comprises 1 x Sherrin Red #5, 1 x PVC Spring Aussie Rules Posts (set of 8), 2 sets x 8 Mock Mesh Bibs, 2 Sets x 8 Flag Touch Belt, 8 x 6cm Mini Aerodome, 1 x Plastic Whistle, 1 x WOS Flat Lanyard and 1 x 90cm Barrel Bag.

Gaelic Balls

Gaelic Balls

Traditional 18 panel construction from PU. This is a durable ball that meets standards.

Gaelic Football - #4	340476	17.05	18.75
Gaelic Football - #5	N 340477	17.95	19.75

Rugby League Balls

World of Sport

WOS Rugby League Football

O

League trainer 3 ply construction, hardwearing synthetic compound. Synthetic latex bladder.

WOS Rugby League Football - #3	340500	9.05	9.95
WOS Rugby League Football - #4	3405001	9.05	9.95
WOS Rugby League Football - #5	3405002	9.05	9.95

Steeden/WOS School League Football

P

Training/match ball especially made for school use. Features distinctive yellow colour and school property markings. Manufactured in conjunction with Steeden to provide a high quality ball at an affordable price.

Steeden/WOS School League - Mini	340506	12.95	14.25
Steeden/WOS School League - Mod	340512	13.18	14.50
Steeden/WOS School League - Senior	340517	13.41	14.75

Steeden/WOS League Football

Q

training/match ball especially made for school use. Manufactured in conjunction with Steeden to provide a high quality ball at an affordable price.

Steeden/WOS League - Mini	340523	12.95	14.25
Steeden/WOS League - Mod	340529	13.18	14.50
Steeden/WOS League - Senior	340535	13.41	14.75

Steeden

Steeden Classic League Trainer

R

Synthetic training ball from Steeden the official ball of the NRL.

Steeden Classic League Trainer - #3	3405003	12.05	13.25
Steeden Classic League Trainer - #4	3405004	12.05	13.25
Steeden Classic League Trainer - #5	3405005	12.05	13.25

Steeden League Match

S

Senior quality training ball. Featuring Dual Tac grip technology for extra feel. 3 durable long life linings and hard wearing outer casing.

Steeden League Match - #3	340540	19.00	20.90
Steeden League Match - #4	340546	19.00	20.90
Steeden League Match - #5	340552	19.00	20.90

Steeden NRL International

T

Quality 3 ply match ball using German synthetic material for shape retention. Featuring Triple Tac technology for increased grip. Used in NRL and NSWRL competitions.

Steeden International - Mini	340563	25.82	28.40
Steeden International - Mod	340569	25.82	28.40
Steeden International - Senior	340575	31.68	34.85

Steeden QRL Training Ball

U

Official training ball of the QRL. Moderate to hardwearing synthetic compound for long life and durability. Handstitched construction for improved shape retention.

Steeden QRL Training Ball - Mini	340599	13.86	15.25
Steeden QRL Training Ball - Mod	340600	13.86	15.25
Steeden QRL Training Ball - Senior	340601	13.86	15.25

Steeden QRL Elite Match Ball

V

Synthetic match rugby league ball from Steeden, official ball of the Queensland Rugby League.

Steeden QRL Elite Match Ball - Mini	340586	24.95	27.45
Steeden QRL Elite Match Ball - Mod	340592	24.95	27.45
Steeden QRL Elite Match Ball - Senior	340598	31.32	34.45

Steeden Premiership Replica NRL - #5

W

Replica of the Steeden Telstra NRL match senior training ball.

Steeden NRL Match Ball - #5

X

Newly developed symmetrical design allowing 30% more travel through the air during kicking and passing. 4 ply German synthetic material for improved shape retention and better grip. Balls are pre inflated for testing then shrink wrapped and shipped deflated.



AUSTRALIAN-MADE LEATHER KANGAROO BRAND

KB RED

- Top grade leather
- Dyed red



KB VEG TAN YELLOW

- Top grade leather
- Dyed yellow

AUSTRALIAN-MADE LEATHER – MATCH



MATCH RED

- Size 5
- Australian-made leather



MATCH RED

- Size 4
- Australian-made leather



MATCH RED

- Size 3
- Australian-made leather



MATCH RED

- Size 2
- Australian-made leather



MATCH VEG TAN YELLOW

- Size 5
- Australian-made leather



MATCH VEG TAN YELLOW

- Size 4
- Australian-made leather



MATCH VEG TAN YELLOW

- Size 3
- Australian-made leather



MATCH VEG TAN YELLOW

- Size 2
- Australian-made leather

SYNTHETIC CLUB FOOTBALLS



SYNTH RED

- Size 5
- All-weather rubber synthetic



SYNTH RED

- Size 4
- All-weather rubber synthetic



SYNTH RED

- Size 3
- All-weather rubber synthetic



SYNTH RED

- Size 2
- All-weather rubber synthetic



SYNTH YELLOW

- Size 5
- All-weather rubber synthetic



SYNTH YELLOW

- Size 4
- All-weather rubber synthetic



SYNTH YELLOW

- Size 3
- All-weather rubber synthetic



SYNTH YELLOW

- Size 2
- All-weather rubber synthetic



800ml Budget Bottles

Quantity	50-99	100-249	250-499	500-1000	NEW SET UP CHARGE	REPEAT JOB SETUP
	Inc. GST	Inc. GST	Inc. GST	Inc. GST	Inc. GST	Inc. GST
One colour	\$7.35	\$4.55	\$3.90	\$3.05	\$104.50	\$52.25
Two colour	\$8.85	\$5.30	\$4.50	\$4.05	\$187.00	\$93.50
Three colour	\$10.30	\$6.00	\$5.10	\$4.50	\$269.50	\$134.75

Sureshot lids add \$1.60 Per bottle

750ml Rapture Bottles

Quantity	50-99	100-249	250-499	500-1000	NEW SET UP CHARGE	REPEAT JOB SETUP
	Inc. GST	Inc. GST	Inc. GST	Inc. GST	Inc. GST	Inc. GST
One colour	\$8.40	\$5.45	\$4.90	\$4.70	\$104.50	\$52.25
Two colour	\$9.85	\$6.20	\$5.50	\$5.15	\$187.00	\$93.50
Three colour	\$11.35	\$6.90	\$6.10	\$5.60	\$269.50	\$134.75

800ml Oxygen Bottles

Quantity	50-99	100-249	250-499	500-1000	NEW SET UP CHARGE	REPEAT JOB SETUP
	Inc. GST	Inc. GST	Inc. GST	Inc. GST	Inc. GST	Inc. GST
One colour	\$8.30	\$5.45	\$4.70	\$4.50	\$104.50	\$52.25
Two colour	\$9.80	\$6.20	\$5.30	\$4.90	\$187.00	\$93.50
Three colour	\$11.25	\$6.90	\$5.90	\$5.35	\$269.50	\$134.75

Sureshot lids add \$1.60 Per bottle

800ml Teamster Bottles

Quantity	50-99	100-249	250-499	500-1000	NEW SET UP CHARGE	REPEAT JOB SETUP
	Inc. GST	Inc. GST	Inc. GST	Inc. GST	Inc. GST	Inc. GST
One colour	\$10.60	\$7.65	\$6.30	\$6.30	\$104.50	\$52.25
Two colour	\$12.10	\$8.40	\$7.20	\$6.75	\$187.00	\$93.50
Three colour	\$13.55	\$9.10	\$7.80	\$7.20	\$269.50	\$134.75

650ml Bubbles Bottles

Quantity	50-99	100-249	250-499	500-1000	NEW SET UP CHARGE	REPEAT JOB SETUP
	Inc. GST	Inc. GST	Inc. GST	Inc. GST	Inc. GST	Inc. GST
One colour	\$8.00	\$5.20	\$4.55	\$4.35	\$104.50	\$52.25
Two colour	\$9.50	\$5.95	\$5.15	\$4.80	\$187.00	\$93.50
Three colour	\$10.95	\$6.70	\$5.75	\$5.20	\$269.50	\$134.75

Sureshot lids add \$1.60 Per bottle

Drink Bottles and Carriers

Double Lined Water Bag

The ideal lightweight solution for carrying and storing water in the outdoors. Made from non-absorbent, food grade, coated fabric, the additional handle on the base makes pouring easy. Welded watertight construction. Free standing on level surface.

World of Sport 750ml Premium Bottle

World of Sport logo 750ml water bottle. Produced from food grade low density polyethylene plastic which keeps the bottle flexible for years. Guaranteed leak proof lid. Clear view strip enables you to see the contents or level of fluid in the bottle. BPA Free.

WOS Sureshot Bottle 800ml

This is the next generation in drinking systems allowing you to share a drink without having to open or close the lid with your hands or mouth. A clear view strip enables you to see the contents or level of fluid in the bottle. BPA Free.

World of Sport A Line Drink Bottle

One litre waterbottle with a unique chin bar on the lid that eliminates the user putting their mouth over the outlet nozzle. BPA Free.

Plastic Bottle Carrier

Durable moulded plastic bottle carrier folds down flat for easy storage and carrying when not in use.

Metal 10 Bottle Carrier - Suits 1ltr

PVC coated wire carry case with individual spaces for ten 1 litre water bottles. Fixed handle.

Metal 12 Bottle Carrier

PVC coated wire carry case with individual spaces for twelve 750ml or 1 litre water bottles. Fixed handle.

V8 Plastic Bottle Carrier

Holds 8 drink bottles and will hold various bottle diameters securely due to its unique flexible tab. Pulls apart for easy storage and packing. Durable polypropylene construction, stackable, lightweight and tough. Does not hold Aline style water bottles. Colours available Black, Blue, Red, White, Yellow, Silver. Colours can be mixed. Does not hold Aline style water bottles.





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C



D



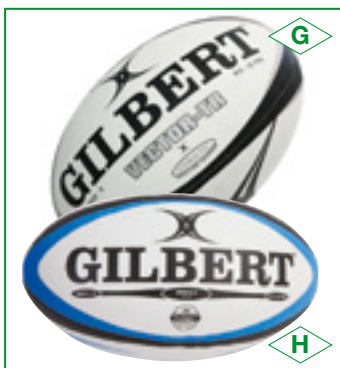
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F

F1

F2



G

H



I

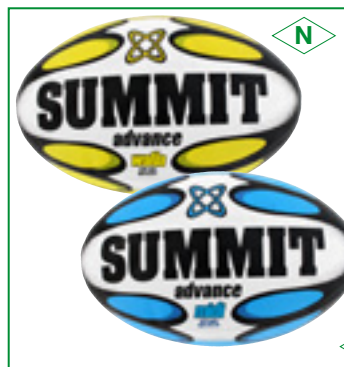
J



K

L

M



N

N2



N1

N3

Steeden Heavyweight Training Ball

Developed for improving passing skills and increasing wrist strength. Weighs approximately 3 times the weight of a normal ball.

Summit

Summit Advance League

Synthetic Rugby League training ball.

Summit Advance League - #3

Summit Advance League - #4

Summit Advance League - #5

Summit Evolution League Size #5

Match grade league ball from the Evolution range by Summit. Incorporates dual valve technology. Available in full size only.

Special Make Up

Special Logo Rugby League Football

Synthetic training or match ball manufactured with customer's graphic design. Please contact World of Sport office to discuss minimum quantities and delivery times.

Rugby League Kits

World of Sport Rugby League Kit

Coaching kit comprising 10 x Steeden league balls, 16 x mock mesh training bibs, 16 x aerodomes, hand pump and mesh carry bag.

World of Sport Rugby League Kit - Size 3

World of Sport Rugby League Kit - Size 4

World of Sport Rugby League Kit - Size 5

Rugby Union Balls

World of Sport

WOS Rugby Union Football

Union ball 3 ply construction, hardwearing synthetic compound. Synthetic latex bladder.

WOS Rugby Union Football - Walla

WOS Rugby Union Football - Mini

WOS Rugby Union Football - Midi

WOS Rugby Union Football - Size 5

Gilbert

Gilbert Pathways Union Football

Modified synthetic junior football.

Gilbert Pathways Union Football - Walla

Gilbert Pathways Union Football - Mini

Gilbert Pathways Union Football - Midi

Gilbert Vector-TR Union Football #5

Entry level training ball designed for handling skills and drills. 2 ply cotton hydratec rubber laminate construction.

Gilbert Omega Rugby Union Ball #5

All weather training ball designed for handling skills and drills. 3 ply cotton hydratec rubber laminate construction.

Gilbert Dimension #5

All weather match ball featuring patented Truflight bladder. Cotton multi laminate construction.

Gilbert Barbarian #5

All weather match ball featuring patented Truflight bladder. Rubber surface with polyester and cotton laminate construction.

Gilbert Revolution X

The Revolution is a high performance match ball ideal for use in premier grade rugby. The combination of a high percentage of natural rubber and reduced printing in comparison to other match balls results in an optimal grip. The Revolution is pre-kicked to ensure that it is match play ready.

Gilbert Synergie Rugby Sevens Match Ball

With the Synergie V2, Gilbert is once again one step ahead of the rest when it comes to development by creating a new pimple pattern to cater for the unique demands of Sevens Rugby. A combination of dual height pimple and high quality synthetic compound make this an ideal ball for the fast paced game of Rugby Sevens.

Gilbert Morgan Pass Developer Union Ball

Specially designed overweight ball to develop wrist strength and aid in increasing passing distance.

Summit

Summit Advance Rugby Union Ball

Entry level training ball designed for handling skills and drills. 3 ply cotton rubber laminate construction.

Summit Advance Rugby Union Ball - Walla

Summit Advance Rugby Union Ball - Mini

Summit Advance Rugby Union Ball - Midi

Summit Advance Rugby Union Ball - Size #5

Ref	Code	Ex. GST	Inc. GST
A	340580	38.00	41.80
B			
	340582	15.41	16.95
	340583	15.41	16.95
	340584	15.41	16.95
C	340585	22.09	24.30
	340537	15.41	16.95
D			
	3499923	245.00	269.50
	3499924	245.00	269.50
	3499925	245.00	269.50
E			
	340626	9.05	9.95
	340627	9.05	9.95
	340628	9.05	9.95
	3406281	9.05	9.95
F			
F1	340629	22.68	24.95
F2	340630	22.68	24.95
	340632	22.68	24.95
G	340633	16.73	18.40
H	340634	33.41	36.75
I	340636	40.09	44.10
J	340642	66.82	73.50
K	340644	88.45	97.30
L	340646	68.09	74.90
M	340699	66.82	73.50
N			
N1			
N2	340674	12.73	14.00
N3	340675	15.41	16.95
	340676	15.41	16.95
	340685	15.41	16.95

Summit Evolution Match Rugby #5

Match grade union ball from the Evolution range by Summit. Incorporates dual valve technology. Available in full size only.

Special Make Up

Special Logo Rugby Union Ball

Synthetic rubber training or match balls printed to customer's design. Please contact World of Sport office to discuss minimum quantities and delivery times. Available in World of Sport, and Gilbert branding.

Rugby Union Kits

World of Sport Rugby Union Kit

Coaching kit comprising 10 x WOS Union balls, 16 x mock mesh training bibs, 16 x aerodomes, hand pump and mesh carry bag.

World of Sport Rugby Union Kit - Size 2	3499932	245.00	269.50
World of Sport Rugby Union Kit - Size 3	3499933	245.00	269.50
World of Sport Rugby Union Kit - Size 4	3499934	245.00	269.50
World of Sport Rugby Union Kit - Size 5	3499935	245.00	269.50

Soccer Balls

World of Sport

World of Sport Soccer Ball

Training quality soccer ball, hard wearing PVC with butyl bladder for longer air retention.

World of Sport Soccer Ball - #1 (mini)	P	340725	5.00	5.50
World of Sport Soccer Ball - #3		340700	9.05	9.95
World of Sport Soccer Ball - #4		3407001	9.05	9.95
World of Sport Soccer Ball - #5	Q	3407002	9.05	9.95

uhlsport/WOS School Series Soccerball

Training/Recreational Ball 32 panel construction Distinctive yellow colour combined with School Property markings. High quality calendared PVC gives excellent durability. Fitted with low maintenance high air retention bladder

uhlsport/WOS School Series Soccerball - #3		340713	14.68	16.15
uhlsport/WOS School Series Soccerball - #4		340714	14.68	16.15
uhlsport/WOS School Series Soccerball - #5	R	340716	14.68	16.15

uhlsport/WOS Soccerball

Training/Recreational Ball 32 panel construction High quality calendared PVC gives excellent durability. Fitted with low maintenance high air retention bladder.

uhlsport/WOS Soccerball - #3		340719	14.68	16.15
uhlsport/WOS Soccerball - #4		340721	14.68	16.15
uhlsport/WOS Soccerball - #5	S	340723	14.68	16.15

uhlsport Themis WOS Pro

Exclusive to World of Sport Junior Match/Training Ball 18 panel construction High quality calendared PVC means the Themis WOS Pro outlasts most other PVC balls. Fitted with low maintenance air bladder for less frequent inflation. International match ball standard logoed.

uhlsport Themis WOS Pro - #3		340726	17.18	18.90
uhlsport Themis WOS Pro - #4		340728	17.18	18.90
uhlsport Themis WOS Pro - #5	T	340730	17.18	18.90

uhlsport Themis WOS Pro Fluo

Exclusive to World of Sport Junior Match/Training Ball 18 panel construction High quality calendared PVC means the Themis WOS Pro outlasts most other PVC balls. Fitted with low maintenance air bladder for less frequent inflation. International match ball standard logoed. High visibility fluo yellow.

uhlsport Themis WOS Pro Fluo - #3		3407313	17.18	18.90
uhlsport Themis WOS Pro Fluo - #4		3407314	17.18	18.90
uhlsport Themis WOS Pro Fluo - #5		3407315	17.18	18.90

Nike

Nike Strike Soccer Ball

The Nike Strike soccer ball features a traditional 32 panel design, reinforced rubber bladder that offers enhanced shape retention and a machine stitched casing for consistent play.

Nike Strike Soccer Ball - #3		340770	23.45	25.80
Nike Strike Soccer Ball - #4		340771	23.45	25.80
Nike Strike Soccer Ball - #5		340772	23.45	25.80

Nike Pitch Team Training Soccer Ball

The Nike Team Training soccer ball is ideal for light training. It has a well constructed classic design featuring 32 panels for accurate ball flight. It also has EVA foam for strength.

Nike Pitch Team Training Soccer Ball - #3		3407721	16.77	18.45
Nike Pitch Team Training Soccer Ball - #4		340773	16.77	18.45
Nike Pitch Team Training Soccer Ball - #5		340774	16.77	18.45

Nike Premier Team Soccer Ball - #5

FIFA standard match ball. Geo balanced technology for true flight. Hand stitched PU ball for durability. 6-wing latex bladder for strong rebound qualities and superior air retention.

Nike Ordem 4 A-League Soccer Ball - #5	Y	340776	120.59	132.65
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Nike's official match ball combining responsive touch, visibility and straight flight. New hi-vis targeting pods and graphics give optimal visibility. Micro-textured TPU casing for superior control, touch and flight. FIFA approved.





CUSTOMISED BALLS

Have your logo and details printed onto a GILBERT football or design your own football.

Customised footballs can be produced for businesses, clubs and schools with fast delivery, competitive pricing and low minimum order quantities.

For further details please contact
AUS TOLL FREE: 1300 658 648
sales@wos.com.au



YOUR LOGO ON 2 PANELS
YOUR CHOICE OF COLOURS

Item	Sizes	Air*	Sea*	Minimum Quantity
Barbarian	4	8-10	14-16	25
Dimension	5, 4	8-10	14-16	25
Zenon	5, 4, 3, 2.5	8-10	14-16	25
Vector	5	8-10	14-16	50
10" Synthetic	10"	8-10	14-16	100
6" Synthetic	6"	8	10	1,000
Giant Inflatable PVC Ball	120 cm, 60 cm	8	10	2,000
Beach Ball	4	8	10	5,000
Sponge	10", 6"	8	10	4,000
Beanie ball	3"	8	10	4,000
Stress ball	3"	8	10	4,000
Key-ring				

*Lead Times (weeks). Subject to Production Capacity.





Barbarian

340642 \$73.50

- Patented Truflight™ bladder
- Rubber surface
- Core-spun polyester and cotton laminate construction
- Hand stitched

SIZE AVAILABILITY: Size 5 only



Dimension

340636 \$44.10

- Patented Truflight™ bladder
- Rubber surface
- Cotton multi laminate construction
- Hand stitched

SIZE AVAILABILITY: Size 5 only



Omega

340634 \$36.75

Quality all weather training ball designed for handling skills and drills.

- 3 ply cotton rubber laminate construction
- Hydratec
- Conforms to IRB specifications

SIZE AVAILABILITY: Size 5 only



Vector - TR

340633 \$18.40

- Entry level training ball.
- Hydratec.
- Grippy rubber surface.

SIZE AVAILABILITY: Size 5 only



Morgan Pass Developer

340699 \$73.50

Overweight ball to develop wrist strength and passing distance.

SIZE AVAILABILITY: Size 5 only



Pathways Midi

340632 \$24.95

- Modified ball, official size & weight
- Suitable for 'Under 12' age group



Pathways Mini

340630 \$24.95

- Modified ball, official size & weight
- Suitable for 'Under 10' age group



Pathways Walla

340629 \$24.95

- Modified ball, official size & weight
- Suitable for 'Under 8' age group



gilbertrugby.com.au



NRL BALLS



STEEDEN NRL MATCH BALL #5

- 340581 \$72.95**
- Symmetrical design
 - Travels 30% further through the air during kicking and passing
 - 4 Ply Imported German synthetic material for better grip



INTERNATIONAL NRL MATCH BALL

- 340575 \$28.40**
- Quality 3 ply match ball using imported German material
 - Features "Triple Tac" Technology
 - Used in NRL and NSWRL competitions



NRL INTERNATIONAL MOD

- 340569 \$28.40**
- Top class match ball for ages 10 to 12 years

NRL INTERNATIONAL MINI

- 340563 \$28.40**
- Top class match ball for ages 7 to 9 years



STEEDEN REPLICA #5

- 340558 \$35.40**
- Official replica of the NRL match ball
 - Available in size 5 and 12"

MATCH & TRAINING



SENIOR LEAGUE \$20.90

- Featuring Steeden "Dual Tac" Technology
- 3 durable long life linings and hard wearing compound
- Sizes: #5 – 340552, #4 – 340546 and #3 – 340540



HEAVYWEIGHT TRAINING BALL

- 340580 \$41.80**
- Over 3 times the weight of a normal football
 - Used for improving passing skills
 - Size: 5



CLASSIC TRAINER \$13.25

- Synthetic training ball
- 2 ply and strong outer casing
- Sizes: #5 – 3405005
- #4 – 3405004
- #3 – 3405003



QRL

- Authentic Match Ball of QRL.
- 4 Ply construction
- Triple Tac grip
- Sizes: Senior – 340598 **\$34.45**
- Mod – 340592 **\$27.45**
- Mini – 340586 **\$27.45**

TOUCH



MEGA TOUCH

- 340897 \$77.00**
- Developed for improving passing skills and increasing wrist strength
 - Weighs approximately 3 times the weight of a normal ball



CLASSIC TOUCH

- 340881 \$31.30**
- NSWTA CLASSIC TOUCH**
- TFA endorsed
 - Slimline aerodynamic design for longer passing
 - "Triple Tac" grip
 - Raised grip system for better feel



MIGHTY TOUCH \$21.20

- Hardened rubber outer casing for extended wear
- "Dual Tac" grip using combination raised and pimple grip
- Middle and lower grade competition
- Sizes: Senior – 340868
- Junior – 340866
- NSWTA Senior
- NSWTA Junior



Customised **Balls**

Have your logo and details printed onto a STEEDEN football or design your own football.

Customised footballs can be produced for businesses, clubs and schools with fast delivery, competitive pricing and low minimum order quantities.

For further details please contact
AUS TOLL FREE: 1300 658 648
sales@wos.com.au



**Your logo
on 2 panels**

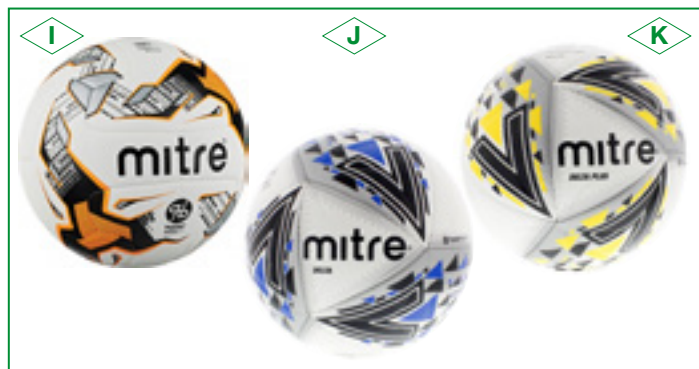
Choice of colours

Alternatively, all four panels can be entirely tailored to your requirements

ITEM	SIZES	AUS & NZ		UK		MINIMUM QUANTITY
		AIR*	SEA*	AIR*	SEA*	
Symmetry Match	5	8-10	14-16	8-10	12-14	25
International Match	5	8-10	14-16	8-10	12-14	50
Senior League	5, Mod (4), Mini (3)	8-10	14-16	8-10	12-14	100
Classic Trainer	5, Mod (4), Mini (3)	8-10	14-16	8-10	12-14	100
Classic Touch	5, Mod (4), Mini (3)	8-10	14-16	8-10	12-14	50
Junior Touch	5, Mod (4), Mini (3)	8-10	14-16	8-10	12-14	100
11" Synthetic	11" (Mid)	8-10	14-16	8-10	12-14	100
8" Synthetic	8" (Mini)	8-10	14-16	8-10	12-14	100
Giant Inflatable PVC ball	120 cm, 60 cm	8	10	8	12	1000
Sponge	10", 6"	8	10	8	12	500
Beanie/ Juggling ball	3"	8	10	8	12	500
Stress ball	3"	8	10	8	12	1000
Key-ring		8	10	8	12	1000

*Lead times (weeks). Subject to Production Capacity.





Ref Code Ex. GST Inc. GST

uhlsport**uhlsport m Konzept Team**

A

Training and individual skills ball, newly developed PT13 construction. Reliable flight and bounce characteristics.

uhlsport m Konzept Team - #3	340777	15.95	17.55
uhlsport m Konzept Team - #4	340780	15.95	17.55
uhlsport m Konzept Team - #5	340782	15.95	17.55

uhlsport Soccer Pro

B

Excellent training ball with TRI-CONCEPT print, newly developed abrasion resistant surface [1.80mm], good flight and bouncing characteristics, 4-fold backing PES/CO.

uhlsport Soccer Pro - #3	3407833	22.68	24.95
uhlsport Soccer Pro - #4	3407834	22.68	24.95
uhlsport Soccer Pro - #5	3407835	22.68	24.95

uhlsport TC Klassik Comp

C

Newly developed thermo bonded top training ball. (HAR) High air retention.

uhlsport TC Klassik Comp - #4	340793	27.27	30.00
uhlsport TC Klassik Comp - #5	340794	27.27	30.00

uhlsport PT5 Themis Pro - #4

D

PT5 top matchball for ambitious teams and players, uhlsport patented PT5 panel construction, high abrasion resistant PU upper material with 3D microstructure behind glass, ACS bladder for good air retention and rebound. FIFA Inspected Logo.

uhlsport PT5 Themis Pro - #4	3407981	69.68	76.65
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uhlsport quality. Perfect playing, flight and bounce characteristics due to newly developed ball lamination technology. Dynamic multi chamber bladder system for best air retention, high abrasion resistant upper material with microfibre non woven backing. FIFA approved logo.

Mitre**Mitre Impel**

F

30 panel design ball manufactured from TPU film outer with textured finish for enhanced grip. EVA foam lining under outer. Good quality training ball.

Mitre Impel - #3	340732	13.41	14.75
Mitre Impel - #4	340733	13.41	14.75
Mitre Impel - #5	340734	13.41	14.75

Mitre Impel Plus

G

Better training ball durability, 30 panel design, EVA Foam lining, Vimini Surface Texture, Machine Stitched, PU film outer.

Mitre Impel Plus - #4	340735	14.77	16.25
Mitre Impel Plus - #5	340736	14.77	16.25

Mitre Impel Max

H

30 panel design, EVA foam lining, Vimini Surface texture, TPU outer, Hyperseam construction.

Mitre Impel Max - #4	340737	17.68	19.45
Mitre Impel Max - #5	340738	17.68	19.45

Mitre Ultimatch #5

I

Mitres most popular match ball, IMS accredited. Re-engineered with Hyperseam technology for superior consistency and control. Featuring Mitres 12 panel technology for additional power. Foam backed for increased control. Delta Hyperseam surface texture for increased aerodynamic stability and control in all weather.

Mitre Ultimatch Plus #5

J

Unique embossed surface manipulates air-flow for unrivalled pin-point accuracy - a true game changer. Engineered with revolutionary Hyperseam technology for rapid speed, ultimate control and increased durability. Bonded seams repel water for zero water uptake, helping the ball last in any weather. Redesigned, reinvented, rejuvenated the legendary Delta mark makes a comeback, ready to make history again.

Mitre Ultimatch Max #5

K

Power, Control & Accuracy 14 panel design Mitre texture and embossing on Japanese PU outer Hyperfoam lining Laminated Power Bladder Hyperseam construction FIFA Quality Pro Approved Official Match Ball of NPL Victoria.

Mitre Delta Hyperseam #5

L

A lively Match Ball that's great for frequent use in Senior and Youth football. Featuring Mitre's Hyperseam technology and has a double coated under glass PU to resist scratching & damage. Plays beautifully on wet & dry surfaces as well as astro. Size 5.

Mitre Delta Plus Hyperseam #5

M

A durable FIFA Quality Pro Ball, re-engineered with Hyperseam technology a season-long performer. High abrasion, eco friendly PU makes it great for grass and Astro. 12 Panels keep the ball flight true: now foam backed for additional control.

Mitre Delta Max Hyperseam #5

N

The official choice of the English Football League 2016/17 Season. Revolutionary Hyperseam technology delivers optimum in-play consistency, low maintenance and high durability to see you through to the end of the season. 12-panel construction with textured surface for unrivalled aerodynamic control a true game-changer. FIFA Quality Pro-approved ball a big-game performer. Professional ball comes inflated and is available in size 5. Suitable for a grass surface and players for ages 14+.

Ref Code Ex. GST Inc. GST

Soccer Kits

World of Sport Soccer Kit

O

Coaching kit comprising 10 x uhlsport soccer balls, 16 x mock mesh training bibs, 16 x aerodomes, hand pump and mesh carry bag.

World of Sport Soccer Kit - Size 3	3499943	245.00	269.50
World of Sport Soccer Kit - Size 4	3499944	245.00	269.50
World of Sport Soccer Kit - Size 5	3499945	245.00	269.50

Futsal and Indoor

Futsal

World of Sport Competition Futsal Ball

P

340712 25.91 28.50

Match standard Futsal ball machine stitched PU with low rebound characteristics. High quality butyl bladder to ensure perfect rebound, soft touch and perfect control.

uhlsport Medusa Keto Futsal Ball

Q

340711 25.64 28.20

FUTSAL ball made from abrasion-resistant PVC surface material. Medusa design, lower bounce, butyl bladder for low loss of air pressure. PVC 25%, Rubber 25 %, PES 30 % Viscose 20%. Size 4.

Mitre Nebula Futsal Youth

R

3407114 26.82 29.50

Hard-wearing grain surfaced ball, with 30% reduced rebound rebound. Built with a high air retention bladder so it keeps its shape and pressure for longer. Size 3.

Nike Football X Menor Futsal

S

3407113 26.82 29.50

Low-rebound latex-stuffed bladder for enhanced power and control on hard surfaces. TPU casing for great touch and durability. Size 4.

Mitre Pro Futsal

T

3407112 47.18 51.90

Professional quality Futsal ball, featuring our innovative Hyperseam technology. Tough PU outer gives optimum abrasion resistance on all Futsal surfaces. Soft foam lining delivers ultimate feel, allowing more control.

Indoor

World of Sport Indoor Soccer Ball

Indoor soccer ball with rubber bladder, English felt external cover.

World of Sport Indoor Soccer Ball - #4	340707	15.68	17.25
World of Sport Indoor Soccer Ball - #5	U 340709	16.59	18.25

Special Make Up

Special Logo Soccer Ball

340799 POA POA

Synthetic training or match ball manufactured with customer's graphic design. Please contact World of Sport office to discuss minimum quantities and delivery times.

Touch Football

World of Sport

WOS Touch Ball

Traditional shaped synthetic touch ball. 3 ply construction for shape retention. Embossed finish on synthetic surface for greater grip.

WOS Touch Ball - Junior	V	340809	10.86	11.95
WOS Touch Ball - Senior		340810	10.86	11.95

Steeden/WOS School Touch Ball

W

Training/match ball especially made for school use. Features distinctive yellow colour and school property markings. Manufactured in conjunction with Steeden to provide a high quality ball at an affordable price.

Steeden/WOS School Touch Ball - Junior		340814	13.18	14.50
Steeden/WOS School Touch Ball - Senior		340827	13.41	14.75

Steeden/WOS Touch Ball

X

training/match ball, especially made for school and club use. Manufactured in conjunction with Steeden to provide a high quality ball at an affordable price.

Steeden/WOS Touch Ball - Junior		340841	13.18	14.50
Steeden/WOS Touch Ball - Senior		340854	13.41	14.75

Steeden

Steeden NRL Mighty Touch Ball

Y

Hardened rubber outer casing for extended wear. Dual tac grip using combination raised and pimple finish. Excellent school ball.

Steeden NRL Mighty Touch - Junior		340868	19.27	21.20
Steeden NRL Mighty Touch - Senior		340866	19.27	21.20

Steeden NRL Classic Touch Ball

Z

340881 28.45 31.30

Slimline aerodynamic design for longer passing. Triple tac raised grip system for better feel.

Steeden NRL Classic Touch Ball - Night

A1

340883 29.00 31.90

Specially designed for night games, slimline aerodynamic design. Specially designed ends. Raised grip for better feel, 3 ply construction. Hand stitched, latex bladder for high rebound qualities. Endorsed by the Federation of International Touch and Touch Football Australia.

Steeden NRL Mega Touch

B1

340897 70.00 77.00

Developed for improving passing skills and increasing wrist strength. Weighs approximately 3 times the weight of a normal ball.





Summit

Summit Advance Touch Size 5

Synthetic rubber touch ball suitable as training or match ball.

Summit Evolution Touch Size 5

Match grade touch ball from the evolution range from Summit. Incorporates dual valve technology. Available in full size only.

Special Make Up

Special Logo Touch Ball

Synthetic rubber training or match ball. Manufactured with graphics as required by customer. Please contact World of Sport office to discuss minimum quantities and delivery times.

Touch Kits

World of Sport Touch Kit

Touch kit includes 10 flag touch belts, 10 flag touch balls, 2 Steeden World of Sport School Series Touch Balls, 18 orange aerodomes and a 61cm rollbag for ease of carrying and storage.

World of Sport Touch Kit - Junior

349997J 90.00 99.00

World of Sport Touch Kit - Senior

349997 90.00 99.00

OZ Tag Kits

Oz Tag Kit includes 20 belts and 20 pairs of tags in carry bag. Also includes Oztag rule book, coaching guide and football.

OZ Tag Kit Small - Green/Orange

349998 194.32 213.75

OZ Tag Kit Small - Pink/Yellow

349998A 194.32 213.75

Oz Tag Kit includes 30 belts and 30 pairs of tags. Also includes Oztag rule book, Coaching Guide and football.

OZ Tag Kit Large - Green/Orange

349999 288.28 317.10

OZ Tag Kit Large - Pink/Yellow

349999A 288.28 317.10

Flag Touch

WOS Webbing Flag Belts

Black touch tape belt measures 1200mm and is adjustable to almost any waist size. Comes with two webbing flags that attach to belt with touch tape.

Flag Touch Belt - Blue

349908B 3.59 3.95

Flag Touch Belt - Green

349908G 3.59 3.95

Flag Touch Belt - Red

349908R 3.59 3.95

Flag Touch Belt - Yellow

349908Y 3.59 3.95

WOS Vinyl Flag Touch Belts

Quality Australian Made product. Consists of high quality touch tape belts adjustable for all sizes. Complete with two heavy duty vinyl flags.

WOS Flag Touch Belts - Blue

349909B 10.05 11.05

WOS Flag Touch Belts - Green

349909G 10.05 11.05

WOS Flag Touch Belts - Red

349909R 10.05 11.05

WOS Flag Touch Belts - Yellow

349909Y 10.05 11.05

Flag Belt Carry Pouch

Nylon carry pouch that holds 30 flag touch belts. Measures 550mm x 400mm with carry handle.

Oz Tag Replacements

Replacement items for OZ Tag kits.

Oz Tag Replacement - Belt Only (One Belt Only)

349999B 3.64 4.00

Oz Tag Replacement Tag - Blue (One Tag Only)

349999T0 2.45 2.70

Oz Tag Replacement Tag - Green (One Tag Only)

349999TG 2.45 2.70

Oz Tag Replacement Tag - Pink (One Tag Only)

349999TP 2.45 2.70

Oz Tag Replacement Tag - Yellow (One Tag Only)

349999TY 2.45 2.70

American Football

World of Sport Gridiron Ball

Cellular rubber American football. Brown with white stripe and laces.

World of Sport Gridiron Ball - Mini

340947 12.18 13.40

World of Sport Gridiron Ball - Junior

340990 12.45 13.70

World of Sport Gridiron Ball - Senior

340994 12.64 13.90

Wilson NFL Composite Gridiron Ball

Composite leather cover NFL replica ball from Wilson. Ultra grip technology gives outstanding grip and feel.

Drink Bottles and Carriers

Double Lined Water Bag

The ideal lightweight solution for carrying and storing water in the outdoors. Made from non-absorbent, food grade, coated fabric, the additional handle on the base makes pouring easy. Welded watertight construction. Free standing on level surface.

World of Sport 750ml Premium Bottle

World of Sport logo 750ml water bottle. Produced from food grade low density polyethylene plastic which keeps the bottle flexible for years. Guaranteed leak proof lid. Clear view strip enables you to see the contents or level of fluid in the bottle. BPA Free.

WOS Sureshot Bottle 800ml

This is the next generation in drinking systems allowing you to share a drink without having to open or close the lid with your hands or mouth. A clear view strip enables you to see the contents or level of fluid in the bottle. BPA Free.

World of Sport A Line Drink Bottle

One litre waterbottle with a unique chin bar on the lid that eliminates the user putting their mouth over the outlet nozzle. BPA Free.

Plastic Bottle Carrier

Durable moulded plastic bottle carrier folds down flat for easy storage and carrying when not in use.

Plastic 6 Bottle Carrier

Plastic 8 Bottle Carrier

Metal 10 Bottle Carrier - Suits 1ltr

PVC coated wire carry case with individual spaces for ten 1 litre water bottles. Fixed handle.

Metal 10 Bottle Carrier

PVC coated wire carry case with individual spaces for twelve 750ml or 1 litre water bottles. Fixed handle.

Metal 12 Bottle Carrier

PVC coated wire carry case with individual spaces for twelve 750ml or 1 litre water bottles. Folding handle.

V8 Plastic Bottle Carrier

Holds 8 drink bottles and will hold various bottle diameters securely due to its unique flexible tab. Pulls apart for easy storage and packing. Durable polypropylene construction, stackable, lightweight and tough. Does not hold Aline style water bottles. Colours available Black, Blue, Red, White, Yellow, Silver. Colours can be mixed. Does not hold Aline style water bottles.

Goals and Nets

Goals Folding and Mini

Super Soccer Goal

PVC all weather goal. Supplied in easy to assemble kit form. Great for modified sport and suitable for indoor or outdoor use. Each goal measures 1650mm(W) x 970mm (H) x 600mm(D) and includes orange net. Replacement nets are available. Sold as a single unit.

Super Soccer Goal

Super Soccer Goal - Replacement Net

Pop Up Goal Twin Set

Portable pop-up goals. Ready to be used simply by folding into shape. Nets are small ball mesh and carry bag is included. Excellent for modified sport, can be used indoors or outdoors. Sold as a pair.

Pop Up Goal - 750(w)x800(H)x800mm(D)

Pop Up Goal - 1200(w)x800(H)x800mm(D)

Pop Up Goal - 1800(w)x1060(H)x1060mm(D)

Kickster Soccer Goal

The SKLZ Kickster soccer goal range is the ultimate in portable soccer goals for solo or team training purposes. Using a revolutionary patented design, the ultra-durable Kickster represents the most convenient and efficient multi-sport net ever created. Taking only 90 seconds to fully assemble, and even less to take down.

Kickster Soccer Goal - 1.8m x 1.2m

Kickster Soccer Goal - 2.4m x 1.5m

Kickster Soccer Goal - 3.6m x 1.8m

Champions Goal (1200x900x900mm)

Pop up goal ready to use simply by springing goal into shape. Small ball mesh with pegs and carry bag included. Measures 1200mm(W) x 900mm (H) x 900mm(D). Sold as a single unit.

Summit Target Goal

Pop up goal ready to use simply by springing goal into shape. Small ball mesh with pegs and carry bag included. Measures 1500mm(W) x 1200mm (H) x 1200mm(D). Sold as a single unit. Includes target face.

Porta Gol Square Pop Up - 900mm

The Porta Gol Pop Up comes as a pair. The new square design provides a more realistic goal shape and offers more goal area compared to the traditional round pop up goals. The Square Pop Up is an awesome solution to many, as it will cater for small sided games, backyard play, those going to a park to play, elite training sessions and even at the beach. They are so easy to carry around and set up and pack away in seconds! Measures 900mm (H) x 750mm (W) approx.

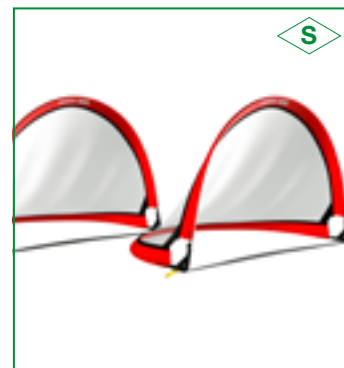
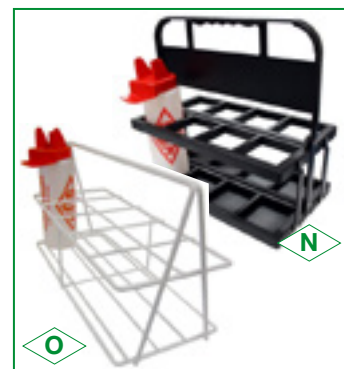
Porta Gol Square Pop Up Goals - 1500mm

Porta Gol Square come as a pair and are light weight, easy to transport, set up and pack up. There are 4 heavy duty, super safe PVC ground pegs to secure your Porta Gol during your game. Now you can have Square Goals in Seconds for every session. Measurements for the Porta Gol are 1500mm (W) 1000mm (H) approx.

Bownet Portable Soccer Goal

Possibly the best portable mini goal on the market. The impact absorbing qualities of the frame and net make the goal perfect for use on any surface. With a setup and take down time of minutes the goal can be used anywhere.

Bownet Portable Soccer Goal - 0.91m x 1.52m





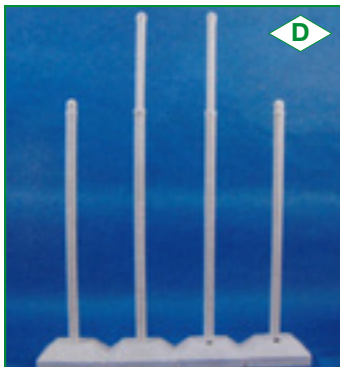
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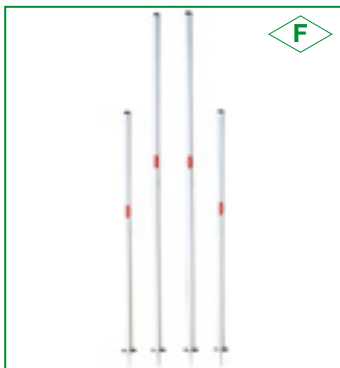
C



D



E



F



G



H

Ref	Code	Ex. GST	Inc. GST
A	343222	319.59	351.55
	343222A	422.09	464.30
	343222B	476.36	524.00
	343223	529.32	582.25
	343225	542.73	597.00
	343226	1199.95	1319.95
	343224	554.77	610.25
	343238	201.00	221.10

Bownet Portable Soccer Goal - 1.22m x 2.43m
 Bownet Portable Soccer Goal - 1.50m x 3.00m
 Bownet Portable Soccer Goal - 1.80m x 3.70m
 Bownet Portable Soccer Goal - 2.13m x 4.26m
 Bownet Portable Soccer Goal - 2.00m x 5.50m
 Bownet Portable Soccer Goal - 2.40m x 7.30m
 Bownet Portable Futsal Goal - 2.00m x 3.00m

Samba Portable Soccer Goal - 2m x 1m

Features Include: Extended run-back, roof to the net and ground anchor positions clearly marked on the tubing. Fully portable - Free standing - Highly flexible - Use on any surface - Virtually maintenance free - Fits in an average sized family car - High impact uPVC - Light and easy to assemble. Features: Designed, Tested and Made in the U.K Special unmatched PVC Blend FFA Approved Small Sided Goal Perfect for permanent and fully portable use. Locking System, Net, Net Clips and Ground Anchors included. Price is for individual goal.

Samba Portable Soccer Goal - 3m x 2m

B 3432381 331.64 364.80

Fully portable - Free standing - Highly flexible - Use on any surface - Virtually maintenance free - Fits in an average sized family car - High impact uPVC - Light and easy to assemble. Goal comes with - Net - Net Clips - Ground Anchors - Carry Bag Features Designed, Tested and Made in the U.K Special unmatched PVC Blend FFA Approved. Small Sided Goal Perfect for permanent and fully portable use

Samba Portable Soccer Goal - 5m x 2m

3432382 432.14 475.35

Samba 5x2m goal. Suitable for league use FA recommended size for Optus Small Sided Football. Cross Bar upgrade as standard for further stabilising cross bar. Extended run-back roof to the net and ground anchor positions clearly marked on the tubing. Fully portable and comes with a heavy duty carry bag. Free standing. Highly flexible. Use on any surface. Virtually maintenance free. Fits in an average sized family car. High impact uPVC. Light and easy to assemble. Features Designed, Tested and Made in the U.K Special unmatched PVC Blend FFA Approved Small Sided Goal Perfect for permanent and fully portable use

Professional Elite Folding Goal - 1.52m

C 343239 294.77 324.25

Under 10 seconds to unfold and ready to play. Fits into the boot of most cars, only 100cm x 75cm x 10cm when folded flat. Foldable lightweight high quality aluminium frame. 155cm x 100cm (5ft x 3ft) x 74cm depth Ideal size for 3v3, 2v2, 1v1 or target shooting, whether for professional use or in the back garden. Use on any surface, grass, turf, sand, street or indoor floor. Sold individually.

AFL Portable Goals

Portable PVC Australian Rules Posts (x4)

D 343210 92.45 101.70

Set of four white posts each extendable to 1800mm, each post comes with a fillable plastic base 260mm x 260mm.

PVC Spring Aussie Rules Posts (Set of 8)

E 343211S 122.73 135.00

Set of 8 portable AFL posts for modified or mini games. Come with spiked end easily pushed into the ground. Comes in convenient carry bag.

Rippa AFL Goals (x4)

F 343211 368.18 405.00

Spiked base with above ground sleeve to accommodate PVC posts that slide over the base. Goal posts 2.7m and behind posts 1.9m. Includes 4 goal posts and 4 behind posts, carry bag included.

AFL Goals Fixed Full Size

Australian Rules Economy Goals (x8)

ARG101 1997.00 2196.70

Includes Sleeves Set of eight lightweight hi-tensile galvanised steel posts powdercoated in white. Goal posts are 60mm outside diameter and behind posts are 50mm outside diameter. Goal posts are 5 metres and behind posts are 2.8 metres Can be set directly into ground or installed with sleeves ARGGS101 which are included.

Australian Rules Senior Goal Posts (x8)

G ARG102 4196.00 4615.60

Set of four goal posts 75mm OD and four behind posts 60mm OD. Constructed from lightweight high-tensile galvanised steel powder-coated in regulation white. Goal posts are 7.85m and behind posts are 5.5m. Can be set directly into ground or installed with sleeves ARGGS102 included. Designed for school and club use.

Australian Rules Deluxe Goal Posts (x8)

ARG103 5265.00 5791.50

Set of eight heavy duty galvanised steel posts powder coated in white. Goal posts taper from 90mm outside diameter to 75mm. Behind posts are 75mm outside diameter. Goal posts 9.5 metres, behind posts 5.75 metres. Can be set directly into ground or installed with sleeves ARGGS103 which are included.

Futsal Goals

Bownet Portable Futsal Goal - 2m x 3m

H 343224 554.77 610.25

Possibly the best portable goal on the market. The impact absorbing qualities of the frame and net make the goal perfect for use on any surface. With a set up and take down time of minutes the goal can be used anywhere. Priced to sell this is the new option for use in indoor facilities at a fraction of the cost of traditional metal frame goals. Approved by Football Federation Australia for under 8 and under 9 competition in small sided games.

Aluline Futsal Goal Pair - 2m x 3m

343239F 2195.00 2414.50

A high quality multisport goal for use indoors and out. Made from regulation 80mm square aluminium, the goals are rustproof, light and easy to handle. The sides fold in so the goal can be stored flat for maximum space efficiency and can be used for competition Futsal, Handball and Hockey. The bottoms of the post include a rubber overlay to protect the surface and to provide additional friction to minimise movement of the goal. The system incorporates a sturdy safety net locking mechanism that is recessed inside the goal profile so it cant catch players who bump the goal. Designed to be operated with only a 10 or 20c coin, the system locks the net in to place so it can never accidentally spring loose. Goals feature regulation white powder-coated finish and specially made anchors are available on request.

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Acromat Indoor Folding Soccer Goal - 2m x 3m / A16-106 969.00 1065.90

Frame 50mm sq. light steel tube with hinged end frames for storage. Removable rods hold the 50mm sq. sports mesh to the frame. Rubber buffers FCI-431 protect the floor. Holding down plates A16-225 can be ordered separately. Supplied with nets and sold as individual units. Lockdowns are required. Please contact World of Sport to discuss options.

Deluxe Multi use Futsal Goal - 2m x 3m J

Deluxe multi-use goal measuring 3m wide x 2m high x 0.9m deep. The goal face is made from heavy-duty 50mm SHS; sides are heavy-duty 35mm SHS and are fully collapsible so that the goal can be stored away neatly when not in use. Powder-coated for durability. Supplied with heavy-duty nets. All fixings supplied. ideal for schools or clubs. Lockdowns to suit appropriate surface are included.

Deluxe Multi use Futsal Goal - (Outdoor)	DMUGG	1333.00	1466.30
Deluxe Multi use Futsal Goal - (Indoor)	DMUGI	1314.00	1445.40
Deluxe Multi use Futsal Goal - (In/Out)	DMUGIC	1478.00	1625.80

Soccer Goal Freestanding Aluminium - 2m x 3m 343242 1379.00 1516.90

These Aluminium Futsal / Soccer Goals measure 3.0m x 2.0m , high-tensile aluminium, Powder Coated Pearl White , Includes Net.

Futsal Nets and Accessories

Net to suit DMUG Goal DMUGNET 146.00 160.60

Replacement net for DMUG goal. See product code DMUG. Sold individually.

DMUG Outdoor Lockdown (x4) DMUGOL 117.00 128.70

Outdoor Spiral Lock down Anchors, Galvanized. Suitable for holding down multi-use goals including Soccer and Futsal goals. (Set of Four). OUTDOOR USE ONLY.

Soccer/Hockey Net, Indoor 3000x2000mm A16-216 210.00 231.00

Nylon sports mesh 50mm sq. with 6mm polyethylene rope in bottom edge. Suits product A16-106.

Holding Down Plates For Indoor Goals A16-225 176.00 193.60

Used if the goals must be fixed to the floor. Suits all indoor goals. Holding down knob X6-39 retained by a chain, screws into a threaded floorplate A6-6.

Rugby Goals - Budget

Budget Rugby Goals Galvanised - 5.75m RUG100 2283.00 2511.30

Heavy-duty 75mm OD round galvanised steel uprights and 60mm OD round galvanised steel crossbars, complete with special bolt-together crossbar fittings. Ideal for schools and junior clubs. Can be set directly into ground or installed with sleeves. Sleeves are included.

Budget Rugby Goals Powder Coated - 5.75m RUG101 2901.00 3191.10

Same as RUG100 but finished in white powder-coated polyester. Can be set directly into ground or installed with sleeves (included). For W33 wind rated areas only.

Rugby Goals - Steel

Deluxe H Design Rugby Goals - 9.00m K RUG102 4378.00 4815.80

Galvanised round steel finished in durable white powder-coated polyester. Uprights taper from 75mm down to 60mm with special flange fittings supplied. Crossbars are heavy-duty 60mm OD round steel. Supplied in kit form. Ideal for schools or clubs. Sleeves and cages included. For W33 wind rated areas only.

Deluxe H Design Rugby Goals - 9.00m (W41) RUG102W41 5552.00 6107.20

Same as RUG102 but 89mm OD stepped to 76mm at top For Wind Rating 41 Areas. Sleeves and cages included in price. Sleeves and cages included in price.

Deluxe H Design Rugby Goals - 9.00m (W50) RUG102W50 6583.00 7241.30

Same as RUG102 above but designed with heavier wall uprights for wind rating of W50. Sleeves and cages included in price.

Deluxe H Design Rugby Goals - 12.00m (W41) L RUG105 8589.00 9447.90

Goal uprights taper from 115mm OD to 60mm OD. Crossbars are 75mm OD heavy-duty round galvanised steel. Special fittings are supplied to support crossbars. Powder-coated in durable white finish. All steel reinforcing cages, construction formwork sleeves and taper locks are included. Engineer-designed. Ideal for club, school or professional use. For W33 or W41 wind rated areas.

Deluxe H Design Rugby Goals - 12.00m (W50) RUG105W50 11191.00 12310.10

Same as RUG105 but with heavier wall high tensile uprights. Sleeves and cages included. For W50 or lower wind rated areas. Sleeves and cages included in price.

Deluxe H Design Rugby Goals - 16.00m (W41) RUG108W41 16197.00 17816.70

Deluxe "H" design 16m high Steel Rugby Goals, includes sleeves & cages. For W33 & W41 wind rated areas. Sleeves and cages included in price.

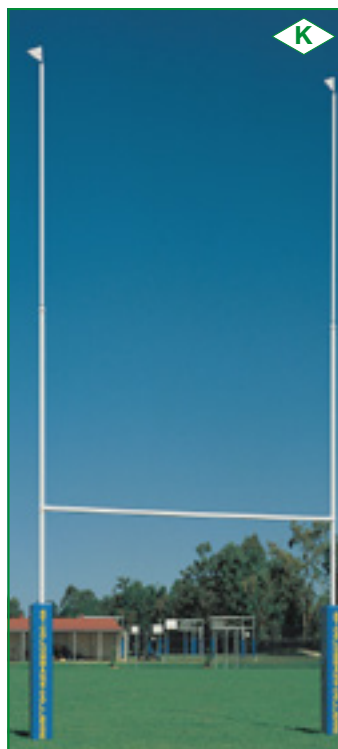
Rugby Goals - Aluminium

Rugby Goal Aluminium - 6.75m RUG103 5519.00 6070.90

Uprights made from lightweight heavy-wall 118x103mm high tensile grade aluminium, powder-coated in durable white polyester. Crossbars are heavy duty 100x50mm RHS steel, powder-coated. Supplied in kit form. Construction formwork sleeves included. For schools or clubs. Sleeves and Upright Support Included.

Rugby Goal Aluminium - 9.00m RUG104AL 5315.00 5846.50

9m high Professionally tapered Aluminium Rugby Goals,goals taper from 100mm at base to 56mm at top. Crossbars are manufactured from 100mm x 50mm x 3mm wall RHS Aluminium,all in white powder coated finish,ground sleeves and steel stiffeners included. (Reinforcing Cages extra)



Play Anywhere - Play NOW!

BOW

NET



EAS – ENERGY ABSORPTION SYSTEM - Bownet has revolutionized the sports netting business with it's energy absorption system. Bownet soccer goals release the energy of the shot – not one, not two, but three times. Saving the life of the net while making the goal stable and durable. Even for the pro's, try and knock it over – you can't!

SOCCER - HUGE RANGE - UP TO FULL SIZE



BARRIER - 3.5x6.6M
OTHER SIZES AVAILABLE

BACKSTOP - 2.9X5.3M
CRICKET / BASEBALL / SOFTBALL



HOCKEY / TENNIS

BASEBALL

**CRICKET
LACROSSE**

FUTSAL - 3X2M



BARRIERS • SOFTBALL • SOCCER • VOLLEYBALL • TENNIS • CRICKET • BASEBALL • HOCKEY

Description	Code	GST Inclusive	Description	Code	GST Inclusive
BOWNET SOFT TOSS NET	169951	\$364.80	BOWNET PORTABLE FUTSAL GOAL 2M X 3M	343224	\$610.25
BOWNET FREESTANDING BARRIER NET	169952	\$862.30	BOWNET PORTABLE SOCCER GOAL 2M X 5.5M	343225	\$597.00
BOWNET FREESTANDING BACKSTOP	169953	\$1085.25	BOWNET PORTABLE SOCCER GOAL 2.4M X 7.3M	343226	\$1319.95
BOWNET PORTABLE SOCCER GOAL .91M X 1.52M	343221	\$225.50	BOWNET PORTABLE SOCCER GOAL 1.5M X 3.0M	343222A	\$464.30
BOWNET PORTABLE SOCCER GOAL 1.22 X 2.43M	343222	\$351.55	BOWNET PORTABLE SOCCER GOAL 1.8M X 3.7M	343222B	\$524.00
BOWNET PORTABLE SOCCER GOAL 2.13 X 4.26M	343223	\$582.25	BOWNET INDOOR HOCKEY GOAL	443230	\$973.20
			BOWNET FIELD HOCKEY GOAL	443231	\$1187.30

Protective Padding to Project Your Image



See our complete range of padding at www.wos.com.au or see individual sports throughout the catalogue.

Special Make Up Protective Pads

Add that special touch to your protective and training equipment. It is as easy as providing artwork in .ai, .pdf or .eps formats. Choose your vinyl colour to suit and add your logo or text.

Vinyl available in Black, Green, Pink, Purple, Red, Royal Blue, Sky Blue, White and Yellow.



A

Aluminium Rugby Goals - 11.00m (Hinged)

Ref Code Ex. GST Inc. GST

343258 5635.00 6198.50

Manufactured from aluminium tube with white polyester powdercoated finish. Uprights are constructed in two sections as follows: Lower section 7m long, 63.5mm diameter and 5mm wall. Top section 5m long, 63.5mm diameter and 3mm wall. Crossbar 5.6m long, 50mm diameter and 3mm wall. 1006mm deep sockets with 80mm internal diameter complete with base plates. Hinged adaptors with high tensile bolts for easier and safer erection of goals.

Rugby Goal Aluminium - 12.00m

RUG105AL 9648.00 10612.80

Aluminium Rugby Goals Deluxe "H" design 12m professional. Tapering from 125mm at base to 56mm at top. 100MM x 50mm x 3mm wall aluminium Crossbars. All powdercoated white. Sleeves and steel stiffeners included. (Reinforcing Cages extra)

Rugby Soccer Combo Goals**Combination Rugby/Soccer Goals W50**

A RUG107 6076.00 6683.60

The ideal solution when both rugby and soccer are played on the same field. All products used in this system are hot dipped galvanised and powder coated in white durable polyester. Rugby Uprights are 3.5m long and made from 60mm OD pipe. Main crossbars are 7.2m long and made from 60mm OD pipe. Webs are made from 27mm OD pipe. Main soccer goal uprights are made from 76mm OD pipe. Supplied with cages and sleeves to make goals removable and special T-Fittings which make assembly very simple. Supplied in kit form. Suitable for Clubs, schools and council parks. Modified to suit wind rated W41.

Combination Rugby/Soccer Goals - (W50)

RUG107W50 6263.00 6889.30

Same as RUG107 but for areas with wind rating of W50. Sleeves and cages included in price.

Soccer Goals - P Shape**Soccer Goal Galvanised - U12 (Pair)**

SG101G-U12 1793.00 1972.30

Pair of galvanised steel P shaped soccer goals to suit ages 9yrs to 12yrs. Goals measure 5m wide x 2m high. Intended for permanent installation. Sleeves can be ordered separately to allow for removal in off season.

Soccer Goal Galvanised - Senior (Pair)

B SG101G-SEN 1859.00 2044.90

Full-size P Shape competition goals, 7.32m wide x 2.44m high, made from 100x50x3mm supa-gal RHS. Net supports are made from 40mm galvanised pipe. Designed for permanent installation. Ideal for clubs, schools, or councils.

Soccer Goal Powder Coated - U12 (Pair)

SG101P-U12 2967.00 3263.70

Specifications as SG101G-U12, but in a highly-durable white polyester powder-coated finish. Four bolt-type flanged sleeves, net hooks and assembly nuts and bolts are included. Sleeves are positioned under the playing surface so that posts may be removed during the off-season. Sleeves can be covered making the field useable for other sports. Suitable for multi-use fields, clubs, schools or councils.

Soccer Goal Powder Coated - Senior (Pair)

SG101P-SEN 3030.00 3333.00

Specifications as SG101G-SEN, but in a highly-durable white polyester powder-coated finish. Four bolt-type flanged sleeves, net hooks and assembly nuts and bolts are included. Sleeves are positioned under the playing surface so that posts may be removed during the off-season. Sleeves can be covered making the field useable for other sports. Suitable for multi-use fields, clubs, schools or councils.

Soccer Goal Aluminium - Senior (Pair)

SG200A 3033.00 3336.30

P Shape 7.32m x 2.44m International Soccer goals. Goals are manufactured from special aluminium extrusion that feature a premium seamless net fixing system. Goals are powdercoated white and supplied with ground sleeves & caps. Net SPT-335A purchased separately.

Soccer Goal Aluminium - International (Pair)

SG400A 3143.00 3457.30

7.32m x 2.44m comes with welded inner mitre joints, plastic net hooks, ground sleeves and caps. Available in aluminium or powder-coated finish. Net SPT-400A, lower back net support SG400A-LN and net support posts and sleeves SG400A-PS purchased separately.

Soccer Goals - Free Standing**Portagol Aluminium - Senior (Pair)**

FBL600 5792.55 6371.80

Manufactured from 102mm x 112mm x 2.2mm wall reinforced aluminium. International net supports and braces manufactured from 31.8mm x 1.5mm wall galvanised steel. Welded upright/crossbar joints provide added strength. Complete with synthetic net holders, grass anchors and wheels. Complete with pair of nets.

Freestanding Goals - Junior (Pair)

SG300A-U12 5899.00 6488.90

Junior 5.00m x 2.00m free standing soccer goals. Goals are manufactured from special aluminium extrusion that feature a premium seamless net fixing system. Goals are powdercoated white and supplied with fixed transport wheels and lock downs to fix goals to the ground while in use. Net SPT-300-02-U12 purchased separately.

Freestanding Goals - Senior (Pair)

C SG300A 5954.00 6549.40

Senior 7.32m x 2.44m International free standing soccer goals. Goals are manufactured from special aluminium extrusion that feature a premium seamless net fixing system. Goals are powdercoated white and supplied with fixed transport wheels and lock downs to fix goals to the ground while in use. Net SPT-335A purchased separately.

Soccer Goal - Sleeves and Box Net Systems**SG101 Sleeves - Drop In (x4)**

SG101G-SLEVD 297.00 326.70

Sleeves for SG101 goals where drop in installation is required. Set of four sleeves.

SG101 Sleeves - Bolt On (x4)

J SG101SLEEVE 356.00 391.60

Sleeves for SG101 range soccer goals. Bolt on type sleeve. Set of four sleeves.

Back Net Lower Support

SG400A-LBN 779.00 856.90

Lower back net support, manufactured in three pieces that bolt together. 27mm OD tubing. Powder coated white. Suits model SG400A.



B



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Back Net Support Post & Sleeve (x4)

SG400A-PS	779.00	856.90
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Support post and sleeves to tensions and hold shape of box net. Suits model SG400A.

Soccer Goal - Nets

Soccer Nets - Junior

343280	90.00	99.00
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Pair of junior soccer nets. Made from 3.0mm twisted polyethylene. Polyrope overedged all round. Measures 5.0m wide by 2.0m high.

Soccer Nets - Under 8

343270	146.05	160.65
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Pair of junior soccer nets suitable for under 8 age group. Made from 2.5mm orange twisted polyethylene. Rounded by 3mm twisted rope on all sides. Measures 5.5 metres wide by 1.8 metres high. Triangle shaped sides.

Soccer Nets - Under 10

D 343277	148.73	163.60
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Pair of junior soccer nets suitable for under 10 age group. Made from 2.5mm orange twisted polyethylene. Rounded by 3mm twisted rope on all sides. Measures 6 metres wide by 2 metres high. Triangle shaped sides.

Soccer Nets - Senior

343285	175.55	193.10
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Pair of full size soccer nets suitable for open ages. Made from 2.5mm white twisted polyethylene. Rounded by 3mm twisted rope on all sides. Measures 7.2 metres wide by 2.4 metres high. Triangle shaped sides.

Soccer Nets - International

E 343293	292.14	321.35
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Pair of international size soccer nets for open ages. Made from white 3.5mm twisted polyethylene. Rounded by 4mm twisted polyethylene rope on all sides. Measures 7.2 metres wide by 2.4 metres high. Triangle shaped sides.

Soccer Nets - International (Box Shape)

343295	305.50	336.05
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International size pair of soccer nets for open ages. Made from white 3.5mm twisted polyethylene. Rounded by 4mm twisted polyethylene rope on all sides. Measures 7.32 metres wide by 2.4 metres high. Box shaped nets.

International Soccer Nets - Senior (Free Hanging)

SPT-400A	392.00	431.20
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White net, 7.42m x 2.6m x 2.6m x 2.0m Hexagon 3.5 mm twisted polyethylene. Suits model SG400 soccer goals only.

Soccer Nets - Junior (P Shape)

SPT-200-02-U12	348.00	382.80
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Heavy duty hexagonal mesh nets made from 3.0mm twisted polyethylene. Suits products SG101G-U12, SG101P-U12. Net measures 5100mm wide x 2100mm high x 900mm deep at top x 1850mm deep at base.

Soccer Nets - Junior (Free Standing)

SPT-300-02-U12	348.00	382.80
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Heavy duty hexagonal mesh nets made from 3.0mm twisted polyethylene. Suits product SG-300A-U12 only. Net measures 5100mm wide x 2100mm high x 900mm deep at top x 1850mm deep at base.

International Soccer Nets - Senior (Free Hanging)

SPT-335A	392.00	431.20
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7.42m x 2.4m x .75m x 1.85m white international net. Hexagon net 3.5 mm twisted polyethylene. Suits model SG200 and SG300 soccer goals.

International Soccer Nets - Senior (Free Hanging)

SPT-400A	392.00	431.20
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White net, 7.42m x 2.6m x 2.6m x 2.0m Hexagon 3.5 mm twisted polyethylene. Suits model SG400 soccer goals only.

Touch Tape Tie for Soccer Goal Nets

F 343269	2.14	2.35
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Two way touch tape tie for attaching soccer nets to goals, simply wrap around goal through net and touch tape locks onto itself to secure nets. Maximum diameter 125mm. Sold individually.

Zinc Plated Steel Peg for Nets - 300x8mm

G 343296	1.77	1.95
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Zinc plated steel peg, 8mm diameter. 300mm in length. Used to secure bottom perimeter of soccer nets to the ground.

Nylon Net Hooks (x100)

H SGCLIPS	89.00	97.90
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Nylon net hooks to suit aluminium goals.

Goal Post Pads

Vinyl Colours Available: Black, Bottle, Green, Pink, Purple, Red, Royal, Sky, White, Yellow.

AFL

WOS AFL Post Pad - 1.8m Flat

I 345115	920.00	1012.00
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All models feature heavy duty PVC covers and premium quality high density foam cores for maximum protection and safety. All flat pads have foam fully enclosed in PVC covers with touch tape straps. Measure 1830mm(H) x 508mm(W) x 50mm(D), sold as a set of eight.

WOS AFL Goal Post Pad - 2.0m Cylindrical (x8)

345130	1572.00	1729.20
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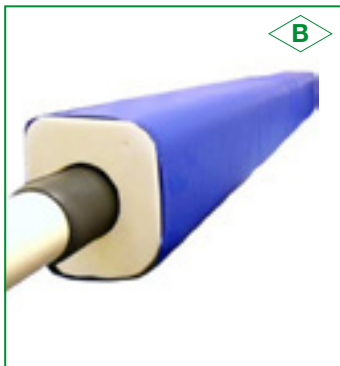
Vinyl covered premium foam goal post pads, offering maximum protection from contact with goal posts. Pads are cylindrical with foam fully enclosed in vinyl. Touch tape fasteners allow the pads to "snap" shut around the post. Measure 2060mm(H) x 255mm(D) fits post with 100mm diameter. Sold as a set of eight.

WOS AFL Goal Post Pad - 2.5m Cylindrical (x8)

345135	2099.59	2309.55
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Vinyl covered premium foam goal post pads, offering maximum protection from contact with goal posts. Pads are cylindrical with foam fully enclosed in vinyl. Touch tape fasteners allow the pads to "snap" shut around the post. Measure 2500mm(H) x 255mm(D) fits post with 100mm diameter. Sold as a set of eight.





Rugby

WOS Goal Post Pads - Senior Flat (x4) 345145 460.00 506.00

Vinyl covered premium foam construction, foam is fully enclosed by vinyl with touch tape straps used to fasten pad around post. Measure 1830mm(H) x 430mm(W) x 50mm(D). Sold as a set of four.

WOS Goal Post Pad - 1.8m Encl Cylindrical (x4) 345176 707.23 777.95

Vinyl covered premium foam goal post pads, offering maximum protection from contact with goal posts. Pads are cylindrical with foam fully enclosed in vinyl. Touch tape fasteners allow the pads to "snap" shut around the post. Measure 1800mm(H) x 255mm(D) fits post with 100mm diameter. Sold as a set of four.

WOS Post Pads - 1.8m x .25m Square (x4) A 345191 774.55 852.00

Vinyl covered premium foam goal post pads, offering maximum protection from contact with goal posts. Pads are square with foam fully enclosed in vinyl. Touch tape fasteners allow the pads to "snap" shut around the post. Measure 1830mm(H) x 250mm(D) fits post with 100mm diameter. Sold as a set of four.

WOS Post Pads - 1.8m x .35m Square (x4) 3451913 876.55 964.20

Vinyl covered premium foam goal post pads, offering maximum protection from contact with goal posts. Pads are square with foam fully enclosed in vinyl. Touch tape fasteners allow the pads to "snap" shut around the post. Measure 1830mm(H) x 355mm(D) fits post with 100mm diameter. Sold as a set of four.

WOS Post Pads - 2.0 Square x .40m (x4) 345192 1381.73 1519.90

Vinyl covered premium foam goal post pads, offering maximum protection from contact with goal posts. Pads are square with foam fully enclosed in vinyl. Touch tape fasteners allow the pads to "snap" shut around the post. Measure 2000mm(H) x 400mm(D) fits post with 100mm diameter. Sold as a set of four.

Corner Post Pads and Wedges

Rugby Corner Post Padding & Cover B 349970 59.91 65.90

Vinyl covered foam padding to fit over both cardboard and collapsible corner posts. Unit measures 1100mm high and 120mm square. Available in a range of colours, these covers can also be printed with college or sponsor names. Please contact World of Sport to discuss your individual requirements. Post not included.

Soccer Corner Post Padding & Cover 349971 68.68 75.55

Vinyl covered foam padding to fit over both cardboard and collapsible corner posts. Unit measures 1550mm high and 120mm square. Available in a range of colours, these covers can also be printed with college or sponsor names. Please contact World of Sport to discuss your individual requirements. Post not included.

WOS Advertising Wedge Unprinted C 345605 156.18 171.80

Vinyl covered foam advertising wedge with two faces available for printing. Measures 1800 x 350 x 350mm. Available in range of colours including black, blue, green, red, white and yellow. Printing can be quoted separately. Suitable for advertising on both indoor and outdoor courts.

Protector Pads and Hit Shields

Vinyl Colours Available: Black, Bottle, Green, Pink, Purple, Red, Royal, Sky, White, Yellow.

World of Sport

WOS Medium Protector Pad D 345615 75.23 82.75

Protector pad for use in football drills made from vinyl covered premium foam. Measures 510mm(H) x 510mm(W) x 127mm(D). Polypropylene webbing straps on back for user.

WOS Large Protector Pad E 345630 98.05 107.85

Protector pad for use in football drills made from vinyl covered premium foam. Measures 760mm(H) x 510mm(W) x 127mm (D). Polypropylene webbing straps on back for user.

WOS Curved Protector Pad F 345660 164.91 181.40

Vinyl covered premium foam curved pad designed to protect the entire body during drills. The two way strap configuration allows the pad to be used at front and side of body.

WOS Curved Protector Pad (EVA Insert) G 345661 356.23 391.85

Vinyl covered premium foam curved pad designed to protect the entire body during drills. The two way strap configuration allows the pad to be used at front and side of body. This pad offers extra protection as foam quality has been maximised. Will offer protection to user from baton charges.

WOS Hit Shield Curved H 345610 89.09 98.00

Curved hit shield measures 760mm x 370mm x 120mm. Hand grips with plastic tube for better grip.

WOS Rugby Union Block Hitshield I 345631 120.27 132.30

Protector pad for use in football drills made from vinyl covered premium foam. Measures 880mm(H) x 500mm(W) x 140mm (D). Polypropylene webbing straps on back for user.

WOS Body Shield with Head Shape J 345632 89.09 98.00

Body shield with head shape measures 800mm x 460mm x 120mm Slight curve to help with impact, plastic tube on handles for better grip.

WOS Junior Ruck Bag 345634 178.09 195.90

Vinyl covered premium foam ruck bag, designed to allow players to refine rucking and marking skills.

WOS Large Ruck Bag K 345635 417.73 459.50

Vinyl covered premium foam ruck bag, designed to allow players to refine rucking and marking skills.

WOS Bodyguard with Ledge

Vinyl covered premium foam, designed to strap onto the back of a trainer allowing a player to be taught the technique of using an opposition players body to advantage

WOS Pro Hit n Drive

Hit n Drive Pads feature heavy duty PVC tarp covers along with premium quality high density foam cores with reinforced nylon webbing handles, for maximum protection and safety. They are also proudly made in Australia. The Pro Hit n Drive Pad measures 750mm x 350mm.

WOS Junior Hit n Drive

Hit n Drive Pads feature heavy duty PVC tarp covers along with premium quality high density foam cores with reinforced nylon webbing handles, for maximum protection and safety. They are also proudly made in Australia. The Junior Hit n Drive Pad measures 800mm x 410mm.

WOS Senior Hit n Drive

Hit n Drive Pads feature heavy duty PVC tarp covers along with premium quality high density foam cores with reinforced nylon webbing handles, for maximum protection and safety. They are also proudly made in Australia. The Senior Hit n Drive Pad measures 900mm x 450mm.

WOS Top Hump Protector Pad

Hit shield for use in bumping and tackling training. Vinyl covered premium foam, designed with "top hump" to afford protection to trainer when tackler is driving up in the drill. Measures 600mm(H) x 400mm(W) x 150mm(D) and 250mm(D) at hump.

WOS Top Hump Protector Pad Junior

Hit shield for use in bumping and tackling training. Vinyl covered premium foam, designed with "top hump" to afford protection to trainer when tackler is driving up in the drill. Junior Size: 500mm(H) x 320mm(W) x 100mm(D) and 200mm at hump.

WOS Top Hump Pad with extra handles

Hit shield for use in bumping and tackling training. Vinyl covered premium foam, designed with "top hump" to afford protection to trainer when tackler is driving up in the drill. Measures 760mm(H) x 510mm(W) x 150mm(D) and 250mm(D) at hump. Comes with extra strap configuration on reverse for increased useability.

WOS Defender Hit Shield

Shaped protector pad utilised in offensive drills by blockers. Choose vinyl colour with drop box. Measures 760mm (H) x 380mm (W) x 180mm (D).

WOS Junior Hands-Free Hit Shield

Vinyl covered premium foam construction designed to afford the wearer protection during contact drills while leaving the hands free to complete passing and other drills.

WOS Senior Hands-Free Hit Shield

Vinyl covered premium foam construction designed to afford the wearer protection during contact drills while leaving the hands free to complete passing and other drills. 63cm x 50cm.

WOS Large Hit Shield Carry Bag

Vinyl carry bag with handles made to carry eight large hit shields. Measures 1020mm (L) x 760mm (H) x 510mm (D).

Gilbert

Gilbert Body Wedge

Top quality foam for optimum performance. Vinyl covered premium foam construction designed to afford the wearer protection during contact drills while leaving the hands free to complete passing and other drills.

Gilbert Curved Wedge

Curved hit shield to aid in clearing out techniques.

Gilbert Tackle Wedge - Junior

Shaped protector pad which can be utilised in offensive drills by blockers. Measures 800mm x 340mm x 240mm.

Gilbert Tackle Wedge - Senior

Shaped protector pad which can be utilised in offensive drills by blockers. Measures 940mm x 400mm x 300mm.

Gilbert Technique Wedge

Technique wedges feature heavy duty PVC covers along with premium quality high density foam cores with reinforced nylon webbing handles, for maximum protection and safety. Designed to improve tackling technique by improving body position at time of contact.

Gilbert Hit Shield Carry Bag

Hit shield carry bag - made to order to fit customer requirements. Price may vary with design.

Tackle Bags

World of Sport Tackling Bags

Cylindrical tackle dummy made with premium foam and hard wearing vinyl.

Tackling Bag - Mini (920x300mm) 348940 161.50 177.65

Tackling Bag - Junior (1220x355mm) 348943 219.36 241.30

Tackling Bag - Senior (1525x455mm) 348986 375.77 413.35

Gilbert Tackling Bags

Cylindrical tackle dummy made with premium foam and hard wearing vinyl.

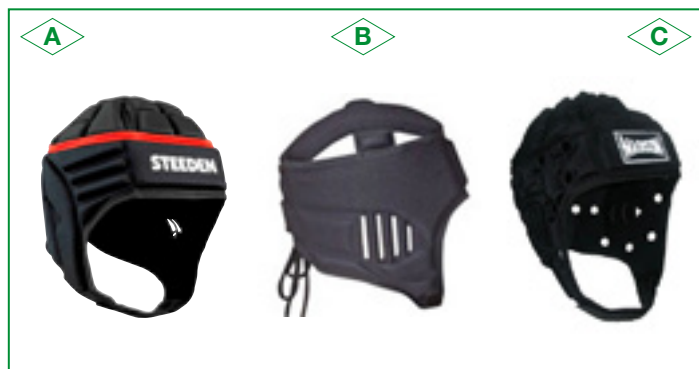
Gilbert Tackle Bag - Junior (1220x380mm) 348987 229.09 252.00

Gilbert Tackle Bag - Inter (1380x380mm) 348988 318.27 350.10

Gilbert Tackle Bag - Senior (1380x450mm) 348989 375.55 413.10

Gilbert Tackle Bag - Elite Weighted (1380x450mm) 348990 483.73 532.10





Protection

Headguards

Steeden Headgear - Junior

345718J 26.73 29.40

Constructed with a high level of protection. Meash covered padding with moisture wicking lining to release perspiration. Stretch lace-up system and soft chinstrap for maximum comfort. Size Junior or Youth.

Steeden Headgear - Senior

A 345718S 26.73 29.40

Constructed with a high level of protection. Meash covered padding with moisture wicking lining to release perspiration. Stretch lace-up system and soft chinstrap for maximum comfort. Size Small, Medium or Large.

Madison Scorpion Headguard

B 345717 26.82 29.50

Lightweight, compression moulded foam headguard with ventilation holes for increased comfort. Fully adjustable back and velcro chin strap for optimal fit. Size Boys, Youth, Small, Medium or Large.

Madison Air Flo Head Guard Black

C 345717BM 36.18 39.80

Lightweight compression moulded head guard with ventilation holes for increased comfort. Fully adjustable chinstrap. Size Youth, Small, Medium or Large.

Tape

PVC Protective Tape - 19mmx20mtr

D 345730 1.36 1.50

PVC electrical tape 19mm wide in 20 metre rolls.

Mouthguards

World of Sport Mouthguards

Moulded mouthguard, simply heat and fit to teeth to mould to correct shape. Supplied with instructions and clear container.

Mouthguard - Intermediate

E 345743 4.18 4.60

Mouthguard - Senior

F 345744 4.18 4.60

Signature Mouthguards

Anatomically designed to protect teeth, gums, jaw and joints. Comfortable fit to enable easy breathing, talking and drinking. May reduce concussion risk.

Signature Mouthguard - Junior

345745 9.05 9.95

Signature Mouthguard - Senior

G 345746 9.05 9.95

Shock Doctor PRO Mouthguard - Snr

H 345748 8.73 9.60

Absorbs and deflects impact. Helps prevent concussion. Heat and mould design. Dental guarantee, see product terms and conditions.

Goalie Gloves

uhlsport Goalie Gloves

I

Exclusive abrasion-resistant latex palm, classic cut glove body. PU fastening with short strap and v-notch entry. Structured latex with graphite additives for improved durability.

uhlsport Starter Graphite Goalie Glove - 5

3457571 17.68 19.45

uhlsport Starter Graphite Goalie Glove - 6

3457572 17.68 19.45

uhlsport Starter Graphite Goalie Glove - 7

3457573 17.68 19.45

uhlsport Starter Graphite Goalie Glove - 8

3457574 17.68 19.45

uhlsport Starter Graphite Goalie Glove - 9

3457575 17.68 19.45

Shinguards

Superlite Foam Back Shin Guards

J

Strap on shinguards with plastic face with foam backing for comfort. Backing is stitched to face for extra durability.

Superlite Foam Back Shin Guards - XSmall

345761 8.59 9.45

Superlite Foam Back Shin Guards - Small

345763 8.59 9.45

Superlite Foam Back Shin Guards - Medium

345767 8.59 9.45

Superlite Foam Back Shin Guards - Large

345768 8.59 9.45

Nike J Guard Shin Guards

K

Designed to take the impacts of the game, the Nike J Soccer Shin Guards are made with a tough composite shell and perforations for ventilated comfort.

Nike J Guard Shin Guards - XSmall

345769 6.82 7.50

Nike J Guard Shin Guards - Small

345770 6.82 7.50

Nike J Guard Shin Guards - Medium

345771 6.82 7.50

Nike J Guard Shin Guards - Large

345772 6.82 7.50

Superlite Pro Shin Guards

L

Strap on shinguards with plastic face with foam backing for comfort. Backing is stitched to face for extra durability. Ankle protection at bottom of shinguard with instep stirrup.

Superlite Pro Shin Guards - Junior

345775 12.41 13.65

Superlite Pro Shin Guards - Senior

345774 12.41 13.65

Training Vests & Shorts

Madison Contact Training Suit

Designed to reduce the impact of full body contact. Breathable mesh material to reduce overheating. High quality density foam for the ultimate protection. Strategically placed padding around sternum, kidneys, shoulders and biceps. Lightweight construction allows for freedom of movement during training sessions.



	Ref	Code	Ex. GST	Inc. GST
Madison Contact Training Suit - Small	M	345790S	93.82	103.20
Madison Contact Training Suit - Medium		345790M	93.82	103.20
Madison Contact Training Suit - Large		345790L	93.82	103.20
Madison Contact Training Suit - XLarge		345790XL	93.82	103.20

Madison Contact Training Shorts

N

Designed to reduce the impact of full body contact. High density foam for ultimate protection. Stretch elastane material for flexibility. Strategically placed padding around kidneys, hip, thigh and groin. Draw cord waist.

Madison Contact Training Shorts - Small		345791S	134.00	147.40
Madison Contact Training Shorts - Medium		345791M	134.00	147.40
Madison Contact Training Shorts - Large		345791L	134.00	147.40
Madison Contact Training Shorts - XLarge		345791XL	134.00	147.40

Gilbert Tackle Suit

O

Tackle top specifically designed to help prevent injuries from knocks during contact training drills. Large zip and Lycra bottom allows it to be quickly and easily put on and taken off. 15mm thick cellular EVA foam for excellent protection. 18 points of protection, including shoulders, biceps, sternum and kidneys. Biomechanically positioned protection to ensure unrestricted movement.

Gilbert Tackle Suit - Junior		345794J	127.27	140.00
Gilbert Tackle Suit - Senior		345794S	127.27	140.00

Training Equipment

AFL Handball Target

P

349945	652.82	718.10
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'Aquaplay' target face 1.2m x 1.2m with target hole 380mm. Can be used with or without catch net at rear. Sturdy galvanised steel frame with height adjustment. Folds flat for transportation and storage. Ideal for most ball games and increases accuracy and develops consistency. A must for every school and club.

Pop Up Passing Target

Q

348908	75.91	83.50
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Comes assembled, pops up ready for use in seconds. Includes pegs for outdoor use. Comes with carry bag.

Soccer Training Arches

R

348910	62.68	68.95
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Set of six arches utilised in soccer training drills. Long lasting PVC construction, includes carry bag.

Penalty Dummy

S

348915	47.23	51.95
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Steel framed penalty dummy with nylon cover to reduce visibility. Use for simulating shots on goal, dribbling or agility drills. Complete with pegs to fix to ground. Stands 180cm high.

Junior Scrum Sled

348995	3200.00	3520.00
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Based on the senior sled but smaller in size it is lighter making it easy for the coach to move. With the scrum heads closer together this sled is ideal for 10-13 year old players. At this age scrum sleds are an important aid to teach correct and safe techniques

Silver Fern Scrum Sled

T

348997	5000.00	5500.00
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The current sled has some improvements but is exactly the same dimensions as the early model and therefore has become the base for our Silver Fern Scrum Sled System. The advantages of the base sled is the price and the very low risk that it will need any maintenance. The pads are removeable in less than 60 seconds and the steel is hot dip galvanised after manufacture. All of the features we offer as add ons to the basic sled offer convenience and make it easier to use. The basic sled still allows teams at all levels of the game carry out whatever scrummaging drills they desire.

Silver Fern Scrum & Ruck Sled

348998	5995.00	6594.50
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By adding a rucking frame to the other end of the sled you have a combination scrum and ruck and mauling sled. Great for conditioning, mauling and ruck drills and lineout drives. The large ruck bags protect the players and encourage correct body height when hitting the sled. The wheel system can be added to make movement on the field a one man operation.

Football Accessories

Referee and Umpires

Captain's Armband

U

349922	5.41	5.95
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Captains armbands, one size to fit all. Available in White, Dark Blue, Light Blue, Fluro Orange & Fluro Yellow.

Referee Cards & Wallet

V

349921	6.55	7.20
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Set includes red and yellow cards along with pad of 25 game sheets. Includes folding wallet that fits into pocket.

Linesman Flags (Pair)

W

349934	12.14	13.35
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Pair of linesman's flags in red and yellow quarters. Flag is made from hardwearing nylon and measures 300mm square. Handle is 450mm long with black synthetic grip of 145mm for comfort.

AFL Goal Umpires Flags

X

349930	14.64	16.10
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Pair of goal umpires flags, traditional white flags.

Corner Posts and Flags

Corner Post Flag

Y

349925	5.00	5.50
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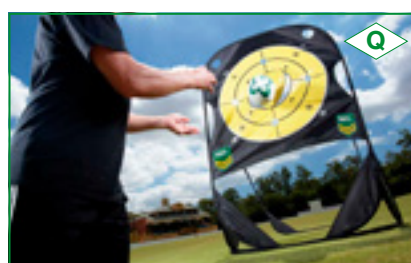
Corner post flag made to fit both cardboard and collapsible corner posts. Red and yellow quarters with a sleeve that slides over post. Flag measures 300mm square.

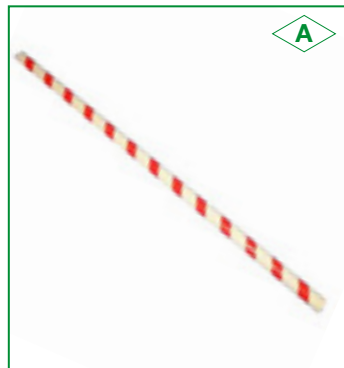
Soccer Corner Post Flag with ties

Z

349925S	5.91	6.50
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Corner post flag made to fit both cardboard and collapsible corner posts. Red and yellow quarters with a sleeve that slides over post. Flag measures 300mm square. Also has ties at top and bottom to allow for fixing to eyelets.





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P

Cardboard Corner Post Red/White

Durable bonded cardboard corner post with red and white stripes. 1220mm long and 45mm in diameter.

Cardboard Corner Post Soccer

Durable bonded cardboard cornerpost with red and white stripes. 1520mm long and 45mm in diameter.

Collapsible Corner Post

Corner post with soft rubber padding finish. Measures 1250mm long with a 50mm diameter. Incorporates a return spring that allows the post to be bent over and then return to upright position. Intended to be inserted into a 150mm sleeve already located in ground.

Inground Soccer Corner Post (Set of 4)

Set of four PVC tubing posts with stainless spikes. Posts are 1520mm and come complete with corner flags.

Spring Soccer Corner Post (Set of 4)

Set of four PVC tubing posts with spring. Posts are 1520mm and come complete with corner flags. Supplied with carry bag.

Soccer Corner Posts-Professional (Set 4)

Set of four soccer corner posts, each post includes sleeve with cap to minimise dirt fill when posts are not in use, spring section and post with flag.

Ball Grip

750ml Ball Grip

750ml spray pack of ball grip. Gives extra grip on ball for all sports.

Mighty Grip - Grip Powder

Mighty Grip odourless powder is the superior solution to liquid, chalk, pine tar, talc, resin, cream, rosin, wax and spray alternatives. Safe to use for all ages. Patented eco friendly formula. Used in 28 countries worldwide. Parriffin based & made in the USA. Does not transfer, pill or stain or gulf. Use sparingly as a little will go a long way. Does not require to be constantly reapplied. Does not contain any silicone, and or cream. It is odourless, waterproof and is sweat proof. Change activity & carry the same tube with you. Use it indoors and or outdoors and in any weather. The Mighty Grip formula adapts to your body temperature.

Kicking Tees

Kicking Tee

Moulded kicking tee of lightweight, durable PVC. Allows for three different ball setup positions.

Michael DeVere NRL Kicking Tee - Junior

Soft rubber kicking tee offering superior ball set up, more ball clearance and unobstructed flight path. Ideal for all rugby codes.

Michael DeVere NRL Kicking Tee

Soft rubber kicking tee offering superior ball set up, more ball clearance and unobstructed flight path. Ideal for all rugby codes.

Gilbert Adjustable Kicking Tee

Spike base kicking tee which is fully adjustable in both height and angle at which the ball sits relative to the ground. Allows for infinite combinations of height and ball angle.

Supertee King Kicking Tee

The King Supertee is the tee for champions! Tapered teeth provide ZERO FRICTION - feel the difference as the ball sails sweetly off your boot. Designed specifically so that the ball can be placed at almost any angle. Feel your foot purchase the ball without kicking the tee. Use the King to perfect the floater, the spiral or the hanger.

FootyTee Kicking Tee

Height varied using a screw thread system, guaranteed not to slip. Height adjustable from 60mm up to 90mm.

GOLF

Golf Balls

Practice and Safety Balls

Moulded Yellow Practice Golf Ball

Durable rotationally moulded practice golf ball. Suitable for modified golf and practice where safety is a concern.

Point3 Practice Golf Ball

High performance solid core practice golf ball. Solid construction gives true ball flight and feel. COR rating of .32 gives limited flight distance but maintains accuracy. Design gives true draw and fade. This ball allows almost any area to become a practice space due to its "safe" construction. Weighs 13.5 grams 1/4 of normal solid core ball. Sold Individually.

Bucket of 60 Moulded Yellow Golf Balls

60 moulded yellow practice golf balls, sold with a five litre bucket and lid for easy storage and carrying.

Bucket of 60 Point3 Practice Golf Balls

60 Point3 practice golf balls sold in a 5 litre bucket with lid.

Course Golf Balls

School Golf Balls (x12)

Golf ball suitable for school use in Phys Ed situation or on the course. Sold in one dozen lots.

Ref Code Ex. GST Inc. GST

A 349950 3.36 3.70

349950S 3.77 4.15

B 349959 48.18 53.00

C 349968 49.91 54.90

D 349968C 57.09 62.80

349968U 77.18 84.90

E 349942 13.95 15.35

F 349943 13.59 14.95

G 349984 7.95 8.75

H 349985J 11.14 12.25

349985 13.32 14.65

I 349988 14.00 15.40

J 349986K 16.77 18.45

K 349983 20.05 22.05

Practice Range Ball Yellow (x12)

Top grade two piece construction range balls, 90 compression, 392 dimples. Synthetic rubber for long distance, soft feel and durability. Varnished cover by chemical covalent bond coating. Available colour: Yellow with black stripe. Sold as a pack of 12.

Srixon Distance Golf Ball (x12)

2 piece construction that offers unsurpassed tee to green distance and durability with good feel & spin. Sold in packs of 12.

Callaway Warbird Golf Ball (x12)

The new Warbird Plus Golf Ball becomes a member of the HEX family. For the first time on a Warbird, we've ditched the dimples and incorporated HEX Aerodynamics. When you throw in the new high-powered core, it becomes the longest Warbird we've ever made. The durable lonomer cover provides long-lasting playability and also helps increase the deep distance this ball delivers.

Bucket of 60 School Golf Balls

60 school golf balls sold with a five litre bucket and lid for easy carrying and storage.

Golf Clubs

Irons

Junior Irons

Golf club with oversize profile stainless head from China and True Temper shafts from United States, gripped with a durable all weather rubber grip. Excellent clubs for school programs.

Junior #7 R/H Iron 33" U 361052 26.82 29.50

Junior #7 L/H Iron 33" U1 361051 26.82 29.50

Right Hand Irons

Designed and manufactured specifically for the hire market, this range of clubs will be ideally suited to the school market. Using Aerospace titanium, hardened stainless steel Aldila and True Temper shafts and high quality rubber grips the range will provide a long lasting and better performing product. All clubs are branded with HIRE club markings which will limit loss of clubs.

Stainless Steel Iron Right Hand - #4 361116 26.82 29.50

Stainless Steel Iron Right Hand - #5 361118 26.82 29.50

Stainless Steel Iron Right Hand - #6 361120 26.82 29.50

Stainless Steel Iron Right Hand - #7 361122 26.82 29.50

Stainless Steel Iron Right Hand - #8 361124 26.82 29.50

Stainless Steel Iron Right Hand - #9 361126 26.82 29.50

Stainless Steel Right Hand - Pitching Wedge 361128 26.82 29.50

Stainless Steel Right Hand - Sand Wedge 361130 26.82 29.50

Left Hand Irons

Designed and manufactured specifically for the hire market, this range of clubs will be ideally suited to the school market. Using Aerospace titanium, hardened stainless steel Aldila and True Temper shafts and high quality rubber grips the range will provide a long lasting and better performing product. All clubs are branded with HIRE club markings which will limit loss of clubs.

Stainless Steel Iron Left Hand - #4 361100 26.82 29.50

Stainless Steel Iron Left Hand - #5 361102 26.82 29.50

Stainless Steel Iron Left Hand - #6 361104 26.82 29.50

Stainless Steel Iron Left Hand - #7 361106 26.82 29.50

Stainless Steel Iron Left Hand - #8 361108 26.82 29.50

Stainless Steel Iron Left Hand - #9 361110 26.82 29.50

Stainless Steel Left Hand - Pitching Wedge 361112 26.82 29.50

Stainless Steel Left Hand - Sand Wedge 361114 26.82 29.50

Driver and Hybrids

Right Hand Driver

Designed and manufactured specifically for the hire market, this range of clubs will be ideally suited to the school market. Using Aerospace titanium 400cc head, graphite shaft and high quality rubber grip the driver will provide a long lasting and better performing product. All clubs are branded with HIRE club markings which will limit loss of clubs.

Ti Driver Graphite Shaft Right Hand - #1 (10.5D Loft) X 361140 120.59 132.65

Fairway Wood Right Hand - #3 (16.0D Loft) X1 361142 46.91 51.60

Hybrid Wood Right Hand - #3 (19.0D Loft) X2 361144 46.91 51.60

Hybrid Wood Right Hand - #4 (22.0D Loft) X3 361146 46.91 51.60

Left Hand Driver

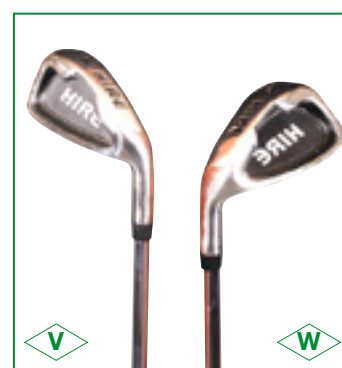
Designed and manufactured specifically for the hire market, this range of clubs will be ideally suited to the school market. Using Aerospace titanium 400cc head, graphite shaft and high quality rubber grip the driver will provide a long lasting and better performing product. All clubs are branded with HIRE club markings which will limit loss of clubs.

Ti Driver Graphite Shaft Left Hand - #1 (10.5D Loft) 361132 120.59 132.65

Fairway Wood Left Hand - #3 (16.0D Loft) 361134 46.91 51.60

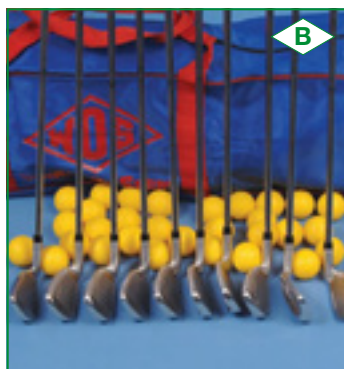
Hybrid Wood Left Hand - #3 (19.0D Loft) 361136 46.91 51.60

Hybrid Wood Left Hand - #4 (22.0D Loft) 361138 46.91 51.60

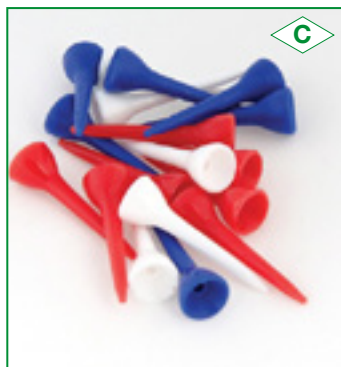




A



B



C



D

E



F



G



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K

Ref Code Ex. GST Inc. GST

Putters**Junior Putter 33"**

A 361053 26.14 28.75

Double sided putter with true temper putter shaft. Suitable for right or left handed players.

Putter

361020 26.14 28.75

Double sided putter with true temper putter shaft. Suitable for right or left handed players.

Golf Kits and Accessories**Golf Kits****Stainless Steel Golf Club Set**

Includes one each of the following clubs #4 stainless iron, #5 stainless iron, #6 stainless iron, #7 stainless iron, #8 stainless iron, #9 stainless iron, #1 Ti Graphite Driver, #3 Fairway Wood 16.0, #3 Hybrid 19.0 and #4 Hybrid 22.0.

Stainless Steel Golf Club Set - Right Hand 361151 422.09 464.30

Stainless Steel Golf Club Set - Left Hand 361150 422.09 464.30

Junior Golf Kit

B 369999 294.32 323.75

Junior golf kit for use in class sessions. Kit includes 9 x Junior 7 iron (33") RH, 1 x Junior 7 iron (33") LH, 30x yellow moulded practice golf ball and a convenient nylon kit bag for storage.

Senior Golf Kit

369999S 294.32 323.75

For use in class sessions the senior golf Kit includes 9 x 7 iron RH, 1 x 7 iron LH, 30 x yellow moulded practice golf ball and a convenient nylon kit bag for storage.

Golf Accessories**Plastic Golf Tees**

C 369997 1.00 1.10

Pack of 20 assorted colour plastic golf tees. Measure approximately 50mm.

Super Tee White

D 369996 0.68 0.75

The super tee is durable, has a long life and is great value. With a 3 3/8" body, the super tee pushes the boundaries to deliver a durable high performance gold tee you can use over and over again. With a revolutionary rubber crown, the super tee offers protection to your equipment while increasing the life of the tee. Tee is 85mm in length.

Golf Flex Tee 55mm

E 369963 2.36 2.60

Practice golf tee with flat base for use on level surfaces.

Adjustable Chipping Basket

F 369942 21.55 23.70

60cm diameter net with 20cm centre target. Pop up design for quick setup. Can be used indoors or outdoors. Training tips and drills included.

Indoor Putting Disc

G 369955 2.55 2.80

Practice putting disc, can be used indoors or outdoors.

SKLZ Golf Launch Pad

H 369961 48.18 53.00

Golf chip and drive mat that offers two heights of synthetic grass that replicates fairway and rough hitting. Includes two different height rubber tees for practicing tee shots. Heavy duty non slip rubber base with bevelled edges for safety.

SKLZ 7' Golf Practice Net

I 369983 90.00 99.00

Lightweight freestanding net for golf practice. Fully portable with set up and take down in minutes. Come with carry bag and stakes.

Wilson Golf Stand Bag

J 369914 93.82 103.20

Wilson PROSTAFF carry bags are a lightweight bag offering plenty of room for storage with a flushed mounted stand with angled feet. 8" x 11" with 6 dividers. Flushed mounted stand with angled feet. Large apparel pockets. Beverage holder pouch. Umbrella holder. 8 pockets total. Double strap with 4 point attachment. Rain hood. Weight 2 Kg.

Collapsible Golf Buggy

K 369928 42.23 46.45

Light easy push golf buggy suited to golf bag product code 369914.

GYMNASTICS**AirTrack Factory****AirFloor**

L

Very light and easy to move around the gym. The AirFloor can be placed on the gym floor, the rod floor, the artistic gymnastics floor etc. The required OV10 blower is very light. Inflating and deflating is done in a single minute. No noise during trainings. After inflation, the AirFloor will maintain its pressure for hours, refill only takes seconds. Easily portable from gym to gym. The AirFloor is so light and small it will easily fit on the back seat of your car. The takeoff is soft, which helps prevent injuries. The AirFloor will allow you to jump higher, giving you more precious airtime to work on your technique. Jumps can be repeated more often with less chance of overuse injuries than on traditional training equipment.

AirFloor - 3m x 1m x 10cm 390172 694.18 763.60

AirFloor - 3m x 1m x 10cm (Pink) 390173 694.18 763.60

AirFloor - 3m x 2m x 10cm 390174 1494.27 1643.70

AirFloor - 4m x 2m x 10cm 390175 1810.55 1991.60

AirFloor - 4m x 2m x 20cm 390176 1810.55 1991.60

AirFloor - 5m x 2m x 10cm 390177 2134.68 2348.15

AirFloor - 5m x 2m x 20cm 390178 2522.09 2774.30

AirFloor - 6m x 2m x 10cm 390179 2522.09 2774.30

AirFloor - 7m x 2m x 10cm 390181 3138.77 3452.65